



the Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

SATURDAY, JUNE 9

Dynamic vocalist Matt McCabe entertains at
3:30 P.M. *Public is welcome!*

THURSDAY, JUNE 14

Family Appreciation Night at 6:30 P.M.

FRIDAY, JUNE 15

Coffee and Conversation with Carolyn at
8:00 A.M.

SUNDAY, JUNE 17

Musician Jim Kellerman at 3:30 P.M.

SUNDAY, JUNE 24

Patrice Monahan Jazz Trio will bring us
infectious melodies and percussive grooves at
3:30 P.M. *Public is welcome!*

TUESDAY, JUNE 26

Mindful Aging presentation with Bob Linscott
at 6:30 P.M.

For public events, RSVP to Jennifer Miller at
jmiller@goddardhouse.org or 617-731-8500 x110

RESIDENT PROFILE



Mariah Daly has been a resident at Goddard House for about a year. Mariah was born and grew up in Connecticut. She has a brother and two sisters whom she loves dearly, but because of distance, does not get to see them often. In describing her career Mariah says, “I loved nursing the first 20 years, then

I went into art education with children and Alzheimer’s patients [and loved that too.]”

Mariah’s favorite pastimes and current hobbies are painting and reading. Mariah encourages and recommends everyone at Goddard House to read *A Gentleman in Moscow* because it is a wonderful story with good character development. Mariah mentioned that in her spare time she loves painting. She adores the classes with Nancy, whom she describes as “the best art teacher I’ve ever had.” Mariah went on to explain that “the country kitchen has wonderful light and space to paint in. I like to paint still life, birds, butterflies, landscapes and seascapes.”

A very proud moment for Mariah was when she had a “one-woman show” featuring only her art, at the Kaji Aso Studio in Back Bay. There, Mariah showcased 15 watercolor paintings. The show was named “La Primavera” and it was a moment in her life that made her feel honored and gratified.

Mariah also truly enjoys our resident poetry readings every Saturday. She describes the poetry group as a time and place that helps residents express feelings and emotions without getting too personally deep. We were pleased to get to know Mariah a little better, and thank her for opening up and sharing her life with us. The Goddard House community is lucky to have such a compassionate soul.

-EnrichedLIFE Assistant Florise Luc

2018 Right Values Star Awards Nominees Announced

by *EnrichedLIFE* Director **Jennifer Miller**

Senior Living Residences (SLR) will be hosting the 2nd Annual Star Awards on Tuesday, June 5th which honors all-star associates and residents company-wide. Goddard House has recently announced the five nominees from our community and would like to feature some of the kind words from their nominations.



RESIDENT QUALITY OF LIFE

John Lumiib, *Wellness Nurse*

“John is a nurse who understands and embodies the concept of caring for the whole person. John understands some of the most important tasks he performs

are those not written on any service plan—but are a part of his regular, wonderful way of treating each resident.”

VALUING ASSOCIATES

Emmanuelle Winnie,
Dining Associate

“Without a blink of an eye, Emmanuelle jumps in wholeheartedly, ready to help. Not only does he work as a true team member, he often takes on leadership without being asked. No matter his role, Emmanuelle treats residents with care and compassion while maintaining a positive attitude throughout the day.”



SPIRIT OF INNOVATION

Lounedelle Lapierre, *Resident Care Associate*

“Lounedelle has wonderful enthusiasm, collaboration, and love for residents. She brings and encourages joy, creativity, and absolute engagement into her role as an Opening Minds through Art (OMA) staff member.”



DISCOVERY

Ginny Mazur, *Community Partnership Director*

“A highly respected and beloved leader within our Goddard House community and well beyond our walls, Ginny is a gentle force, an innovator, a quiet mover and shaker! Creativity, competence, and kindness course through her being and propels this tiny powerhouse to promote the ideas, growth, and change that have benefitted residents, family members, and associates as well as the greater Brookline community that surrounds and supports Goddard House.”



INTEGRITY

Kristen Cipriano, *Programming Assistant*

“Kristen embodies the essence of integrity through her sensitive interactions with residents, associates, and family members, eagerness to research and bring new ideas to enhance resident programs, and willingness to do whatever the team needs to assure the residents’ best day. She is dedicated to supporting the right of the individual living with dementia to exercise choice and be treated as a person of value, and creating opportunities for continued enjoyment of lifelong pursuits.”



