

# Goddard House Assisted Living

## APRIL 2018

# Olmsted Programming 2<sup>nd</sup> Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Arts/Crafts 11:00 Sing-a-long 1:15 Words in a Sentence 2:00 Jewelry Class 3:00 Energy Break 3:30 CONCERT: Richie Bern Guitarist-PALM Ct 3:30 Music Program 4:30 Walking Club 6:00 Movie 8:00 Energy Break</p>	<p>2</p> <p>9:20 Music with ANGELA 10:30 A to Z Trivia 11:00 Matter of Balance 1:15 Mind Stretchers 2:00 ART Class 2:45 Energy Break 3:00 Cranium EXPRESS 4:00 Sing-a-long 6:00 Movie Classic 8:00 Energy Break</p>	<p>3</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Reconnections: The Weather-what do we know? 11:00 Bowling 1:15 Words in a Word 2:00 Dance with AUDREY 3:00 Energy Break 3:15 Reconnections: Weather Experiments 4:30 Travel the World 6:00 Music with Deb 7:00 Movie Classic 8:00 Energy Break</p>	<p>9:00 Pet Pals Visit 9:30 Matter of Balance 10:00 Reconnections: Hurricanes &amp; Tornados 11:00 Words in a Word 1:15 Sing-a-long 2:00 Words in a Sentence 3:15 Reconnections: Weather Experiments! 4:00 CHOIR with Deb 6:00 Movie 8:00 Energy Break</p>	<p>5</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Climate Change/Global Warming 11:00 Sing-a-long 11:45 Diner's Club 1:15 Reconnections: An Inconvenient Truth 2:00 KARAOKE with Melissa! 2:45 Energy Break 3:00 Music with ANGELA 4:00 Mind Stretchers 6:00 Movie Favorites 8:00 Energy Break</p>	<p>6</p> <p>9:30 A Matter of Balance 10:00 Beading Class 11:00 Music Circle/Interns 11:00 Sm Music Grp w/Sally 1:00 DANCE with Audrey 1:15 City Tour 2:15 Sing-a-long 3:00 Energy Break 3:15 Art Project 3:30 Shabbat Service 4:00 Word Games/Trivia 4:00 Music &amp; Imagery/Interns 6:00 Movie: Mimi's Choice 8:00 Energy Break</p>	<p>7</p> <p>9:30 Matter of Balance 10:00 Art 11:00 Word Games 1:15 Sing-a-long 2:00 BINGO! 3:00 Energy Break 3:15 Puzzles/Games 4:00 A to Z Trivia: 6:00 Movie Classic 8:00 Energy Break</p>
<p>8</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art with JENNY 11:00 Laughter Club! 1:15 News Currents 2:00 Word Games 3:00 Energy Break 3:15 CONCERT: Brain Kane JAZZ - PALM Ct 3:15 Music Program 4:30 Meditation 6:00 Movie 8:00 Energy Break</p>	<p>9</p> <p>9:20 Music with ANGELA 10:30 Name Ten Trivia 11:00 Matter of Balance 1:15 Mind Stretchers 2:00 Watercolor Art 2:45 Energy Break 3:00 Cranium Express 4:00 Music Program 6:00 Movie Classic 8:00 Energy Break</p>	<p>10</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Argentina 11:00 Bowling 1:15 Words in a Word 2:00 Dance with DONNA 2:00 Bruce Hambro: Sinatra 3:15 Reconnections: The Tango &amp; Music of Argentina 4:30 Travel the World 6:00 Music with Deb 7:00 Movie Classic 8:00 Energy Break</p>	<p>9:00 Pet Pals Visits 9:30 Matter of Balance 10:00 Reconnections: Customs &amp; Traditions 11:00 Words in a Word 1:15 Sing-a-long 2:00 ART Class 3:15 Reconnections: Famous People 4:00 CHOIR with Deb 6:00 Movie 7:00 Adam Bergeron CONCERT - Palm Ct 8:00 Energy Break</p>	<p>12</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Reconnections: Foods of Argentina 11:00 Word Games 1:15 A to Z Trivia 2:00 KARAOKE with Melissa! 