

ASSOCIATE PROFILE



Traditional Wellness Nurse Florence Hatchett is a new helping hand here at Goddard House. She took some time to tell EnrichedLIFE Director Jennifer Miller a little bit about her passion for caring for others, and how she loves to spend her free time.

What brought you to Goddard House?

I was drawn to Goddard House after a friend referred me to the community and I fell in love with the place at first sight! It's a beautiful community. Since joining the team, I have found that the residents are welcoming and the staff is friendly.

What inspired you to become a nurse?

I have always been a caring person and was drawn to helping people. The nursing profession always felt like the right fit for me. I was lucky to have this insight so early on. I am excited to utilize my skills within this community.

What was the last book you read?

The last thing I read was *Born a Crime* by Trevor Noah, which is an autobiography (with a comedic tone) about growing up in South Africa.

What are some of your favorite things about the holiday season?

I adore decorating the Christmas tree with my children. During the holiday season I give back what little I can manage to the people in Africa.

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NEWSLETTER CONTRIBUTORS

Jennifer Miller,
EnrichedLIFE Director

Michaela Barrows,
Outreach Coordinator

Ginny Mazur, Community
Partnership Director

Lance Chapman, Interim
Executive Director



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WWW.GODDARDHOUSE.ORG

Opening Minds through Art (OMA) LeadingAge Award

by EnrichedLIFE Director **Jennifer Miller**

Goddard House has been awarded the 2017 Program Innovation of the Year Award by LeadingAge Massachusetts for a pilot program of Opening Minds through Art. OMA is an art program created for individuals living with dementia as a creative outlet to express themselves. Utilizing no-fail, abstract art techniques, artists work one-on-one with a trained volunteer to create original pieces while fostering feelings of autonomy and individuality. The awards were held on October 12th at Carleton-Willard Village in Bedford.

Accepting the award for Goddard House were Community Partnership Director **Ginny Mazur** and EnrichedLIFE Director **Jennifer Miller** (both OMA facilitators); former Goddard House Intern and OMA volunteer **Sarina Van Zyl**; and OMA Artist **Bernice Z.** Bernice, filled with emotion, was once again struck by the beauty of her own artwork.

Since receiving this award, Olmsted Place has continued to engage residents through OMA groups. This fresh batch of artwork will be on display in our very own Gallery M this spring.

Congratulations to all who participated in this wonderful program! 🏠



Team Goddard poses with the 2017 Program Innovation of the Year Award



December 2017

the Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

SATURDAY, DECEMBER 9

Pianist Mark Tavenner at 7:00 P.M.

TUESDAY, DECEMBER 12

First Day of Hanukkah! We will have the lighting of the menorah and prayers with Roberta Gross-Torres at 4:30 P.M.

SATURDAY, DECEMBER 16

Bruce Hambro presents, "Tony Bennett and Miss Peggy Lee" at 3:30 P.M.

SUNDAY, DECEMBER 17

Pianist and composer Erik Gustafson at 3:30 P.M.

THURSDAY, DECEMBER 21

Jazz guitarist Joe Weinberg at 7:00 P.M.

SUNDAY, DECEMBER 31

Vocalist Matt McCabe at 3:30 P.M.

Public is welcome at all events!

RSVP to Jennifer Miller at jmiller@goddardhouse.org
or 617-731-8500 x110

RESIDENT PROFILE



Last spring we welcomed **Elaine Herther** into our Goddard House community. Elaine is a fascinating woman who has enjoyed an artful lifestyle. She enjoys reading and painting to music. Elaine is a family-oriented woman who enjoys spending quality time with her family, including her adorable dog, Luck, whom I got the chance to meet!

Throughout her childhood, Elaine enjoyed looking at illustrations and visuals found in her father's book collection and developed an appreciation for the arts. In her twenties, Elaine's mother would encourage her to go and take art classes at the Museum of Fine Arts or different institutes in Cambridge. This appreciation for art was handed down to her daughters, who pursued education in the arts. Kristin, one of Elaine's daughters, grew up knowing that her mother was a painter, as they were surrounded by beautiful paintings hanging on the wall, including portraits of people and seascapes. Elaine was very encouraging of five-year-old Kristin's art interests and provided some of the best art supplies to experiment with. During our lovely conversation, Kristin described her mother as having "an incredible appreciation for art and an incredibly good eye."

Elaine is adored by the Goddard House community—staff and residents alike. She is known as a "fashionista" with a heart of gold! Elaine is a philanthropist with a generous nature yet a humble personality.

Getting to know Elaine and her daughter through both conversation and art has been such a delight and honor.

