



# Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

#### CELEBRATE THE HOLIDAYS!

Thursday, December 16 at 4:30 P.M.

Delight in the sights and sounds of the season with the lighting of our community-themed holiday trees, jazz Christmas quartet, and stunning ice sculpture!

## GODDARD SUPPORT GROUPS

### Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3<sup>rd</sup> Thursday.

### Caregiver Education and Support Group

This group welcomes Goddard House family members. Meets monthly on the 4<sup>th</sup> Wednesday.

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M. Please contact Director of Social Services Becca Mayfield at 617-731-8500, or [rmayfield@goddardhouse.org](mailto:rmayfield@goddardhouse.org) for more info.

### Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at [kcpriano@goddardhouse.org](mailto:kcpriano@goddardhouse.org) for more info.

## RESIDENT PROFILE



At Goddard for almost two years, **Sally Schloemann** is originally from Louisiana. After double-majoring in music and math in New Orleans, Sally worked for University of Virginia. She came to Boston after encouragement from her brother to pursue a career at MIT. When searching for jobs, Sally had to apply under the Male “Help Wanted” section—at that time,

working on technology’s cutting edge was considered men’s work. She spent 40 years working at MIT as a computer programmer, and feels proud of her achievements. Sally’s contributions include writing the first graphics system for timesharing, writing a general purpose scheduling program used to build the tunnel system under Harvard Square, and the remodeling of Philharmonic Hall. Not “men’s work” after all!

Sally is also proud of her lifelong involvement in civil rights issues. It began in the 1960s in Cambridge, when she witnessed several older women being forced out of their apartments, unable to afford rising rental prices. Sally initiated a class action suit, and after many efforts, including working with Cambridge’s first female mayor, rent control was finally put in place. Sally has strived to stay active in civil rights throughout her lifetime.

Sally’s love of music began with piano lessons at age four, when she could barely reach the keys! She may now often be found practicing in Goddard’s Palm Court, and is always ready to share a smile and a conversation. Sally, we’re happy to have you at Goddard!

-EnrichedLIFE Director Rebecca Margolin

# Goddard House Resident Artists

by Community Art Therapist *Meredith Griffiths*

Currently on view in Gallery M are works by two Goddard House resident artists. Portraits, still lifes and landscapes in pastel by Susan R. are displayed opposite abstract acrylic paintings and bronze, wood and soapstone sculptures by Musia W. The dramatic contrast between the artists' unique styles and choice of medium makes for an engaging exhibition that invites the viewer to appreciate the way each artist sees the world.

Both long-time artists who continue to create, Susan and Musia discussed their techniques, creative processes, and inspiration with the Goddard House community at an opening reception on November 8<sup>th</sup>. Residents and associates

enjoyed hearing stories about their experiences working as artists, and how they got started on their respective paths. Attendees were even invited to try their hand at a few different types of pastels to learn more



*A demonstration in pastels at the opening reception*

about the medium. We hope you will stop by Gallery M on your next visit to see the work of these talented residents! 



*Musia W. (above) and some of her works that were on display*



*Susan R. (right) and some of her paintings that were on display*



## Celebrating Della



On November 21<sup>st</sup>, resident **Della M.** was presented with a Lifetime Achievement Award, celebrating her contributions to the nursing field. Della founded and was the dean of the nursing program at Wayne County Community College, and throughout her career made a lasting impact on expanding the role of African Americans in the healthcare field. Della was also dedicated to her community and to her family, serving as a volunteer in numerous roles, and raising three children, all of whom were present at her award celebration! Among other accomplishments, Della was inducted into the Michigan Women's Hall of Fame, and honored as one of Detroit's Most Influential Black Women. Della, we are happy to have you as a member of the Goddard community!

## Community Pie Donation

The Goddard House team delivered 30 Thanksgiving pies to the Brookline Senior Center to be distributed to local seniors. This was a first in what will become a new annual tradition at Goddard House!



*Left to right: Senior Center Program Director **Jamie Jensen**, Goddard House Director of Community Partnerships **Christine Nagle**, Senior Center Supervisor of Services & Operations **Julie Washburn**, Goddard House Interim Executive Director News-**Johanne Marcellus**, and Goddard House Director of Social Services **Becca Mayfield***

*& Operations **Julie Washburn**, Goddard House Interim Executive Director News-**Johanne Marcellus**, and Goddard House Director of Social Services **Becca Mayfield***

## House Full of Holidays

*By Resident **John Kaufman***

In my family, we celebrated everything. On our indoor sun porch, the menorah had a place of honor. Each night, we lit the candles in celebration of a joyous season. Over in Brooklyn, visits to Grandpa and Grandma were sure to include a meal full of traditional favorites.

Dad and I got into the car and cruised Liberty Avenue. Dad was looking for a particular man “in a goatskin vest” who sold Christmas trees. When he’d been found, Dad bargained in Yiddish with him for the price of the tree.

Mom always tried to convince my father not to get too big a tree. Each year, he returned with one that scraped the living room’s twelve foot ceiling. My mom’s mother and my step-grandfather helped us trim the tree.

It was a tradition in our house to include carefully saved ornaments from years gone by. Once all of them had been hung, the battle of tinsel would begin. Dad and I liked to festoon the tree with as much as possible. Mom held out for a more tasteful display.

With the sun porch bathed in the golden glow of the flickering menorah and the living room alive with Christmas lights, we’d gather by the fireplace. There, Dad would roast chestnuts that filled the house with their delicious, smokey perfume.

My sister and I would end each evening unwrapping that day’s Hanukkah gift. On Christmas morning, we’d quietly steal downstairs to retrieve the bulging stockings filled with small presents.

I hope you grew up with a house full of holidays.





# Gratitude Tree

Community Art Therapist **Meredith Griffiths** and our expressive therapy interns from Lesley University worked with the residents to create the leaves for our Gratitude Tree!



*Clockwise, from top left: the Gratitude Tree and its leaves; **Mimi H., Marie S., Veronica D., and Grace M.** designing their personal messages about the things for which they are thankful.*

## ASSOCIATE PROFILE



Director of Social Services  
**Becca Mayfield** came to us from Center Communities of Brookline, where she worked for over five

years helping

connect older adults to services and supports that helped them live their lives independently. Becca earned her Master of Social Work degree from Simmons University here in Boston, and her bachelor's degree in creative writing from Elon University in North Carolina. In her free time, Becca is an avid reader, enjoying anything from literary fiction to magical fantasy novels. She is also a new runner (thanks to the COVID-19 pandemic), and enjoys attending yoga classes. Becca learned to knit from the residents at her previous company, and finds making scarves, socks and sweaters by hand to be very calming and therapeutic. Becca is a cat lover, and has an eight-year-old Maine Coon grey tabby named Otto Bahn. She is looking forward to meeting the cats here at Goddard House and getting to know their owners and neighbors! Becca's office can be found on the 2<sup>nd</sup> floor, off the lobby elevator and she welcomes visitors to stop by and introduce themselves! She's very excited to be a part of the Goddard team and looks forward to meeting everyone soon!

*-Olmsted Program Director  
Kristen Cipriano*

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### NEWSLETTER CONTRIBUTORS

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Community Art Therapist



## GODDARD HOUSE

ASSISTED LIVING & MEMORY SUPPORT

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