

Goddard House Assisted Living

September 2018

Olmsted Programs 2nd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>MIMI'S Birthday!</i> 30</p> <p>9:30 A Matter of Balance 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 ART Class 2:45 Mimi's Party! 3:15 CONCERT: Brian Kane Palm 4:00 Mind Joggers 4:30 Stretching 6:00 Iconic Images: Pop Art 7:15 Evening Movie 8:15 Energy Break</p>	<p><u>Programming Guide</u></p> <ul style="list-style-type: none"> • Lifelong Learners • Arts and Music • Life Celebration • Health & Wellness • Spiritual Expression • Nature Focus • Relaxation/Fun • Social Engagement • Community Trips • Hobbies/Interests 	<p><u>Daily 1:1 & Small Group* Programming w/RCA's</u></p> <ul style="list-style-type: none"> • 10:15 Manicures/Massage • 11:15 Walks & 1:1 Talks • 1:30 Puzzles/Art/Games • 2:15 Read/Music/Photo &/or Magazine Browse • 3:30 Puzzles/Games • 4:15 Walks & 1:1 Talks • 7:15 Puzzles/Music/Photos/Reading • 8:15 Walks & Talks 	<p><i>Weather permitting, groups may meet outdoors</i></p>	<p><u>Birthdays</u></p> <p><i>Claire 11th</i> <i>Ruth Ann 12th</i> <i>Walter 15th</i> <i>Mimi 30th</i></p>	<p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Women in History 1:15 Music Program 1:45 Arts & Crafts 3:00 Energy Break 3:15 Word Games 4:15 A Matter of Balance 6:00 Mind Stretchers 7:15 Evening Movie 8:00 Energy Break</p>	1
<p>2</p> <p>9:30 A Matter of Balance 10:30 Broadcast Mass 10:30 Music Program 10:45 News Currents 1:15 Songfest 1:45 ARTS & Crafts 3:00 Scenic Drive America 3:15 CONCERT: Brian Kane – Palm Court 4:30 Stretch Out! 6:00 Old Scollay Square Images 7:15 Evening Movie 8:15 Energy Break</p>	<p>Labor Day 3</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 2:45 Energy Break 3:00 History of Labor Day 3:45 A Matter of Balance 4:15 Words in a Word 6:00 What's in the News? 7:15 Evening Movie 8:00 Energy Break</p>	<p>Hair Salon Open 4</p> <p>9:30 A Matter of Balance 10:00 Green City Growers 1st fl 10:00 Music Program 10:45 Reconnections: Hawaii- People & Culture 1:15 Reconnections: Hawaiian Music and Dance 2:00 Dance with Audrey 3:15 Energy Break 3:30 Nature Exploration 4:15 A Matter of Balance 6:00 Music with Deb 7:15 Evening Movie 8:15 Energy Break</p>	<p>5</p> <p>9:00 Pet Pals Visits 9:30 Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: How the Islands formed 1:15 Reconnections: Cooking Class—The Art of SPAM 2:00 ART: Hawaiian Flowers 3:00 Energy Break 3:30 Words in a Word 4:00 CHOIR with Deb 6:00 What's in the News? 7:15 Evening Movie 8:15 Energy Break</p>	<p>6</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 10:45 Reconnections: Hawaii- Historic Events 11:15 Museum Trip 1:45 Reconnections: Famous Places of Hawaii 2:30 Nature Walk 3:00 Music with ANGELA 4:00 Words in a Word 6:00 Iconic Photos 7:00 CONCERT- "Matt McCabe " - Palm Court 8:15 Energy Break</p>	<p>7</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Musical Moments 10:45 Photo Voice 1:15 Word Games/Trivia 2:00 DANCE with AUDREY 3:00 Energy Break 3:15 ART Group 3:15 Shabbat Service 4:30 News & Horoscopes 6:00 Relaxation Group w/Joy 7:15 Evening Movie 8:15 Energy Break</p>	<p>8</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Reminiscing 10:45 Name Ten Trivia 1:15 Art History 2:30 Music with EMILY 3:00 Energy Break 3:15 Art Class 4:15 A Matter of Balance 6:00 News of the Day 7:15 Evening Movie 8:00 Energy Break</p>