RESIDENT SPIRIT

Arlene Williamson, *Goddard House Resident*

“Arlene is one of those residents who make up the heart of the home here at Goddard House. She is a wonderful example of someone who puts her own struggles and challenges of aging aside to put the needs of others first. She has a way of offering her friendship and support to her newest neighbors with equal portions of listening and encouragement. She possesses an infectious smile and easy laugh that make her a welcome sight to all as she walks the hallway of Goddard.”





Girl Scouts from Runkle Elementary earned their painting badges with Goddard House residents!



GODDARD HOUSE HAPPENINGS



Dottie T., Agnes R., and Bridgina B. enjoy a lovely Happy Hour. Goddard House residents can gather for a laid-back, social atmosphere with a glass of wine every Wednesday at 4 P.M.



In full bloom! Doris G., Carol A., Joy R., Doris R., Evie P., Ethel G., and Dian L. enjoyed a trip to the Arnold Arboretum



A Life in Music Lost & Found My journey as a musician with hearing loss

A "Talk & Play" presentation by
Betty Hauck

Tuesday, June 12, 2018 • 2:00 P.M.
at Goddard House Assisted Living

For 50 years, Betty enjoyed a rich and rewarding career as a professional musician—until the day she realized that she had to retire because of progressive hearing loss. For three years, she completely turned her back on music. In this "Talk & Play" presentation, she will tell the story of how various twists and turns led her back into sharing the joy of music while educating and advocating for those with hearing loss. Her talk will be punctuated by short musical selections on both violin and viola. The program is about one hour and includes Q&A at the end.

*Go Mediterranean
Talk and Tasting
featured speakers
Deborah Hansen, chef
and owner of Taberna
de Haro, and Kelly
Toups from Oldways*



On the Road Again with The Reunion Project



ARTISTS' RECEPTION

Friday, June 29, 2018 from 5:00–7:00 P.M.
at Brookline Town Hall

333 Washington Street, Brookline

Exhibit runs from June 4 through September 2018

Learn more at www.thereunionproject.org

ASSOCIATE PROFILE



At Goddard House, we have welcomed Andrew Santalucia as our Director of Dining Experience. While working away in the kitchen, he paused to talk with EnrichedLIFE Director Jennifer Miller about his drive to become a chef and being a dad.

How did your journey as a chef begin?

My family owns two restaurants and I started working at them when I was 19 years old. Of course, these restaurants are Italian—one in Albany and another in the Berkshires. They are both still open today! I remember running around the restaurants when I was little. Those were some great times! Not only did we have the restaurants, but we would also have these massive family dinners that I looked forward to that inspired me to become a chef.

Do you have a favorite meal or restaurant to visit these days?

I love anything I don't have to cook! I prefer home cooking to going out, but I always enjoy fresh seafood. Fried clams are one of my favorites.

When you're not spending your days in the kitchen working, what are you doing?

I've been spending a lot of time with my daughter, Destiny. She's just about to graduate high school and start college! I especially love watching her play softball so I can support her while spending some time outside. If I have time this summer, I'd love to go on a camping trip.

Please join me in welcoming Andrew to our Goddard House team!

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NEWSLETTER CONTRIBUTORS

Jennifer Miller,
EnrichedLIFE Director

Florise Luc,
EnrichedLIFE Assistant

Ginny Mazur, Community
Partnership Director

Carolyn Sandel,
Executive Director



165 Chestnut Street
Brookline, Massachusetts 02445
617-731-8500

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See You in September!

By Community Partnership Director

Ginny Mazur

This summer I'll be taking a three-month "sabbatical" from Goddard House beginning in June. It's my first extended break from work and I plan to make an adventure out of it to travel, learn and report back from time-to-time along the way! I'll make trips to France, Chicago, and Acadia National Park and take a class in the mindfulness meditation approaches that residents have been practicing in the programs that we offer at Goddard House.

Come mid-September, I'll transition to a new role at Goddard House to work part-time, three days a week, continuing to build community partnerships and oversee student programs.

I wish everyone in our Goddard House community an enjoyable summer. 🏠



On her sabbatical, one of Ginny's destinations will be France. There, she hopes to pay another visit to the Café Van Gogh in Arles, where she dined on a previous trip (top) with her friend, Shai, and cousin, Noelle, who lives in France. The cafe is the subject of many Van Gogh paintings (bottom)!