



# the Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

#### SUNDAY, MAY 6

New England Conservatory Prep Chamber Group at 3:30 P.M.

#### MONDAY, MAY 14

Justin Locke will tell us about his 18-year career with the Boston Pops at 2:00 P.M.

#### WEDNESDAY, MAY 16

6:00–7:00 P.M. Artist Reception with Arlene Lowney, whose Cuba photographs are featured in Gallery M throughout the month of May

#### FRIDAY, MAY 18

State Representative Jeffrey Sánchez will discuss issues of importance to older adults in the Commonwealth at 3:30 P.M.

#### SUNDAY, MAY 27

Keun Young Sun Duo at 3:30 P.M.

For public events, RSVP to Jennifer Miller at [jmiller@goddardhouse.org](mailto:jmiller@goddardhouse.org) or 617-731-8500 x110

### RESIDENT PROFILE



Born in Brooklyn, New York on St. Patrick's Day, Norbert "Norby" Mintz, Ph.D. relates that he has had a leprechaun on his birthday cake for his whole life—even though he is not Irish! He feels very lucky indeed. His family, professional life and many interests and friends have made him a happy man.

Norby proudly shared that he has four "amazing" children and "the most brilliant and creative grandchildren known to man."

Maria, his wife of 20 years, added two more children and three grandchildren to the mix, and all have enjoyed spending leisure time together in their Vermont homes on the same property for 50 years.

Following a short stint as a business major, Norby pursued studies in psychology at Brandeis University and met the famous Mr. Rogers (Fred) who was a fellow student. Norby completed his graduate studies at Brandeis and became their *first* Ph.D. graduate! His special interest is cultural psychology and he spent several years living with the Hopi Tribe on a Navajo reservation in Arizona.

Returning to Massachusetts, Norby settled in Lincoln and became one of the founders of the Massachusetts School of Professional Psychology, developed a private practice, and authored numerous scholarly papers.

This multi-talented gentleman earned his pilot's license, is a talented woodworker, and has been a collector of pottery, baskets, and sand painting. Classical music, movies, humor and writing letters to newspapers are additional pastime pleasures. As Norby writes in his biography, "It is lucky to enjoy one's self in all realms and every March 17<sup>th</sup> I, with my family and the little leprechaun, celebrate my full, wonderful life."

—Olmsted Program Director Marie Curcio

# Celebrate Older Americans Month With State Representative Jeffrey Sánchez

by Legislative Aide **Ryan Manganelli** and Goddard House Community Partnership Director **Ginny Mazur**

Join us at Goddard House on Friday, May 18<sup>th</sup> at 3:30 P.M. as we celebrate Older Americans Month with a visit from our Massachusetts State



Representative, House Ways and Means Chairman, **Jeffrey Sánchez**. Representative Sánchez will offer an overview of current legislation on Beacon Hill and lead discussion around issues of importance

to older adults in the Commonwealth. Come and extend a warm welcome!

Representative Sánchez has served as Massachusetts State Representative for the 15<sup>th</sup> Suffolk District of Boston and Brookline since 2003. His district includes the Boston communities of Mission Hill, Jamaica Plain, and Roslindale, along with Precinct 5 of the Town of Brookline. In his tenure, Representative Sánchez has worked on legislation in health care, life sciences, and economic and infrastructure development. He was recently appointed as House Chairman of the Committee on Ways and Means, where he is charged with leading the House of Representatives to deliver a balanced budget.

Representative Sánchez completed his undergraduate education at the University of Massachusetts, Boston and his Masters of Public Administration from the John F. Kennedy School of Government at Harvard University. He currently has an instructorship at the Center for Public Health

Leadership at the Harvard University T.H. Chan School of Public Health.

Throughout his legislative career, Representative Sánchez has championed initiatives to improve the quality of life for elder residents in the Commonwealth. In the current legislative session, he worked to pass a house bill that directs the Massachusetts Office of Health and Human Services to develop an integrated state plan to address Alzheimer's disease. During the 2016 session, he contributed to the passing of the PACE program bill. Through the PACE bill, seniors are able to remain in the program that provides coverage for healthcare costs, even if their income changes.

After growing up in the Mission Hill section of Boston, Representative Sánchez now lives in Jamaica Plain with his wife and two daughters. 



## Bulletins from the Front Lines: Updating The New Old Age

a discussion with New York Times reporter and Author

**Paula Span**

Thursday, May 24, 2018 • 6:00–8:00 P.M.