Joy Geha, Lesley University Intern

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Opening Minds through Art program participants

Support Autonomy, Choice, and Innovation

with a gift to our

2017 Annual Appeal

www.goddardhouse.org/donate.html

Holiday Parties at Goddard House!

OLMSTED PLACE

Thursday, December 7th

Dinner served at 5:30 P.M.

Dancing to The Winikers at 7:00 P.M.

RSVP to Marie Curcio

617-731-8500 x144 or

mcurcio@goddardhouse.org



TRADITIONAL

Thursday, December 14th

Appetizers and Drinks at 5:30 P.M.

with music by Lindsay Straw

Dinner served at 6:00 P.M.

RSVP to Jennifer Miller

617-731-8500 x110 or

jmiller@goddardhouse.org

When responding, please indicate the
number of children attending



John Neri of Green City Growers, Bridgina B., and Community Partnership Director Ginny Mazur complete our last harvest!

ALWAYS OUT
AND ABOUT!



Bill D., Marie S., and Ethel G. join EnrichedLIFE Assistant Emily Jenkins for a walk by Jamaica Pond. With the unseasonably warm weather, residents enjoyed outdoor walks late into the season!



Left: Susan F., Linda K., Emily, Peggy S., and Mimi H. under a 15-star flag on display at the Masonic Museum in Lexington

Growing the Farm at Goddard House Goes Cajun

Sowing Some Seeds in New Orleans at the 2017 LeadingAge National Conference

by Community Partnership Director **Ginny Mazur**

Last month, the Goddard House team had the honor of presenting our farm project at the 2017 LeadingAge National Annual Meeting & Expo in New Orleans, along with partners from Green City Growers and Yardbirds Backyard Chickens. Together, Interim Executive Director **Lance Chapman** and Community Partnership Director **Ginny Mazur** joined over 7,000 attendees from not-for-profit organizations representing the field of aging services in the United States. Our presentation audience was mostly executive directors and EnrichedLIFE directors seeking to start, improve, or rejuvenate their own gardens and farming initiatives in communities for older adults across the country. Our enthusiasm and first-hand accounts of the therapeutic effects on our residents, paired with the expertise and success that **Jessie Banhazl** of GCG and **Khrysti Smyth** of Yardbirds brought to the presentation, encouraged our audience to take some bold steps forward. We hope to hear from some of these folks next spring and summer on their progress.


As I boarded my flight to New Orleans at Logan Airport, greetings of, “Hi, how are you?” rang out. I’ve never been on a flight with three of my former supervisors who had served as Goddard House executive directors and scores of other eldercare leaders! Right there, a deep sense of appreciation for the commitment and dedication that abounds in our field took hold and stayed with me throughout the trip.

LeadingAge offers a strong and distinct voice for its nonprofit members as we all strive to be trusted voices for aging in America. One theme central to this year’s conference was ageism. I was inspired to participate in the topic because we are planning a town-wide event (stay tuned!) to address ageism in March 2018 through the Brookline Community Aging Network. These words of LeadingAge member **Carol Silver Elliott**, framed the workshops that I attended: “Regardless of our date of birth, we are all entitled to be treated as

individuals, with respect and attention. We deserve the opportunity to express ourselves, to be addressed directly and not through a third party—well-meaning though they may be. None of us would choose to be marginalized or disenfranchised; why would we allow it to happen to our older adults? How do we begin to fight ageism? By calling it when we see it, in ourselves and in others; by thinking about the way we treat older adults, including the way we interact and the language we use.”

Stepping outside the conference, I was cast aglow by memorable sights, sounds, and tastes of the city. The tantalizing aroma of Cajun gumbo spices wafting from restaurant doors delighted during a stroll through the French Quarter where we met up with Lance and Gwynne **Chapman**

to attend a traditional New Orleans concert at Preservation Hall. The venue is only the size of the Goddard House Palm Court but it’s power-packed with talent! Lance and Gwynne had also taken in a Mississippi Riverboat cruise and had searched the city for New Orleans best beignets, which they finally found at Café du Monde on Decatur Street. Likewise, the bread pudding soufflé I had at Commander’s Palace jazz brunch literally got Lance and me up and dancing!

We loved our time at the 2017 LeadingAge Annual Meeting & Expo and in the distinctively marvelous city of New Orleans. We were proud to be there to represent Goddard House Assisted Living among our peers and colleagues. 



Left to right: Khrysti Smyth from Yardbirds Backyard Chickens, Interim Executive Director Lance Chapman, Community Partnership Director Ginny Mazur, and Jessie Banhazl from Green City Growers