

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Programming Guide</u></p> <ul style="list-style-type: none"> <li>• Lifelong Learners</li> <li>• Arts and Music</li> <li>• Life Celebration</li> <li>• Health &amp; Wellness/Fitness</li> <li>• Spiritual Expression</li> <li>• Nature Focus</li> <li>• Relaxation/Just for fun!</li> <li>• Social Engagement</li> <li>• Community Trips</li> <li>• Interests/Hobbies</li> </ul>	<p><u>Daily 1:1 &amp; Small Group* Programming w/RCA's</u></p> <ul style="list-style-type: none"> <li>• 10:45 Manicures</li> <li>• 11:00 Walks &amp; 1:1 Talks</li> <li>• 1:30 Puzzles/Art/Games</li> <li>• 2:15 Walks</li> <li>• 3:30 Walks</li> <li>• 4:00 Walks &amp; 1:1 Talks</li> </ul> <p>*Focused support (20-30mins) with 1-2 individuals</p>	<p>1</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:15 Music Program 10:45 Reconnections: History of the New Year 1:00 National Parks 2:00 Concert: Anna Seda 3:15 Energy Break 3:30 Reconnections: New year Traditions around the World w/Natalia 4:00 Music with Deb 6:00 Name Ten Trivia 7:15 Evening Movie 8:00 Energy Break</p>	<p>2</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Words in a Word 10:40 Reconnections: New Year's Resolutions 1:00 Music Program 1:45 Dancing w/ Natalia 3:00 Energy Break 3:15 Art History 4:00 CHOIR with Deb 2<sup>nd</sup> fl. 4:15 Healing Hearts YOGA 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break</p>	<p>3</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Reconnections: Haitian New Year Traditions 10:45 Name that Tune 11:15 A to Z Trivia 11:30 Trip 1:00 Travel the World 1:30 Music with ANGEL 3:00 Reconnections: Toast to the New Year 3:30 Mind Stretchers 4:15 YOGA 6:00 Name that Tune! 7:15 Evening Movie</p>	<p>4</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 1:45 Around the World w/Natalia 3:00 Energy Break 3:30 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break</p>	<p>5</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Pictionary 1:00 Travel the World 1:30 Creative Arts w/Natalia 2:30 Dance w/Natalia 3:00 Energy Break 3:15 Music Thru the Decades 3:30 Boston Youth Music Charity Concert- PALM Ct 4:15 Healing Hearts YOGA 6:00 Guess Who Trivia! 7:15 Evening Movie 8:00 Energy Break</p>
<p>6</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:00 Broadcast Mass 10:00 Art Class 11:00 Words in a Word 1:00 Trivia 2:00 BINGO 3:00 Energy Break 3:15 Music Program 3:15 Concert: Tom Madden -Palm Ct 4:30 Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>7</p> <p>9:30 MUSIC w/ANGEL! 10:45 Energy Break 11:00 Karaoke w/Interns 1:00 Name Ten Trivia 2:00 ART CLASS 3:00 Energy Break 3:15 National Parks 4:00 A Matter of Balance 4:30 Music Program 6:15 Mind Stretchers 7:00 Evening Movie 8:00 Energy Break</p>	<p>8</p> <p>9:30 A Matter of Balance 10:00 Energy Break 10:15 Music Program 10:45 Reconnections: California 11:30 Trivia 1:00 Music Program 1:40 Reminisce w/Natalia 2:00 Dance with Audrey 2:15 Reconnections: California Gold Rush! 3:15 Energy Break 3:30 Creative Arts/Healing 4:00 Music with Deb 6:00 Name Ten 7:15 Evening Movie 8:00 Energy Break</p>	<p>9</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:40 Reconnections: Hollywood Icons 1:00 National Parks 1:45 Reconnections: Coastal California 3:00 Energy Break 3:15 Art History 4:00 CHOIR