<p>Rosh Hashanah begins 9</p> <p>9:30 A Matter of Balance 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 ART Class 3:00 National Parks Program 3:15 CONCERT: Joe Sadara/Palm 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Elvis: The Man & his Music 7:15 Evening Movie 8:15 Energy Break</p>	<p>10</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Rosh Hashanah- History & Discussion 11:30 Stretching 1:15 Name Ten Trivia 1:45 Watercolor Art 3:00 Challah, Apples & Honey 3:30 Nature Walk 4:00 Words in a Word 6:00 Famous Faces 7:15 Evening Movie 8:15 Energy Break</p>	<p>11</p> <p><i>Claire's Birthday</i></p> <p>9:30 A Matter of Balance 10:00 Green City Growers 1st fl 10:15 Travel the World 10:45 Reconnections: The Underwater World 1:15 Reconnections: The Oceans 2:00 Dance with DONNA 3:15 Claire's Party! 3:45 Nature Walk 4:15 A Matter of Balance 6:00 Music with Deb 7:15 Evening Movie 8:00 Energy Break</p>	<p>12</p> <p><i>Ruth Ann's Birthday</i></p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:30 Music Group 10:45 Reconnections: The Titanic 1:15 Reconnections: Underwater Art & Treasures 2:00 Arts and Crafts 3:15 Ruth Ann's Party 4:00 CHOIR with Deb 6:00 Iconic Photos 7:15 Evening Movie 8:00 Energy Break</p>	<p>13</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 10:45 Reconnections: Aquariums 11:30 Boston Aquarium Trip 1:45 Reconnections: Coral Reefs 2:30 A Touch of H/Art with JOY 2:45 Energy Break 3:00 Words in a Word 4:15 A Matter of Balance 6:00 News of the Day 7:15 Evening Movie 8:15 Energy Break</p>	<p>14</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Cranium Express 2:00 DANCE with Audrey! 3:00 Energy Break 3:15 Shabbat Service 3:15 Trivia 4:15 Laughter Yoga 6:00 News & Horoscope 7:15 Evening Movie 8:00 Energy Break</p>	<p><i>WALTER'S Birthday</i> 15</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 ART CLASS 11:30 Nature Walks 1:15 Name Ten Trivia 2:00 Prize Bingo! 3:00 Walter's Party 3:15 Music Program 4:15 A Matter of Balance 6:00 A to Z Trivia: States/Capitals/Countries 7:15 Evening Movie 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Jewelry Design Class 1:15 Matter of Balance 1:45 ART Class 2:45 Energy Break 3:00 National Parks Program 3:15 CONCERT: Joe Weinberg in Palm Court 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Famous TV Shows – 1950s 7:15 Evening Movie 8:15 Energy Break</p>	<p>17</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Jewelry Design -WALK to End Alzheimer's Fund Raiser- Part I 1:15 Word Games/ Trivia 1:45 Jewelry Design Class- Fund Raiser- Part II 3:00 Energy Break 3:30 Stretching 4:00 Words in a Word 6:00 What's in the News? 7:15 Evening Movie 8:15 Energy Break</p>	<p>Hair Salon Open 18</p> <p>9:30 A Matter of Balance 10:00 Nature Exploration 10:00 Music Program 10:00 MFA ACCESS TOUR 10:45 Reconnections: Composers- Mozart, Bach 1:15 Reconnections: Music of Mozart/Bach 2:00 Dance with AUDREY 3:15 Energy Break 3:30 Words in a Word 4:15 A Matter of Balance 6:00 Music w/Deb 7:15 Evening Movie 8:15 Energy Break</p>	<p>YOM KIPPUR 19</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: