



# the Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

#### SATURDAY, MARCH 10

Students from Triveni School of Dance will perform classical Indian dance at 4:00 P.M.

#### SUNDAY, MARCH 11

Jazz guitarist Joe Weinberg at 3:30 P.M.

#### SATURDAY, MARCH 17

Opening Minds through Art (OMA)  
Artists' Reception in Gallery M from  
3:00-4:30 P.M.

#### FRIDAY, MARCH 23

"Science! with Tim Miller" at 10:00 A.M.  
Join Tim for a discussion about topics ranging from new technologies to space travel and everything in between.

#### SUNDAY, MARCH 25

Infectious melodies and percussive grooves with the Patrice Monahan Trio at 3:30 P.M.

For public events, RSVP to Jennifer Miller at  
[jmiller@goddardhouse.org](mailto:jmiller@goddardhouse.org) or 617-731-8500 x110

### RESIDENT PROFILE



Walter Van Dorn was born in Orange, New Jersey and later resided in Maplewood. He attended Dartmouth College, served in the Army for one year as a lieutenant, and later attended Harvard Law School. He married his beloved wife, Betsy, in 1975 and together, they have four sons and four grandchildren.

Walter practiced tax and estate law for several different Boston firms and then later on went on to teach at the Graduate Tax Program at Boston University. He also co-authored and regularly updated the textbook, *Massachusetts Taxation*. Among many different hobbies, Walter made his very own home-brewed beer as well as his own whole wheat bread. His favorite music is traditional jazz and classical.

Walter's fondest memories are spending time in Wellfleet on Cape Cod, and trips to Italy in the 90s. Among many things that Walter loves is his Welsh Corgi named Tasha. You don't often see Betsy without their dog by her side. Walter considers himself to be a very loyal and good friend, and notes that one of his best friends is Roy Scheider, who starred in *Jaws*. Although Walter is very successful there is one thing that he has never been able to succeed in, and that is beating Betsy in *Scrabble*!

Walter is quite active here at Goddard House, participating in Opening Minds through Art, discussions, trips to the MFA, and is very rarely seen without the *New York Times* in his hand. His brilliance and quick wit are treasured among us. We are so lucky to be able to have Walter as one of our wonderful residents.

-Olmsted Assistant Program Director Katie O'Connell

# Opening Minds through Art Back with a New Exhibit at Gallery M by Happy Artists Gang

by Community Partnership Director **Ginny Mazur** and  
Expressive Arts Therapies Interns **Joy Geha** and **Melissa  
Taylor**

Opening Minds through Art (OMA) is an intergenerational art program for people living with memory loss that was developed by Dr. Like Lokon at the Scripps Gerontology Center at Miami University in Ohio. Grounded in person-centered ethics, it was founded on the fact that people living with dementia can express themselves creatively, in this case artistically. The mission of OMA is to build a bridge across cognitive barriers and age through art. Each artist is partnered with a trained volunteer on a one-to-one basis, supporting them but with a step-by-step, “hands-off” approach, so that the artist creates the artwork independently. Goddard House associates **Jennifer Miller** and **Ginny Mazur** trained with Dr. Lokon to become the first OMA facilitators in Massachusetts.

It’s been quite a year for OMA at Goddard House! In the fall of 2017, our pilot of OMA at Goddard House received the Program Innovation of the Year Award from LeadingAGE Massachusetts. Now we’re excited to host our second exhibit of works by a new team of Olmsted Place artists: Susan, Zona, Linda and Walter. Mimi attended occasionally.

From the start, this team of artists declared themselves “bold,” a fitting descriptive. The group rejected the name “OMA” and retitled themselves as “Happy Artists Gang.” Their motto became, “Everything Goes.” Appreciating the abstract approach, Walter noted, “Imagination is a great thing. It’s interesting how you can do things here that you never imagined before.” Linda added, “One thing turns into another and into a great adventure.”

The team’s bold attitude overrode their uncertainties, time and again. Zo made a self-discovery: “I’ve always felt unartistic...but this proves me wrong!” Susan concurred: “I was unsure about what I was making, but look, it came out—great!”

It sure has! The Happy Artists Gang exhibits their work on the walls of Gallery M at Goddard House throughout March and April 2018 with a reception for the artists on Saturday, March 17<sup>th</sup> from 3:00–4:30 P.M. Artwork will be for sale with details posted.

Special thanks to our talented Lesley University expressive therapies interns, volunteers and associates for their work as OMA assistants: **Margery David**, **Joy Geha**, **Lounedelle Lapierre** and **Melissa Taylor**.