with Deb 2<sup>nd</sup> fl. 4:15 Healing Hearts YOGA 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break</p>	<p>10</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Reconnections: Famous California Landmarks 10:45 Name that Tune 11:15 A to Z Trivia 11:30 DINERS CLUB 1:00 Travel the World 1:30 Music with ANGEL 3:00 Reconnections: California Wines Tasting Party 3:30 Mind Stretchers 4:15 YOGA 6:00 Name that Tune! 7:15 Evening Movie 8:00 Energy Break</p>	<p>11</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 2:15 Around the World w/Natalia 3:15 Energy Break 3:15 Shabbat Service 3:30 Creative Arts w/Natalia 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break</p>	<p>12</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:00 Music Group w/EMILY 11:15 Mind Stretchers 1:00 National Parks 1:45 Creative Arts w/Natalia 2:30 Dance w/ Natalia! 3:00 Energy Break 3:15 Pictionary! 4:30 Healing Hearts YOGA 6:00 Guess Who Trivia 7:15 Evening Movie 8:00 Energy Break</p>
<p>13</p> <p>9:30 A Matter of Balance 10:00 Energy Break 10:00 Broadcast Mass 10:15 Art w/RCA's 11:15 Sing-a-long 1:00 Rick Steeves' Travel 2:00 BINGO! 3:15 Concert: NE Conservatory- Palm Court 3:15 Music Program 4:30 Walking Club 6:00 Musical Trivia 7:15 Evening Movie 8:00 Energy Break</p>	<p>14</p> <p>9:30 MUSIC with ANGEL! 10:45 Energy Break 11:00 Karaoke w/Interns 1:00 Name Ten Trivia 1:00 Music Program 1:30 A to Z Trivia: Names 2:00 Art Class 3:00 Energy Break 3:15 National Parks 4:15 A Matter of Balance 6:00 Who Am I? 7:00 Evening Movie 8:00 Energy Break</p>	<p>15</p> <p>Hair Salon Open Grab Your Passport: GREECE 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Greek Culture &amp; Fun Facts 1:00 Music Program 1:30 Reminiscing w/Natalia 2:00 Dance w/Elisabet 2:30 Energy Break 3:00 Greek Music Performance: Palm Ct 3:15 Energy Break 3:30 Creative Arts/Healing 4:00 Music with Deb 6:00 Name Ten Trivia 7:15 Evening Movie 8:00 Energy Break</p>	<p>16</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Reconnections: World Leaders- Who are the Heroes? 1:00 Music Program 1:45 Dance with Natalia 2:45 Energy Break 3:15 Art History 4:00 Healing Hearts YOGA 4:00 CHOIR with Deb 2<sup>nd</sup> f 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break</p>	<p>17</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Reconnections: Qualities of a Hero 11:15 Lunch Trip 1:00 Travel the World 1:30 Music with EUNNY 2:45 Energy Break 3:00 Mind Stretchers 4:00 Healing Hearts YOGA 6:00 Name that Tune! 7:15 Evening Movie 8:00 Energy Break</p>	<p>18</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 2:00 Around the World w/Natalia 3:00 Energy Break 3:15 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break</p>	<p>19</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:00 Music Program 10:45 Mind Stretchers 11:00 Ted Powers Tap and Sing!- Traditional 1:00 National Parks 1:45 Reminisce w/Natalia 2:30 Dance w/ Natalia! 3:00 Energy Break 3:15 Pictionary! 4:30 Healing Hearts YOGA 6:00 Guess Who Trivia 7:00 Brookline Sch. Of Music Concert: Traditional 7:00 Evening Movie 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 9:30 A Matter of Balance 10:15 Energy Break 10:40 Broadcast Mass 10:45 Arts & Crafts 1:15 Music Program 2:00 Puzzles/Games 3:00 Energy Break 3:15 Travel the World 3:15 Concert: Brian Kane- Palm Court 4:30A Matter of Balance 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break	21 9:30 Music Therapy 10:45 Energy Break 11:00 Karaoke w/Interns 11:30 Trivia 1:00 Words in a Word Exercise 1:30 ART CLASS 2:30 Name Ten Trivia 3:00 Energy Break 3:30 Prize Bingo! 