



April 2022



# Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

WEDNESDAY, APRIL 27

*"I'm Getting Older, Too!" Later in Life Parent-Child Relationships that We Didn't Expect*

Featuring Kathrin Boerner, PhD and Elizabeth Gallagher, MS of the Boston Aging Together Study

5:30–7:00 P.M. in person or on Zoom. RSVP to 617-731-8500 x143 or [cnagle@goddardhouse.org](mailto:cnagle@goddardhouse.org).

## GODDARD SUPPORT GROUPS

### Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3<sup>rd</sup> Thursday.

### Caregiver Education and Support Group

This group welcomes Goddard House family members. Meets monthly on the 4<sup>th</sup> Wednesday.

The above groups meet with Barbara Moscowitz, MSW virtually via Zoom from 7:00–8:30 P.M.

Please contact Director of Social Services Becca Mayfield at 617-731-8500, or [rmayfield@goddardhouse.org](mailto:rmayfield@goddardhouse.org) for more info.

### Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at [kcipriano@goddardhouse.org](mailto:kcipriano@goddardhouse.org) for more info.

## RESIDENT PROFILE



We have had the pleasure of knowing **Nancy Kass** for over a year now. If you've not met Nancy, chances are you've seen her at the puzzle table in the Country Kitchen. Nancy grew up in Brooklyn, New York, with her twin sister. As children, the two were different as can be, with Nancy the more athletic of the two while

her sister focused on schoolwork. Nancy played everything from punch ball to two-hand touch football. She was a fast runner, and has a memory of tying in a race with the fastest female runner of the New York Police Athletic League—even winning ahead of the fastest male runner! Nancy also fondly remembers skiing in Vermont, and in Canada on Mont Tremblant “beyond the clouds,” recalling that everything sounds different when you're that high up. Nancy raised two daughters, and also had a challenging and interesting career in the Fraud Department of JP Morgan Chase. Aside from doing puzzles, another hobby of Nancy's is calligraphy. She loved to draw as a child, inspired by her grandfather, who at 80 years old had paintings featured in a Brooklyn museum. Nancy, we are happy to have you at Goddard!

*-EnrichedLIFE Director Rebecca Margolin*

All visitors must first **check in** at the front desk for contact tracing purposes and **wear a mask** for your entire visit.

*Thank you!*

# Irish For a Day!



Taking part in our St. Patrick's Day Social are (top row, left to right): **June L.**; **Drew R.**; **Bob M.**; and **Grace M.** Second row: **Kit W.**; **Linda B.**; Housekeeping Associate **Sheereen Hossen-Montrose**, Reception Associate **Patti Barrows**; and Housekeeping Associate **Betty Gomez**. Bottom row: **Susan R.** and **Maggie B.**; **Veronica D.**



## Frames

by Resident *John Kaufman*

Reel to Reel is a group that meets twice a month to discuss various aspects of film. Almost everyone loves the movies. As a result, films become a powerful means of connection and communication. Residents come here from a wide variety of locations, experience and backgrounds. Yet, when they share their favorite films, they discover common experiences. For example, many of us remember the neighborhood movie house we went to as kids. The films we saw back then have become an indelible part of our past. Movies are a visual and verbal language that transcend boundaries and encourage the exploration of memories and emotions. By sharing movie recollections, people often discover unexpected common bonds. Stop by Reel to Reel and you might meet “old friends” on screen, while making new ones among fellow audience members.

*John Kaufman has had a lifelong love and appreciation for film, and spent many years working in Hollywood on numerous productions. He now works with our EnrichedLIFE team to thoughtfully curate and write descriptions for the nightly film program at Goddard, with a goal of showing a range of classic and modern films that span a variety of genres. John is always happy for suggestions, so if there's a certain movie, genre, or actor that you'd like to see more of, drop a note in the suggestion box by the coffee machine!* 🏔️

## The Reunion Project is Back!

The Reunion Project is returning to Goddard House! The Reunion Project gives senior women a voice for speaking to young women about life choices and decisions.

This interactive, trans-generational presentation uses photographic images, text and the spoken word to create an environment that invites and facilitates reflection and meaningful discourse between women at both ends of the age spectrum. It was previously exhibited at Goddard House in 2017.

Come meet Lora Brody, the Boston-based portrait artist and founder of the Reunion Project on **Tuesday, April 12<sup>th</sup> at 1:30 P.M.** in the Library. Learn more about the project, and the opportunity to participate in an exhibition at Goddard House this summer.



*Residents using their skill and creativity at Open Studio are (left to right): Carol A., Helen W., Ivy L., and Joan W.*





# Birthday Celebrations!

The guests of honor at our recent Birthday Lunch are (top row): **Shirley B. and Theresa C.**; second row: **Betty H. and Sunil K.**; and third row: **George C. and Mima L.**



## ASSOCIATE PROFILE



Dining Associate **Marcus Gonyon** joined the Goddard team back in 2020, celebrating his two-year anniversary in February.

He explained that when he was growing up in Liberia he spent a lot of time with his grandparents and was especially close to his grandmother. The fond memories of his grandparents were part of the reason he decided to come work at Goddard House after moving to the United States in 2016. He loves spending time with the residents, learning about their pasts and chatting with them. Marcus works in our Dining Room, and while it can definitely get busy he said that he loves working here because everyone pulls together to operate as a team. Outside of work, Marcus said he loves listening to all kinds of music and catching up on the latest movies. Marcus brings so much compassion, kindness, and lots of laughter to Goddard House each day. We are so lucky to have you, Marcus!

-Olmsted Program Director  
*Kristen Cipriano*

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### NEWSLETTER CONTRIBUTORS

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