Beethoven 1:15 Reconnections: Music of Beethoven 2:00 Arts and Crafts 3:00 Energy Break 3:15 Composers: Who Am I? 4:00 Yom Kippur Service 4:00 CHOIR with Deb 6:15 A to Z Trivia 7:15 Evening Movie 8:15 Energy Break</p>	<p>GRAB YOUR PASSPORT! SOUTH AFRICA 20</p> <p>9:30 A Matter of Balance 10:15 Trivia/Word Games 10:45 Reconnections: African Music- History 11:30 Luncheon Trip 1:00 National Parks 2:00 Music of South Africa: Cornell Coley-Discussion & Drumming 2:30 A Touch of H/Art with JOY 3:00 Music with Angela 3:30 South Africa: Guest Lecture 4:00 Travel the World 6:00 Mind Stretchers 7:15 Evening Movie 8:15 Energy Break</p>	<p>21</p> <p>9:30 A Matter of Balance 10:00 GH Mini Walk to End Alzheimer's--GAZEBO 10:15 Energy Break 10:30 Music Program 10:45 Art with JOY 1:00 Laughter YOGA 1:15 City Tour 2:00 DANCE with Audrey! 3:15 Relaxation Class 3:15 Shabbat Service 4:15 News and Horoscopes 6:00 Cranium Express 7:15 Evening Movie 8:00 Energy Break</p>	<p>22</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 11:00 MUSIC with EMILY! 1:15 Word Games 2:00 Nature Walk 3:00 Energy Break 3:15 ART Class 4:15 A Matter of Balance 6:00 Word Games 7:15 Evening Movie 8:00 Energy Break</p>
<p>WALK TO END ALZHEIMER'S! 23</p> <p>8:00 Leave GH for WALK 9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 Jewelry Class 2:45 Energy Break 3:00 National Parks Program 3:15 CONCERT: Kevin Sherwin Palm Court 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 News Currents 7:15 Evening Movie 8:15 Energy Break</p>	<p>24</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 2:45 Energy Break 3:00 Nature Walk 3:30 A Matter of Balance 4:00 Words in a Word 6:00 Who Am I? 7:15 Evening Movie 8:15 Energy Break</p>	<p>Trip to Newport 25</p> <p>9:30 A Matter of Balance 10:00 Fall Gardening 10:15 Music Program 10:45 Reconnections: Autumn in New England 1:00 Trivia 1:30 Reconnections: Vermont in the Fall 2:00 Dance with Donna 3:15 Energy Break 3:30 ART Class 4:30 A Matter of Balance 6:00 Music w/Deb 7:15 Evening Movie 8:00 Energy Break</p>	<p>26</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Lip Sync Songfest 10:45 Reconnections: Cape Cod in the Fall 1:00 Music Group 1:45 Reconnections: Fall Foliage Art 3:00 Lifetime Achievement Award 3:30 Nature Exploration 4:00 CHOIR with Deb 6:15 Iconic Covered Bridges of New England 7:15 Evening Movie 8:00 Energy Break</p>	<p>27</p> <p>9:30 A Matter of Balance 10:15 Andrea Bocelli in Concert 10:45 Reconnections: Apple Picking 11:15 Diner's Club 1:15 Trivia 1:45 Reconnections: Baking Fresh Apple Pies 2:30 A Touch of H/Art with JOY 3:00 Music with Angela 4:15 Stretching 6:00 Fall in the Berkshires 7:15 Evening Movie: 8:15 Energy Break</p>	<p>28</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Art Class 1:00 Music Group 1:15 Visit to Allandale Farms 2:00 DANCE with Audrey! 3:00 Energy Break 3:15 Photo Voice 3:15 Shabbat Service 4:15 YOGA & Laughter 6:00 Cranium Express 7:15 Evening Movie 8:00 Energy Break</p>	<p>29</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 ARTS & CRAFTS 11:30 Mind Stretchers 1:15 Name Ten 2:00 Prize Bingo! 3:15 Energy Break 3:30 Match Game 4:15 A Matter of Balance 6:00 A to Z Trivia: 5 letter Names 7:15 Evening Movie 8:00 Energy Break</p>