



# the Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

#### THURSDAY, SEPTEMBER 5

Lifetime Achievement Celebration at 3:00 P.M.

#### SUNDAY, SEPTEMBER 22

Goddard House will be fielding a Walk Team for our sixth consecutive year at the Greater Boston Walk to End Alzheimer's!

#### TUESDAY, SEPTEMBER 24

Community Trip to Heritage Museum from 9:00 A.M.-4:00 P.M.

#### FRIDAY, SEPTEMBER 27

Second Annual Mini Walk at 10:00 A.M.



## PARTY OF THE CENTURY

Save the date for this 4<sup>th</sup> annual celebration of local centenarians, including our own **Agnes Rogers!**

October 15<sup>th</sup> • 2:00 P.M.

Brookline Senior Center, 93 Winchester St.

For more information, or to register someone you know who is 99 or over, contact Julie Washburn at 617-730-2770 or [jwashburn@brooklinema.gov](mailto:jwashburn@brooklinema.gov)

### RESIDENT PROFILE



Katherine Swanner has been living at Goddard House for seven years. Did you know she was originally from Saratoga Springs, New York? From growing up in Saratoga, she learned to love horses. When she was younger she would get up real early and exercise the horses around the track. She also loved to give visitors tours

of the stables any opportunity that she could. If Katherine could, she would still be riding horses today.

Another interesting fact I learned about Katherine was that for about ten years of her life she owned and operated a bed and breakfast not too far from Goddard House. Why does one buy a house and start a bed and breakfast? Well, Katherine said after traveling extensively for about ten years, she felt she needed to settle down and come back to the US. She loved this area and felt it would be the right place to open a B&B. One of the great enjoyments of owning the B&B was that a lot of the people she met traveling the world came to visit her and stayed at her bed and breakfast!


-EnrichedLIFE Director Erica Curcio

## Residents Choose Heritage Museum & Gardens for Annual Trip

by *EnrichedLIFE* Director **Erica Curcio**

It's September and that means one really, really important event is coming up—our annual resident trip! This year, residents selected by an overwhelming number of votes a visit to the Heritage Museum & Gardens in Sandwich. Last year, our trip to see the Newport Mansions was spectacular, and we are planning to make this trip just as great!

The Heritage Museum & Gardens are nestled on 100 beautiful acres. It offers visitors of all ages the ability to see world class gardens and to learn about art and history in their museum exhibits. Our trip, which will take place on Tuesday, September 24<sup>th</sup>, will begin with three choices of programming for the morning. The first is a **60-minute tour of the Auto Collection**, which provides fun facts about the automobiles they have on display. This exhibit has many opportunities for sitting and will be indoors. The second option will be a **60-minute guided tour of the new Garden of the Senses**, an interactive exhibit. While the garden is about a mile in length, participants are not required to walk the whole loop of the garden and there will be opportunities to rest along the way. The last option is a **self-guided tour**. You can take a transport to the Carousel and “50 on 50” exhibit, which showcases 50 items of the grounds for their 50<sup>th</sup> Anniversary. History buffs might like visiting this special display. From arrival to departure, we will spend about two hours at the museum. Then we will head to Fisherman's View along the canal for a seaside lunch!

The trip will be leaving Goddard House promptly at 9:00 A.M. from the front of the building. We have rented a 52-passenger bus with a wheelchair lift. Space is limited, so please be sure to sign up at the front desk. We are looking forward to spending a day on the Cape with our residents! 

Join us as Katherine S. Newman discusses her book

## Downhill from Here Retirement Insecurity in the Age of Inequality

Thursday, October 17, 2019

at the Brookline Senior Center  
93 Winchester Street, Brookline

Refreshments served from 6-6:30 P.M.  
Talk with discussion runs from  
6:30-7:30 P.M.

*Event is free of charge. RSVP to the Brookline Senior Center at 617-730-2770.*

Old-age poverty, a problem we thought was solved by the New Deal, is poised for resurgence. With dramatic statistics and vivid portraits, acclaimed sociologist and Interim Chancellor of UMass Boston, Katherine S. Newman, will show how the American retirement crisis touches us all, cutting across class and generational divides. She will discuss steps that we could take to address this problem.



Sponsored by  
Brookline Community  
Aging Network



# Cookin' Up Jazz Concert Series



*Top row, left to right: Marcia H. with her granddaughter Lily, friend Rita and daughter Kristen; Etta E.; Swing Jazz Legacy performs; Doris G. and Faye G. Second row: Musia W. with grandchildren Bramm and Halle, as well as daughter Robyne, daughter-in-law Marcelle and son Cliff; Joan C. and Susan F.; Dining Room Supervisor Eugene Mbukanma and Steve H.; Lynn L. with son-in-law, Andy Bottom row: Olmsted Resident Care Manager Mia St. Jean with Trish M.; Howard B. and Dian L.; EnrichedLIFE Assistant Rebecca Margolin with Marcia H.; The Winiker Brothers give the first concert of the series on August 1<sup>st</sup>.*



# Purple Table Reservations: A Warm Welcome to Everyone!

by *Community & Academic Arts Advisor* **Ginny Mazur**

Anyone with a disability—cognitive or physical—knows that enjoying the simple pleasure of dining at a restaurant can be extremely challenging. From mobility barriers to loud music and harsh acoustics to small print and poor lighting, it can be discouraging enough to give up and stay home. That's why Purple Table Reservations, a nationwide training movement just starting to take hold in restaurants, is so welcome. In addition to hospitality, Purple Table restaurants offer compassion, respect and awareness for the needs of diners with disabilities in the space design, service and accommodations they offer.

Goddard House, as a member of the Brookline Community Aging Network and Age/Dementia Friendly MA, is advocating for local restaurants to become Purple Tables. Taking the lead is an award-winning chef and food writer, **Irene Li**, who operates Mei-Mei just off Beacon Street by St. Mary's station. Li draws on inspiration close to home—her dad had a stroke that left him physically disabled, followed by Alzheimer's disease. She puts out a call for restaurants to practice accessibility as hospitality, beginning by making improvements where they can and by training their teams. To learn more, visit: [www.purpletables.com](http://www.purpletables.com) or [www.wbur.org/artery/2019/06/27/accessibility-is-hospitality-restaurants](http://www.wbur.org/artery/2019/06/27/accessibility-is-hospitality-restaurants).



*Irene Li of Mei Mei in Boston*



## ASSOCIATE PROFILE



Receptionist  
**Ana Roman**  
is originally from Sonora, Mexico, located on the west coast of Mexico and

on the southern border of Arizona. After stating this, she immediately said, "It's so hot!" According to Ana it can get to as high as 125 degrees. Now that is hot!

Ana moved here 29 years ago. She originally knew her husband from Mexico, but the two did not move here together. Ana said it wasn't until he moved to the US and became more mature that she became interested in him. Ana and her husband have two children, Gabriela (who lives in Washington, D.C. and works for a medical journal) and Jessica (who lives here in Boston and works at the Massachusetts Court House in the diversity training division).

Ana works here at Goddard House part-time as a receptionist. You may have also seen her at her other job down the road as the bookkeeper at the Mobil on Route 9. Ana says she enjoys bookkeeping and working with numbers. When she was in Mexico she graduated from college with a degree in accounting. In her free time Ana enjoys going to concerts in the Boston Commons.

*-EnrichedLIFE Director Erica Curcio*

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NEWSLETTER CONTRIBUTORS

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