

# the Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

#### SATURDAY, JULY 14

Join us for our Annual Family Summer BBQ from 11:00 A.M.–2:00 P.M., featuring a Wild West theme, photo booth, and entertainment by the Revolutionary Snake Ensemble! RSVP to Lance Chapman at [lchapman@goddardhouse.org](mailto:lchapman@goddardhouse.org)

#### WEDNESDAY, JULY 18

Goddard House will sponsor a concert by Country artist Alex Shillo at Brookline High School at 6:00 P.M.

#### THURSDAY, JULY 26

“Grab Your Passport! Destination: Morocco” will feature a 4:00 P.M. dance performance followed by a Moroccan dinner. “Our Lives in Jazz” will feature guest speakers Bo and Bill Winiker. This keynote lecture kicks off our Cookin’ Up Jazz concert series. Reception at 6:00 P.M., presentation at 6:30 P.M. RSVP to [reception@goddardhouse.org](mailto:reception@goddardhouse.org)

### RESIDENT PROFILE



On a rainy day at Goddard House, I had the pleasure of sitting with **Marcia Harol** (on left) and her sister Milly (on right), in our cozy library. As the rain poured down, we discussed our favorite memories of summer and the warm weather soon to come. Being it that Marcia was a math teacher by trade, she took full advantage of her summers off. One summer, she traveled to Cairo, Egypt when her sister Milly lived there! Marcia stayed with Milly the entire summer and enjoyed everything from visiting the Holy Land to riding a camel through the desert! While Brookline is quite different than Egypt, Marcia is looking forward to the summer at Goddard House. She mentioned that one of her favorite activities is to spend time with her sister and friends in the gazebo, before enjoying Happy Hour outside, as the day ends. Since joining our Goddard House community, Marcia has loved meeting new people and getting involved. From daily exercise classes to walks in the park, there is always something fun to do and something new to try. Marcia loves having the opportunity to invite her sister to join in on activities and she suggests that all residents, new or old, should try new things and do what they can to be involved. You never know what you will fall in love with.

-EnrichedLIFE Assistant Emily Jenkins

## Family Appreciation Night

by Marketing Director **Lance Chapman**

On Thursday, June 14<sup>th</sup> we held our second Family Appreciation Night of 2018. Our new Executive Director **Carolyn Sandel** presided over this great tradition of bringing all aspects and stakeholders of our community together on a quarterly basis. Highlights from the meeting included the introduction of newly appointed Resident Care Director **Barbara Flynn**. Barbara has served for the last year as our Wellness Nurse on Olmsted Place and has been a leader in the field of assisted living for many years. We congratulate Barbara on her well-deserved promotion.

We are also happy to announce that Goddard House has earned more local accolades as the premier senior living community in the Brookline area. Wicked Local Media/*Brookline Tab* has informed us we have won three of their 2018 Reader's Choice Awards:



**REGIONAL SILVER FOR ASSISTED LIVING**

**#1 CHOICE FOR ASSISTED LIVING (BROOKLINE)**

**#1 CHOICE FOR RETIREMENT LIVING RESIDENCE (BROOKLINE)**

Also discussed were the upcoming renovations planned for our Olmsted Memory Support Neighborhood later this year along with start dates and scope of the work.

Lastly, our agenda included the results of our Annual Customer Satisfaction Survey through which we gleaned data from polling families, residents and staff about their level of satisfaction with many of the aspects of assisted living. Our scores were very positive and showed improvement in most areas over last year's results. We look forward to our next Family Appreciation Night in September.

## Well-Being

By Resident Contributor **Musia Watkin**

We can ask ourselves is life a rubbish dump even while it is being lived (and more so perhaps afterwards) or is it a box of memories that you can take out and muse over—contemplate, find amazement, gratification and even contentment by just recalling your seemingly endless youth, your vitality, your zest for life, your achievements, and who you were.

Then gracefully accept who you are now, your peaceful way of life in a warm haven, a place to rest, surrounded by friendly people who are caring and attentive about your welfare. And sometimes being grateful at not having to join the mainstream of the present technological age, with its many hazards and complications that can be so overwhelming.

Having lived at Goddard House for six years amongst a diverse group of people from all walks of life with different perspectives, different expectations and outlook, I realize how important it is to abandon griping and to take on compassionate acceptance. I think that is quite a good trade.



“In our aging lives we are left with all that was ours to hold in the first place.”

*Barbara Lazear Ascher*

*Left: Musia W. at the Arnold Arboretum enjoying the lilacs while in season*

## GODDARD HOUSE HAPPENINGS



Top row:  
**Devora Corman** was presented with a Lifetime Achievement Award in June. Three of Devora's four children, grand-



daughter, and family dog (named Fenway), were all there to share stories and cake with Olmsted residents. Second row, left to right: The famous Goddard House chickens are always leaving gifts; A bagpiper performs for our "Grab Your Passport! Destination: Scotland" day; **Kitty O**'s smile is infectious. Bottom row: **Peg S.** participates in our drum circle; **Bridgina B.** presents a thank you gift to State Representative Sanchez, who came to speak at Goddard House; Longtime resident **Luvinia M.** enjoys a warm June day

# Senior Living Residences and Goddard House Board of Trustees: Mission Alignment

by Marketing Director *Lance Chapman*

Over two years ago, the Goddard House Board of Trustees engaged Senior Living Residences (SLR) to manage the day-to-day operations of the Community. Since that time, SLR has assisted, trained, recruited, supported, advised, managed, coached, and guided the managers and staff here at Goddard House. As between any two new partners, a season of testing the waters takes place. Roles and relationships are built and refined. Unless there is a foundational alignment of values, however, these partnerships are often short-lived.

Having worked here through the transition over these past two years, I have had a front row seat to this process. I have personally witnessed this partnership growing in strength and trust as each season passes and as new challenges are resolved together. I believe an alignment of Mission and Values between the Goddard House Board and SLR is what will continue to foster this healthy partnership.


To illustrate my point further, I thought it would be helpful to juxtapose some of these mission statements so readers can better see the ways in which both the language and the spirit within the language are aligned.

*Excerpted from Goddard House Mission & Values Statement:*

**Compassion**—We offer support with empathy and compassion.

**Respect**—We nurture a sense of community and belonging by treating residents, family members, staff and all other members of our community, with respect, without regard or age, ethnicity, religion, income, ability, sexual orientation, or gender preference.

*Excerpts from SLR's Right Values: Resident Quality of Life* is our number one priority. "People before paperwork" means that caring associates treat residents with compassion and dignity. **Valued Associates**—at SLR, associates are treated as valued and respected professionals.

Both Mission Statements also mention Innovation, lifelong learning and discovery, along with strong language for **Transparency** and **Integrity**. Once we look at these key philosophical and practical alignments, it is clear to see why this partnership is a win for Goddard House. This alignment of mission allows all of us whose lives make up this community to feel assured that good things are happening and more meaningful initiatives produced by this partnership lie just ahead. 



**SAVE THE DATE!**

**Sunday, September 23<sup>rd</sup>**

Goddard House will be fielding a team for our fifth consecutive year at the Greater Boston Walk to End Alzheimer's. Our Walk Team consists of associates, family members, residents, friends and anyone else who would like to join. We will be announcing our Walk Team Kickoff Party in July.

*Please plan to join us!*

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