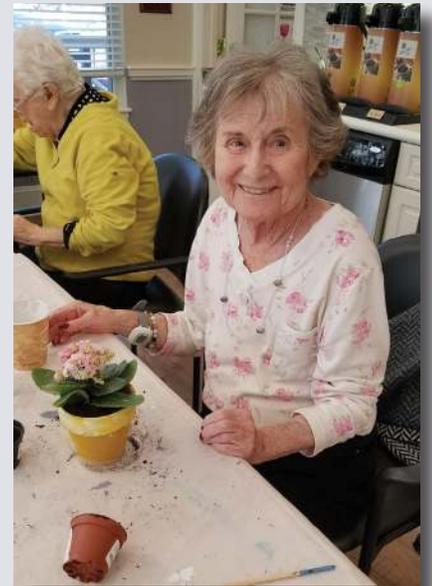
Brookline Senior Center  
93 Winchester Street, Brookline

Paula will discuss trends, opportunities, and challenges in aging.

Sponsored by Brookline  
Community Aging Network.  
Event is free of charge. Please  
call 617-730-2770 to register.



## WHAT'S NEW AT GODDARD HOUSE!



Top row, left to right: **Linda K., Mimi H., Susan F., and Claire R.** enjoy the Butterfly Place in Westford; Featuring the voices of 40 children under 11, Goddard House residents enjoyed a performance by VOICES Boston; **Loretta H., Fay G., and Arlane L.** pose after finishing a marine-life puzzle. Second row: **Doris P.** celebrated her birthday this past month and Olmsted celebrated with a cake and balloons!; **Sue Ellen P.** gazes at one of many beautiful pieces of artwork featured at the Belmont Gallery of Art; **Natalie R.** enjoys planting flowers for our Discovery Learning Series: Spring edition. Bottom row: **Steve Z.** (left) and **Bernice Z. and Barbara T.** (right) enjoy the artwork on display at the McMullen Museum of Art at Boston College



## GODDARD HOUSE WELCOMES CAROLYN SANDEL!



Goddard House is excited to welcome our new Executive Director, Carolyn Sandel. Carolyn was able to find time in her busy schedule to sit down with EnrichedLIFE Director, Jennifer Miller to answer a few questions during her first week at Goddard House.

**It seems as though you have strong connections with Brookline. Are you from the area?**

I am originally from New York, but my family moved around quite a bit. I currently live in Roslindale with my wife of 15 years, Jennifer, who works for the Town of Brookline Parks Department. After attending Suffolk University and Simmons for a Master of Social Work, I worked with Hebrew SeniorLife for many years and I have remained very involved in Brookline ever since.

**I know you have a social work background and experience in non-profits, assisted livings, and property management. If you could be anything when you “grow-up” what would it be?**

I'd love to try my hand at real estate and flipping houses. I've always been interested in real estate and using my hands. I could also enjoy a flexible schedule that would accommodate my love for being outside, painting, and remaining active.

**What would you like Goddard House residents and staff to know about you?**

Goddard House has been my dream job! I had worked with Ginny Mazur during my time at Hebrew SeniorLife and was drawn to this community. I am so excited to be here and look forward to getting to know everyone. I have an open-door policy, so please stop by!

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NEWSLETTER CONTRIBUTORS

**Jennifer Miller,**  
EnrichedLIFE Director

**Marie Curcio,**  
Olmsted Program Director

**Ginny Mazur,** Community  
Partnership Director

**Carolyn Sandel,**  
Executive Director



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## Green City Growers is Back!

by EnrichedLIFE Director **Jennifer Miller**

Although the spring took its time getting here, Green City Growers is back at Goddard House! With the warmer weather, residents and staff alike can look forward to fresh vegetables and herbs for the rest of the summer. Residents planted lettuce and cilantro, even with the cooler temps of April, and we look forward to the first harvest of the season.

Our resident farmer this year is **Morgan Thomson**. This is Morgan's first season with Green City Growers and they bring a wide range of engagement and farming experience. We welcome Morgan to Goddard House and look forward to a summer of farming.

In addition to our weekly Green City Growers visits, the Lincoln School will once again help plant, tend, and decorate one of the raised beds located in the Olmsted back garden. This will be the third year of intergenerational partnership for creative gardening at Goddard House.

We look forward to a bountiful season! 



*Even on this chilly April day, **Morgan T., Bridgina B., and Tony S.** manage to plant lettuces and cilantro.*

*Not pictured: **Caitie Dwyer-***

***Huppert** with Green City Growers, who brought some cilantro to taste and smell while planting.*