

Navigating Your Healthcare: Tips and Tools for the Empowered Patient

Brookline Community Aging Network

Provides information to help residents remain engaged in the community.

Advocates to make Brookline an even better place to live for seniors and everyone.

Join us!

Founding Partners



presented by Ailene Gerhardt

*Founder, Beacon Patient Advocates LLC
and Independent Board Certified Patient Advocate
(BCPA)*



Thursday, May 16, 2019

6-6:30 pm - Refreshment reception

6:30-7:30 pm - Program with Q&A

Brookline Senior Center - 93 Winchester Street

FREE, RSVP: (617) 730-2770 or
rsvp@brooklinecan.org

Navigating today's healthcare system is complex and often overwhelming.

Being an empowered patient means:

- knowing the ways to advocate for oneself and loved ones
- being comfortable asking questions
- becoming knowledgeable about health information, medical conditions, and treatment options

You will leave this talk feeling confident and well informed as you approach current or future health decisions.

About Ailene Gerhardt:

During her 17 years as a human services professional advocating for the needs of students, faculty and staff on college campuses, Ailene's mother became gravely ill. Ailene experienced first-hand how draining and challenging navigating the intricacies of the health care system can be while actively supporting a loved one. This experience led her to a career change and her calling as a private patient advocate.

Ailene completed her Professional Certificate in Consumer Health Advocacy at the University of Wisconsin's Center for Patient Partnerships in August 2017, founded Beacon Patient Advocates LLC in February 2018 and earned her Patient Advocacy Board Certification credentials in April 2018.