4:15 A Matter of Balance 6:00 Trivia 7:15Evening Movie 8:00 Energy Break	22 9:30 A Matter of Balance 10:00 National Parks Program 10:15 Energy Break 10:45 Reconnections: American Inventors 1:00 Music Program 2:00Dance with Audrey 2:15 Reconnections: Inventions that changed the way we live 3:15 Energy Break 3:30 Creative Arts Healing 4:00 Music with Deb 6:00 Name Ten Trivia 7:15Evening Movie 8:00 Energy Break	23 9:30 A Matter of Balance 10:15 Energy Break 10:45Reconnections: Amazing New Inventions of past Year! 11:00 Trip to Jackson Homestead 11:15Trivia 1:00 Rick Steeves' Travel 1:45DANCE w/Natalia 2:45 Energy Break 3:00 Art History 4:00 Healing Hearts Yoga 4:00 CHOIR with Deb 2 <sup>nd</sup> fl 6:00 Iconic Photos 7:15 Evening Movie 8:00 Energy Break	24 9:30 A Matter of Balance 10:00 Energy Break 10:15 Music Program 10:45 Reconnections: 10 Most Popular inventions ever 11:30 DINER's Club 1:00 Travel the World 1:30 Music with EUNNY 2:45 Energy Break 3:30 Trivia 4:15 Healing Hearts YOGA 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break	25 9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 2:00 Around the World w/Natalia 3:00 Energy Break 3:15 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break	26 9:30 A Matter of Balance 10:15 Energy Break 10:00 Music Group w/EMILY 11:15 Mind Stretchers 1:00 National Parks 1:45 Creative Arts w/Natalia 2:30 Dance w/ Natalia! 3:00 Energy Break 3:15 PICTONARY! 4:30 Healing Hearts YOGA 6:00 Guess Who Trivia 7:15 Evening Movie 8:00 Energy Break
27 9:30Matter of Balance 10:15 Energy Break 10:30National Parks 10:45 Broadcast Mass 1:15 A to Z Trivia 2:00 ART CLASS 3:15 Concert: Erik Gustafson-Palm Ct 3:15 Music Program 4:30 Walking Club 6:00 Trivia 7:15Evening Movie 8:00 Energy Break	28 9:30 Music Therapy 10:45 Energy Break 11:00 Karaoke w/Interns 1:15 Mind Stretchers 2:00 Art Class 3:00 Energy Break 3:15 National Parks 4:15 A Matter of Balance 6:00 News of the Day 7:15Evening Movie 8:00 Energy Break	29 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program: 10:45 Reconnections: People and their Pets 1:00 Music Program 2:00 Dance with Elisabet 2:15 Reconnections: Baking Dog Biscuits for MSPCA 3:15Energy Break 3:30 Creative Arts Healing 4:00 Music with Deb 6:00 Name Ten Trivia 7:15 Evening Movie 8:00 Energy Break	30 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: People & their Pets: Look Alike! 1:00 Sing-a-long 1:45Word Games 2:15 Reconnections: Reminiscing: Pets in our Lives 3:30 LIFETIME ACHIEVEMENT AWARD 4:00 Name Ten 4:00 CHOIR with Deb 2 <sup>nd</sup> fl 6:00 Words in a Word 7:15Evening Movie 8:00 Energy Break	31 9:30 A Matter of Balance 10:15 Energy Break 10:45 Reconnections: Reconnections Trip to MSPCA 10:45 Name that Tune! 11:15 A to Z Trivia 11:30 DINER's CLUB 1:00 Travel the World 1:30 Music with EUNNY 2:45 Energy Break 3:00 Mind Stretchers 4:00Healing Hearts YOGA 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break	<i>Daily Programming subject to change dependent upon Resident preference</i>	