



the Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

WEDNESDAY, MARCH 13

We will depart at 9:30 A.M. for the American Repertory Theater's 11:00 A.M. performance of *Endlings*.

TUESDAY, MARCH 19

Our "Grab Your Passport! Destination: Nigeria" celebration will feature an African Drum Circle at 3:00 P.M. *Public welcome!*

WEDNESDAY, MARCH 20

Trip to the Museum of Fine Arts at 11:00 A.M. to see African art!

WEDNESDAY, MARCH 27

Continuing our travels to Nigeria, we will enjoy an authentic Nigerian lunch at Suya Joint All African Cuisine at 11:00 A.M. Residents will be accompanied by Goddard House Dining Room Supervisor (and native of Nigeria) **Eugene Mbukanma**, who inspired our Grab Your Passport destination choice this month!



RESIDENT PROFILE



Loretta Hurlitzky came to Goddard House a little less than a year ago and has been brightening our days ever since! Loretta grew up in rural Nebraska on the family farm. She shared stories about waking up early in the morning to help with the farm chores, which included feeding the cows and pigs along with tending to the many different types of crops they had.

After realizing the small town life wasn't for her, Loretta got a job as a flight attendant and began to travel all around the world. Despite the beautiful places she traveled to, her fondest memory as a stewardess was meeting her future husband on one of her flights. Loretta explained that he was one of her passengers and after hours of conversation, they got dinner and were inseparable going forward.

While being a flight attendant was fun for her, Loretta's favorite career was modeling. She was discovered when she was out shopping and participated in many different photo shoots and runway shows (*including many jobs modeling wedding gowns like the one above*). Loretta continued to model while raising her two children in Medfield.

In her free time, Loretta enjoys taking long walks and participating in the art and music programs offered here at Goddard House. She was even one of the featured OMA artists earlier this year!

We are so lucky to have such a wonderful fashionista here at Goddard!

-Olmsted Program Director Kristen Cipriano

Spreading the Good News of Goddard House

by Assistant Executive Director **Lance Chapman**


Some of the most enjoyable moments as a marketing director happen when members of our marketing team and I head out beyond our front gate to educate the public about this special community. Speaking at a local library, with Chamber of Commerce members, or at nearby senior centers—there are so many things to talk about. We share important chapters of our long history and some of the newest innovations our residents are now experiencing daily. There are seven core values created by the Goddard House Board of Trustees that set the stage for our outreach message. These values weave together our long commitment to care and our identity as a center of innovation.

With so many new senior living communities springing up around Boston and beyond, I believe it's impressive when people discover that Matilda Goddard founded The Home for Aged Women way back in 1849, and that Goddard House in Brookline is the current-day home of her original mission and vision. As the first health care organization of its kind in Massachusetts combined with the mission-driven, not-for-profit and non-sectarian identity, our culture as a charitable community quickly becomes evident to those in search of a special place for a beloved family member.

When we pair this strong 170-year history with the innovative programs and initiatives available to residents and staff at Goddard House, our message comes into greater focus. This first quarter of 2019 we have begun offering one-hour seminars and food tastings featuring the Brain Healthy Cooking program. Our management partner, Senior Living Residences (SLR), created this program and has provided us with excellent materials to enable us to offer a professional workshop to educate the local community. The Mediterranean Diet is the basis for

this healthy lifestyle which has been shown to stave off or slow the process of dementia.

We head into March ready to feature next outreach phase, the Dementia Friendly Experience (DFE), also brought to us by Senior Living Residences. This initiative allows attendees to go through a set of everyday tasks such as paying a bill or organizing one's medications, while having artificial sensory deficits in place. The experience is designed to offer people without dementia a window of insight, and a chance for greater patience and empathy for those who live with dementia every day.

Other outreach efforts will include educating the public about such programs as Opening Minds Through Art, Growing the Farm at Goddard, and our Mindfulness classes. Lastly, our partnership with SAGE and our distinction as the first assisted living in Massachusetts to gain accreditation as an LGBT Friendly Senior Living Community will be another great feature of our Goddard outreach story. 

