



November 2020

Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

Dance for Parkinson's

A virtual program to be held on Tuesdays from 11:30 A.M.-12:30 P.M., starting December 15th

Relax and enjoy movement to music from modern, ballet, tap, folk and social dancing, designed to engage participants' minds and bodies!

Dance instructor, Nancy Murphy, who completed Dance for PD® Introductory Training at Mark Morris Dance Center in Brooklyn, New York, has been teaching dance for more than 30 years.

She is an instructor at Rugcutters' Dance Studio, Marblehead School of Ballet and Dance Technics. She's also a member of the Back Pocket Dancers, an inter-generational modern dance company.



Dance for Parkinson's is offered as part of **Parkinson's in Motion @ Goddard House**, a new, innovative program, free and open to older adults living with Parkinson's, their family members and caregivers. For more information and to register for this virtual program, contact Erica Curcio at ecurcio@goddardhouse.org.

Besides Movement Therapies, Parkinson's in Motion also includes an Educational Speaker Program and a monthly Classroom Support Group on Zoom.

RESIDENT PROFILE



Mary Katz moved into the Olmsted neighborhood of Goddard House in the middle of October and is already fitting right in. Mary was born in Germany and her family moved to upstate New York when she was a child. After graduating, Mary became a medical technician.

Her favorite part of the job was being able to work with people and help them. Mary then moved to New York City with her husband. She loved living in the city because there was always something to do. She said that she would often walk around the city and take in all the sights and sounds.

In her free time Mary enjoys chatting with her friends and listening to music. She also loves watching classic movies. One of her fondest memories is when she took her niece to see *The Sound of Music* when it first came out in theatres. She mentioned how even though their seats were way in the back, her niece "was on cloud nine" and still talks with her about it today.

Mary has so many wonderful stories to tell, so stop by Olmsted and say hello!

-Olmsted Program Director Kristen Cipriano

The Daily Chronicle

Written by Resident **Michael Sallen** on April 29, 2020

Rebecca and Erica brought me a copy of *The Daily Chronicle*. On this date in 1857, *Roget's Thesaurus* was published, a book I have had a good relationship with.



Michael S. – Army
Air Corps

But the next piece reminded me of some of my past. In 1928, I had a scary nightmare as a small boy. In this dream, several fighter planes with black crosses were targeting me (I had magazines with WWI plane drawings). Anyhow I woke up yelling and took a while before I calmed down. My parents were sympathetic. Then I read about Nancy Wake, a British agent who parachuted into France in 1944.

That same year, during WWII, I was a radio operator gunner flying on a bombing mission over Europe when we were attacked by a group of German fighters at about 31,000 feet. We were wearing oxygen masks. The Luftwaffe marksmanship was deadly. Eight of our crew were severely wounded or dying. Our pilot sent me back (after jettisoning our bombs) to check on our two waist gunners and our tail gunner (17 years old). I quickly learned that the waist gunners were badly wounded and the tail gunner was dead. I helped the ball turret gunner, wounded, out of his turret. On intercom the pilot ordered us to jump. Two engines were burning and he was losing control. The gunner I had helped got my chute pack on me and pushed me out of the rear corner hatch. He did not get out. Since we had been warned about Luftwaffe pilots shooting some of the fliers in chutes I did not open mine but dropped about 3,000 feet to a safer altitude and landed in Romania. All of this action happened in seconds and we responded as trained.

After capture by German officers I was taken to a German hospital because of my two serious hip and leg

wounds. It was there I began to remember that weird dream in my boyhood.

Long after being freed by the Soviet troops who had occupied Romania, returning to our bomber base in Italy (75 miles away), and taking the hospital ship back to the States, I continued to wonder about the past events.

If you see a Subaru vehicle, I'm certain you won't miss the hood figure—fighter planes with black crosses on their wings flying towards you. 



Arthur F. – Army



Carl W. – Marine Corps



Eli G. – Army



Ken S. – Marine Corps

HONORING
OUR GODDARD
HOUSE
VETERANS



Nicholas F. – Army



Peter W. – ASTP



Bob M. – Public Health Service

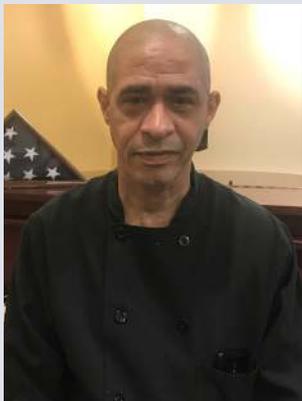


Howard B. – Navy



William Y. – Air Force

Wednesday,
November 11
Veterans
Day Service
featuring
patriotic
piano music
by Steve Heck



Cook Lesley Rivera – Army



Martin M. – Navy

LESLEY INTERNS



Hi! My name is **Madeline Ludtke** and I am so excited to be joining Goddard House as an art therapy intern this year! I am originally from Minnesota and moved to the Boston area a year ago for graduate school. I am a student at Lesley University in Cambridge, where I am getting my master's degree in art therapy. I enjoy making all forms of art, especially collage and watercolor painting. I also love to play the piano, so you might sometimes hear me playing a little music too! I'm looking forward to getting to know everyone and making some art together! If you see me around, please come say hi!



Hi everyone, my name is **Carina Fuller**, and I am one of the new graduate interns from Lesley University! I am in my second and final year of the art therapy program. Art has been a huge part of my life since I was little. I consider myself a mixed media artist, but I also love drawing, jewelry making and craft projects. Growing up I lived in Needham with my parents, two older siblings, and our golden retriever. I also have an 8-year-old nephew. In addition to art, I love archery, dancing, and cooking. I am really looking forward to meeting and getting to know everyone at Goddard House!



Beach Boardwalk Game Day!



*We enjoyed a day of fun and games! Clockwise, from top left: **Preston M. and Sylvia M.**; **Elinor G.**; the craft table; Director of Dining Experience **Andrew Santalucia and Shirley B.**; **Paul W.**; **Margaret T. and Chef Gemi Gicana***

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NEWSLETTER CONTRIBUTORS

Kristen Cipriano
Olmsted Program Director

Michael Sallen
Resident

**Madeline Ludtke &
Carina Fuller**
Lesley Interns



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AROUND THE COMMUNITY



Olmsted Residents have been creating lots of fall-themed art over the last few weeks. One project was creating an Olmsted Community

Tree. Residents (including *Carolyn C.*, at left) used watercolors to create beautiful fall leaves and then they were displayed with the names of all the residents and associates who work on that floor.



Everyone loves walking by and looking for his or her name!



Carol A. (above) was a recent recipient of the Goddard Lifetime Achievement Award. This special award of personal recognition allows our whole community the chance to get to know residents on a personal level and help share their life story with fellow residents and our staff!