2:45 Energy Break 3:00 Music with ANGELA 4:00 Words in a Word 6:00 Movie 8:00 Energy Break</p>	<p>13</p> <p>9:30 A Matter of Balance 10:00 Words in a Word 11:00 Music Group/Interns 11:00 Sm Music Circle w/Sally 1:00 Dance with Audrey! 1:15 City Tour 2:15 Trivia/Word Games 3:15 Sing-a-long 3:30 Shabbat Service 3:30 Crosswords 4:00 Music &amp; Imagery-Interns 6:00 Movie 8:00 Energy Break</p>	<p>14</p> <p>9:30 A Matter of Balance 10:00 Music Circle with Casey! 11:00 Words in a Word 1:15 Name Ten Trivia 2:00 Music Circle with Casey! 3:00 Energy Break 3:15 Art Class 4:15 Trivia/Word Games 6:00 Movie Classics 8:00 Energy Break</p>
<p>15</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art with Jenny 11:00 News Currents 1:00 Laughter Club 2:00 MoMA Art Program 3:00 Energy Break 3:15 Word Games 3:30 Concert: Lindsay Straw - GUITARIST 4:30 Meditation 6:00 Classic Movie 8:00 Energy Break</p>	<p>16</p> <p>9:20 Music with Angela 10:30 Words in a Sentence 11:30 A Matter of Balance 1:00 A to Z Trivia: Countries/Capitals 2:00 Art 3:00 CRANIUM Express! 4:00 Sing-a-long 6:00 Movie 8:00 Energy Break</p>	<p>17</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Origins of Baseball 11:00 Mind Stretchers 1:15 Reconnections: Red Sox History 2:00 Dance with AUDREY 3:00 Energy Break 3:15 Art Class 4:00 Bowling Tournament 6:00 Music with Deb 7:00 Movie Night 8:00 Energy Break</p>	<p>18</p> <p>9:00 Pet Pals Visits 9:30 A Matter of Balance 10:00 Reconnections: Famous Red Sox Players 11:00 Mind Stretchers 1:15 Music Group 2:00 Reconnections: Homemade Cracker Jacks! 3:00 Energy Break 3:15 BOWLING 4:00 CHOIR with Deb 6:00 Movie: A League of their Own 8:00 Energy Break</p>	<p>19</p> <p>9:30 A Matter of Balance Exercise 10:00 Reconnections: Batting Tournament! 11:00 Music Program 11:15 Luncheon Trip 1:15 Baseball: A to Z Trivia 2:00 KARAOKE with Melissa! 3:00 Music with ANGELA 4:00 Words in a Word 6:00 Movie 8:00 Energy Break</p>	<p>20</p> <p>9:30 A Matter of Balance 10:00 Arts/Crafts 11:00 Music Group/Interns 11:00 Sm. Music Grp w/SALLY 1:00 Dance with Audrey! 1:15 Scenic Drive 2:15 Baking Class 3:30 Shabbat Service 3:30 Trivia 4:00 Music &amp; Imagery-Interns 6:00 Movie Night 8:00 Energy Break</p>	<p>21</p> <p>9:30 A Matter of Balance 10:00 Art 11:00 Trivia 1:15 Music Group 2:00 Mind Stretchers 3:00 Energy Break 3:15 Board Games/Puzzles 4:00 Sing-a-long 6:00 Movie Classics 7:00 Brookline Music Sch Concert: Palm Court 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">22</p> <p>9:30 A Matter of Balance  10:00 Broadcast Mass  10:00 Arts &amp; Crafts w/Jenny  11:00 News Currents  1:15 Women in History  2:00 Laughter Club  3:00 Energy Break  3:15 Concert: Mike Higgins-  JAZZ  3:15 Music Program  4:30 Walking Club  6:00 Movie  8:00 Energy Break</p>	<p style="text-align: right;">23</p> <p>9:20 Music with ANGELA  10:30 Matter of Balance  11:00 Boston Conservatory  Cabaret Performance- Palm  Court  1:15 Word Games/ Trivia  2:00 Cooking Class  3:00 Cranium Express!  