



GODDARD HOUSE

ASSISTED LIVING & MEMORY SUPPORT

Parkinson's in Motion @ Goddard House

Art Therapy Support Group for Care Partners

Fridays 3/26, 4/2, 4/16, 4/23, 4/30 * 1:00 pm -2:15 pm * On Zoom



Free and open to the Parkinson's Care Partner community!

No Art Experience Required

Register Now!

Email Erica Curcio at ecurcio@goddardhouse.org

Or call 617-731-8500

Are you caring for someone living with Parkinson's Disease and looking for more support? Do you want to be part of a community of Care Partners traveling on a similar journey as you? Our five week, art-based support group on Zoom is waiting for you! This group is an opportunity to:

- Focus on *your* mental health for 75 minutes of respite from caregiving
- Learn how to use the arts to process and communicate feelings associated with caring for a loved one with Parkinson's Disease.
- Enjoy new connections with others experiencing similar struggles



*Supported in part by a community
grant from the Parkinson's Foundation*

Registered Art Therapist & Licensed Mental Health Counselor, Erica Curcio, specializes in working with older adults living with chronic, progressive diseases, like Parkinson's, and their Care Partners.

Offered as part of **Parkinson's in Motion @ Goddard House**, which includes the following programs: Movement & Expressive Therapies, Educational Speaker Series, and a monthly Classroom Support Group on Zoom.