



October 2021

Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

**Alzheimer's Mini-Walk at
Goddard House**
Friday, October 15th
from 1:00–3:00 P.M.

GODDARD SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the third Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. Meets monthly on the fourth Thursday.

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M.

Please contact EnrichedLIFE Director Rebecca Margolin at 617-731-8500, or rmargolin@goddardhouse.org for more info.

Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Gabrielle Lewinson was born in Germany just before the start of WWII. She shared with me her story of being brought to Belgium by her parents in 1938, where she survived the Holocaust in hiding. Her father lived through two concentration camps, and arrived in the United States in 1941. There he founded a pharmaceutical company in New

York, where Gabrielle was finally able to join her father in 1946. Having learned French during her time in Belgium, Gabrielle studied French at Queens College and graduate school at Yale. She became a French teacher at Howard University in Washington, D.C., and later at the University of Illinois. Gabrielle married her husband Victor and in 1960 moved to the Boston area, where she has been living ever since. She spent many years in Lexington, beginning as a teacher at Brandeis, and then staying home to raise her two children, Jim and Anne. Gabrielle loves America—she feels grateful towards the country that gave her shelter, an education and her husband!

Here at Goddard House, Gabrielle spends time reading, and often comes to enjoy our concerts in the Palm Court. Gabrielle, we are happy to have you here!

-EnrichedLIFE Director Rebecca Margolin

Abe Lincoln Alive!

John Voehl, a nationally recognized Lincoln Historian and Presenter, visited us at Goddard House to bring the story of Abe Lincoln alive for our residents! We were treated to John's presentation, "Gettysburg Address & the Rest of the Story" followed by photo opportunities with Lincoln himself!



*Abe Lincoln Alive with Dining Associate **Marcus Gonyon** (top right); second row: **Sylvia M.**, **Gloria C.**, and **Jewel B.** Bottom row: Lincoln with **Arthur F.**, **Michael S.**, and **Musia W.***



Around Goddard



Clockwise, from top left: Flamenco with Yosi! Enjoying the show are Programming Assistant Marie Jeanty and Elaine S., and Shirley U.; Cookin' Up Jazz with the Wolverine Jazz Band enjoyed by Maxine S. Bridge is Back with Heidi F., Ilga K., Kathy M., and Barbara S.

Changes

by Resident John Kaufman

There's something unique about autumn in New England. The air begins to take on a sharper edge. Trees slowly transform from leafy green to a warm symphony of red and gold. Leaves crackle underfoot and proclaim the season by filling the air with their dusky perfume.

For children, the reward for raking an enormous pile of leaves is the pleasure of jumping into them once gathered. Riding through the transitioning woods on a familiar horse affords a gentle outing; worlds removed from journeys by car.

Houses are filled with the crisp crackle of a blazing fireplace and the comforting scent of apple cider warming on the hearth. Chestnuts give off a smoky aroma as pies cool on a nearby windowsill.

For all of its pleasures, the season is imbued with a gentle melancholy. Soon, the air will chill as trees lose their rainbow leaves. Sunsets will come early and crisp nights will reveal winter stars. New England Autumn is a short-lived treasure.



Ted Powers Entertains



*Clockwise, from top left: Ted Powers giving a concert in our courtyard; enjoying the show are **Kit W. and Marie S.; Ros G. and Laura C.; Mimi H., Peggy M. and Veronica D.; and Lillian T. and Helen W.***

ASSOCIATE PROFILE



Art Therapist
Meredith Griffiths, LMHC, ATR, CDP, is thrilled to return to Goddard House

16 years after she completed a graduate-level expressive therapy internship here in the 2004–2005 academic year. Her experience with the Olmsted residents at that time is where she first found her passion for working with persons living with dementia and using the creative arts to facilitate communication, highlight strengths and share joy.

Since then, Meredith has served as the therapeutic program director for another senior living community, working with older adults of all ability levels and their caregivers. She has volunteered as a support group leader for the Alzheimer’s Association, and as a member of the Museum of Fine Arts Access Advisory Board. Meredith is also excited to continue serving as a site supervisor for Lesley University’s expressive therapy interns and expects two interns to join us very soon!

When not working, Meredith has a 4-½ year old who keeps her and her husband very busy. Her family enjoys spending time together in the mountains, hiking in the summer and snowboarding in the winter. She can’t wait to meet everyone and start creating together!

*-Olmsted Program Director
Kristen Cipriano*

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NEWSLETTER CONTRIBUTORS

John Kaufman
Resident

Rebecca Margolin
EnrichedLIFE Director

Kristen Cipriano
Olmsted Program Director



GODDARD HOUSE

ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street
Brookline,
Massachusetts 02445
617-731-8500

WWW.GODDARDHOUSE.ORG