4:00 Words in a Word  6:00 Movie  8:00 Energy Break</p>	<p style="text-align: right;">24</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance  10:00 Reconnections: World's  Fairs -History &amp; Photos  10:15 MFA ACCESS TOUR  11:00 Sing-a-long  1:15 Words in a Word  2:00 Dance with Donna  3:00 Reconnections: World's Fair  Foods: Hot Dogs/Ice Cream Cones  6:00 Music w/Deb  7:00 Movie Classics  8:00 Energy Break</p>	<p style="text-align: right;">25</p> <p>GRAB YOUR PASSPORT!  PARIS</p> <p>9:00 Pet Pals Visit  9:30 A Matter of Balance  10:00 Reconnections:  World's Fair Visions  11:00 Name Ten  NOON: Paris Bistro Dining  1:00 Memory Café  1:15 Sing-a-long  2:00 Art: Parisian Landscape  3:15 Words in a Word  4:00 Olmsted Choir  6:00 Movie  8:00 Energy Break</p>	<p style="text-align: right;">26</p> <p>9:30 Matter of Balance  10:00 Reconnection: World's  Fairs of 60's, 70's, 80's  11:00 Museum of Our National  Heritage Trip  11:00 National Parks  1:15 Reconnections: World's  Fair POSTERS  2:00 KARAOKE with Melissa!  3:00 Music with Angela  4:00 Let's Bowl  6:00 Movie  8:00 Energy Break</p>	<p style="text-align: right;">27</p> <p>9:30 A Matter of Balance  10:00 Word Games/Trivia  11:00 Sm. Music Grp w/SALLY  11:00 Music Group/Interns  1:15 Sing-a-long  1:15 City Tour  2:00 Art Class  3:15 Name Ten  3:30 Shabbat Service  4:00 Music &amp; Imagery-Interns  4:00 Bowling Tournament  6:00 Movie  8:00 Energy Break</p>	<p style="text-align: right;">28</p> <p>9:30 A Matter of Balance  10:00 Art  11:00 Music Group  1:15 Trivia/Word Games  2:00 Prize BINGO!  3:15 Travel the World  3:15 Cool Classics Concert:  Back Bay Chorale- Palm Ct  4:30 Walking Club  6:00 Movie Night  8:00 Energy Break</p>
<p style="text-align: right;">29</p> <p>9:30 A Matter of Balance  10:00 Broadcast Mass  10:00 Art  11:00 Name Ten Trivia  1:15 Sing-a-long  2:00 Jewelry Class  3:00 Energy Break  3:15 Music Program  3:30 CONCERT: Jack Glennon-  Guitarist - PALM Ct  4:30 Walking Club  6:00 Movie  8:00 Energy Break</p>	<p style="text-align: right;">30</p> <p>9:20 MUSIC with Angela  10:30 Matter of Balance  11:00 Words in a Word  1:15 Sing-a-long  2:00 Cooking Class  2:45 Energy Break  3:00 CRANIUM Express!  4:00 Let's Bowl!  6:00 Movie Classic  8:00 Energy Break</p>		<p style="text-align: center;"><u>Programming Guide</u></p> <ul style="list-style-type: none"> <li>● Lifelong Learners</li> <li>● Arts and Music</li> <li>● Life Celebration</li> <li>● Health &amp; Wellness</li> <li>● Spiritual Expression</li> <li>● Nature Focus</li> <li>● Relaxation/Fun</li> <li>● Social Engagement</li> <li>● Community Trips</li> <li>● Hobbies/Interests</li> </ul>	<p style="text-align: center;"><u>Daily 1:1 &amp; Small Group* Programming w/RCA's</u></p> <ul style="list-style-type: none"> <li>● 10:15 Manicures/Massage</li> <li>● 11:15 Walks &amp; 1:1 Talks</li> <li>● 1:30 Puzzles/Art/Games</li> <li>● 2:15 Read/Music/Photo &amp;/or Magazine Browse</li> <li>● 3:30 Puzzles/Music/Games</li> <li>● 4:15 Walks &amp; 1:1 Talks</li> <li>● 7:15 Puzzles/Music/Photo &amp;/or Magazine Browse</li> <li>● 8:15 Walks &amp; Talks</li> </ul>		<p style="text-align: center;"><u>Social Dining Hours</u></p> <p><i>Breakfast: 7:30-9:00</i>  <i>Lunch: 12:00-1:00</i>  <i>Dinner: 5:00-6:00</i></p>