Join us for an artists' reception!

Goddard House Open Arts Studio

Monday, March 18th
6:00 P.M. in Gallery M



*Come check out
the beautiful
exhibit created by
the talented and
expressive folks
who live here!*

gallery M

at GODDARD HOUSE





Goddard House Happenings



Here are some examples of all the love we experienced on Valentine's Day, when we also celebrated Associate Appreciation! Top row, left to right: Resident

Care Associate **Carmel Mombrun**; **Marcia H.** and Director of Dining Experience **Andrew Santalucia** prepping the chocolate for our Valentine's Dipping Demo; Resident Care Associate **Gemma Gonzales** won the Scratch Ticket Basket! Second row: Resident Care Director **Barbara Flynn** and Olmsted Nurse Manager **Alla Rumyantseva** at morning breakfast; **Kitty S.** having a great time dipping chocolate; New resident **Laura R.** dressing for the theme. Bottom row: Olmsted Resident Care Associate **Myrlande Eustache** won the Amazon Fire Tablet; Our awesome Associate of the Quarter **Eugene Mbuksama** also won an Apple Watch; Resident Care Associate **Tess McBrearty** won the Coffee and Chocolates Basket!



ASSOCIATE PROFILE



If you live at Goddard House, you know who Resident Care Associate **Rose Gabriel** is. It's hard to not know who this compassionate, vibrant woman is (pictured at left with resident Joy R.). As one of our residents remarked, "Rose has a peace about her." She is the type of person you want caring for you in your later years of life. Rose is also a woman who told me that she tells her

children, "Choose something you like to do for a career. I love my job!" That is extremely evident here at Goddard!

In 2018, Rose was the recipient of the Phyllis Vineyard Award. This award goes to one caregiver each year who embodies all the Goddard House values: Compassion, Respect, Collaboration, Responsiveness, Excellence, Innovation, and Transparency. She received this award because her fellow associates, residents, and their families voted for her. I thought it would be great for us to learn a little about this remarkable woman.

Rose was born in Haiti and moved to the United States with her husband and two sons almost 30 years ago. She has been a caregiver for more than 20 years and has worked at Goddard House the past three years. Rose has had many friends work here, and it was Resident Care Associate **Oxanne Leveque** who referred Rose to us. Rose loves traveling with her children on cruises to all the wonderful warm islands in the Caribbean, as well as going back to Haiti for a visit every year. When she's not at Goddard House. Rose loves to watch movies, especially the Madea series.

-EnrichedLIFE Director Erica Curcio

Suspended Animation

by Resident **John Kaufman**

For seven years I worked at the animation studio owned and run by visionary director Ralph Bakshi. Ralph made feature cartoons that appealed to a more mature audience than Disney. During my time at the studio, we made such films as *Hey Good Lookin'*, *Wizards*, *Lord of the Rings*, and *American Pop*.

Animation scenes are stored in folders which, when piled up, can be quite bulky. Ralph thought it was funny to load scenes in my arms high enough that I couldn't see where I was headed. One day, while walking down a corridor with a huge pile of animation, I ran into someone. "Why don't you watch where you're goin'?" said a rough voice.

That voice was instantly familiar. I peeked around the end of my load to see a short, elderly man with white hair. "Get out of my way or I'll moider ya!" I said. The man chuckled. It was Moe Howard, leader of The Three Stooges and one of my childhood heroes. Moe was there to discuss a possible appearance in our current film.

Work was over for the day. After I delivered the scenes to ink and paint, I sat with Moe as he told stories about his long career in vaudeville and the movies. He was an extremely kind man who welcomed talking with fans. It was an afternoon I'll never forget. ^



Our resident movie expert, John has been running a monthly group at Goddard House called *Reel 2 Reel*, where residents are given the opportunity to discuss and reminisce about the movies they watch together.

Volume 7 No. 3—March 2019

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