*Top, left to right: Resident Care Associate **Lounedelle Lapierre** and **Zo F.** smile after a successful OMA group; **Linda K.** loves working with yupo! Middle: The OMA artists and volunteers pose for a photo after finishing works on yupo paper. Bottom, left to right: **Susan F.** shares her latest OMA artwork; **Walter V.** and Intern **Melissa Taylor***



# “Cool” Classics Spring Concert

featuring

## Faculty String Quartet of the Waldorf School of Lexington



Saturday, March 24<sup>th</sup>

Reception at 3:00 P.M.

Concert from 3:30–4:30 P.M.

at Goddard House  
Assisted Living

The accomplished quartet of Jane Sheena (*cello*), Karl Ørvik (*viola*), Leah Bartell and Gabriel Solomon (*violin*) features faculty from the acclaimed music program at the Waldorf School of Lexington. Concert will include works by Haydn, Samuel Barber, and Amy Beach.

Event is free of charge.

**RSVP to Jennifer Miller,**  
[jmiller@goddardhouse.org](mailto:jmiller@goddardhouse.org)  
or 617.731.8500 ext. 110

Snow date March 31<sup>st</sup>

## GODDARD HOUSE HAPPENINGS



*We took a trip to the Institute of Contemporary Art! Left: enjoying the view over Boston Harbor. Right: EnrichedLIFE Assistant **Emily Jenkins** with **Doris G., Ruth B., and Ethel G.***



*Snowy days call for a movie! Residents enjoyed a visit to the Mugar Omni Theater at the Museum of Science. Left to right: **Ann Marie D., Doris G., Evie P., Ethel G., Dian L., Bill S., Bill's aide Steve, Ruth B., and Musia W.***

*More than 100 flowers and countless lollipops were handed out on Associate Appreciation Day! It was a great way for associates and residents to show their love and gratitude for each other!*



# Operation Renovation

By *Interim Executive Director Lance Chapman*

During the month of January and well into March, Goddard House has been filled with the sights and sounds of construction and renovation. Electricians, plumbers, painters, carpet installers, wallpaper hangers and interior decorators have descended upon our community to bring fresh new looks and colors to the life of this beautiful building. It's a refreshed look on this special place our residents will continue to call home.


As a community, a renovation is all at once an exciting adventure and a test of patience and good graces. Schedules have been disrupted and programs have temporarily been moved to new spaces to carry on. Residents have needed to check the video schedule in the lobby more frequently to be sure they were in the right place at the right time for their favorite activity or program. Lots of workers in and out of the building and various trucks parked outside have also presented other challenges. Through it all, that neighborly spirit has been required and lots of news updates from the director and all associates have become regular events. As I write this article however, we are closing in on the finish line, turning 'round third base and home plate is coming into view.

In the meantime—Goddard House was being transformed. I've included a few photos here. They are meant only to be teasers so you will come for a visit to get the full effect. New carpeting, furniture, window and wall treatments have redefined the entire first floor of the Traditional section of our community. As I take my walks around the building these days it is fun to hear the oohs! and aahs! being expressed by residents, staff,

family members and other guests as they relax in a new piece of furniture, walk across newly carpeted spaces or run their hands across a section of new wallpaper.

As interim executive director for this past year, I have been witness to this large-scale renovation project as perhaps the most observable indicator of the strong collaboration between our devoted Goddard House Board of Trustees and the expertise of Senior Living Residences (SLR). The choosing of colors, fabrics, furniture and fixtures in thoughtful ways—while simultaneously choosing the right vendors and installers who are adept at performing their work in ways that minimally impact our residents' daily life—requires strong doses of trust and respect between these two caring groups that lead this community.

I'm reminded of a quote that describes our founder and namesake, Matilda Goddard. Matilda, who served as the chair of Board of Trustees for 51 years, was said to have such devotion to the mission of the Goddard House that no "trifle" was too small for her concern. As we finish this first phase of our renovation and embark upon the next within our Olmsted Place setting, I am confident that Matilda would be comforted by the attention given to the many small, but important details these projects require.

Now come—visit—enjoy this special place. 



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NEWSLETTER CONTRIBUTORS

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*Clockwise, from top left: new wallpaper, paint, carpet, and furniture brighten up our hallways; The Palm Court continues to be a warm and welcoming space, but with more places to sit; The Family Dining Room is fully updated with new flooring, wall treatments, furniture, and artwork.*