

ASSOCIATE PROFILE



EnrichedLIFE Assistant **Emily Jenkins** took some time to tell EnrichedLIFE Director **Jennifer Miller** a little bit about her schooling, work experiences, and professional aspirations! A recent graduate of Emmanuel College, Emily has worked in assisted living communities for two years as both an intern and staff member.

You recently graduated with your bachelor's degree in psychology with a concentration in counseling and health, and a focus on adulthood aging. What do you miss most about attending college?

I miss being surrounded by peers who all had different interests and passions, but were all united for a common goal (a degree). In college, I was incredibly involved in everything from clubs to honor societies to on-campus jobs to psychology research! I miss the chaos of always being busy!

What excites you most about working at Goddard House?

I adore everything about Goddard House, from the loving residents to the supportive staff, and I am so happy to be a part of this community. What excites me most is having the chance to use my skills and education in a hands-on way through programming. I love finding out what everyone's hobbies are, so we can create a well-rounded and inclusive community!

Where do you see yourself in five or ten years?

In five years, I hope to have my master's degree in both social work and business. I would love to be a geriatric social worker involved in policies around aging. I would also love to have a dog in that time frame! I grew up surrounded by animals and I cannot wait to have one of my own.

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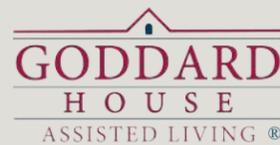
NEWSLETTER CONTRIBUTORS

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[WWW.GODDARDHOUSE.ORG](http://www.GODDARDHOUSE.ORG)

Growing the Garden at Goddard

by EnrichedLIFE Assistant **Emily Jenkins**

This past week in Garden to Gourmet, we had the opportunity to use eggplant from our garden. The residents enjoyed comparing the fresh, garden-grown eggplant to the eggplant found in stores (ours were much smaller and had a deeper purple appearance)!

In this edition of Garden to Gourmet, we created Baked Eggplant Rounds, with an Italian topping of tomato and cheese. Yum! We began the process by washing



Agnès Rogers slices the eggplant

the fresh vegetables, then sliced them into ½ inch rounds. From there, we coated them in panko bread crumbs and topped them with freshly diced tomatoes and a touch of Italian dressing. A few pinches of Parmesan

cheese jazzed up the appetizer. The eggplants were baked then broiled to give them a nice golden color and we shared our creations during Happy Hour!

The excitement that came along with this recipe was the hands-on approach the residents had with the newly harvested eggplants. With autumn just around the corner, this was the perfect warm, fall treat!



Bridgina Benson shows the final product!

MANY THANKS TO ALL OF OUR RESIDENTS, FAMILY MEMBERS, AND ASSOCIATES FOR PARTICIPATING IN OUR RECENT SATISFACTION SURVEYS!



GODDARD HOUSE

UPCOMING EVENTS

MONDAY, OCTOBER 16

A program with classical pianist Adam Bergeron at 7:00 P.M.

SUNDAY, OCTOBER 22

Blues guitarist and vocalist Mike Higgins at 3:30 P.M.

MONDAY, OCTOBER 23

World-renowned concert violinist Frank Powdermaker at 7:00 P.M.

SATURDAY, OCTOBER 28

International Music Club will perform folk dance music in the styles and spirit of its ethnic origins at 3:30 P.M.

SUNDAY, OCTOBER 29

Joey B-Bop will bring us a live tribute to the oldies at 3:30 P.M. Don't miss this tribute to songs from the 30's to the 70's!

Public is welcome at all events!

RSVP to Jennifer Miller at jmiller@goddardhouse.org or 617-731-8500 x110

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RESIDENT PROFILE



As a child, **Frank DiPietrantonio** dreamed of one day becoming a dentist. He even had a play kit with plastic dentures and clay as "filling" material! Once he got to high school, however, Frank's career aspirations changed and he decided to be a teacher. Starting in elementary school, he moved up through the grades to teach high school French and driver education.

Born in Watertown, Frank was raised in West Roxbury, which he describes as a wonderful, diverse community that was a nice place to grow up. His household was always filled with music, and Frank developed a passion for collecting records. One of his favorite songs is "Dancing in the Dark" by the Revelers. Frank also enjoys movies, with Back Street and Imitation of Life being two of his favorites.

Growing up, Frank had a cocker spaniel mix, Cinders (so named because she had a dark coat). He recalls that Cinders would sit on a stoop with him and could read his moods. He says if he could be any animal, it would be a dog, because

they are intelligent, amazing, and capable of having close relationships with humans. Frank also shares his most guilty pleasure: chocolate! He proclaims that it should be its own food group! We welcome Frank to the Goddard House community.



Frank with EnrichedLIFE Assistant Emily Jenkins

-EnrichedLIFE Director Jennifer Miller



“Hello Brookline! The Dialogue Starts Here” is a town-wide initiative led by Center Communities of Brookline. It is inspired by the work of The Massachusetts Coalition for Serious Illness Care, whose mission is to ensure that health care for everyone in Massachusetts is in accordance with their goals, values, and preferences at all stages of life and in all steps of their care. Visit maseriouscare.org for more information.

Tending to Our Humanity at the Heart of the Conversation

with Ron Hoffman

Join us for one of the initiative's first offerings!



Saturday, November 4, 2017

Talk & Discussion from 10:30–11:30 A.M.

Reception at 12:00 P.M.

at Goddard House Assisted Living
165 Chestnut Street, Brookline

Join us for a talk and discussion with **Ron Hoffman**, founder and director of Compassionate Care ALS in West Falmouth. Ron has worked for the past 20 years tending to over a thousand individuals, families, and communities living with Lou Gehrig's Disease. He facilitates intimate discussions for those engaged in the complexities of living with a catastrophic illness, including the process of death and dying. He is also the author of *Sacred Bullet*, a memoir about the art of living through catastrophic circumstances.

Register for the event by contacting Michaela Barrows at mbarrows@goddardhouse.org or 617-731-8500 x130

Thank you to our sponsors for great conversations that inspire, connect, and heal!



The Greater Boston Walk to End Alzheimer's 2017: Team Goddard House Makes a Difference!

by Interim Executive Director **Lance Chapman**

On Sunday September 24th, Team Goddard House joined approximately 10,000 other walkers at The Greater Boston Walk to End Alzheimer's at North Point Park in Cambridge. Team Goddard House has participated in this event for the last five years and has contributed close to \$10,000 per year toward Alzheimer's research, support, and advocacy efforts.

Our Team is special in that it tends to include residents, staff, and family members all working together to support this cause and fight this battle for an Alzheimer's cure. Traditionally, our residents create handmade bracelets throughout the year to sell at the walk each September. One resident knitted a blanket which was sold at raffle and raised almost \$300.

Outreach Coordinator **Michaela Barrows** served as our organizer and Walk Team Captain this year. Michaela ran a Walk Team Kickoff party earlier in the year to remind team members to save the date and to begin their fundraising efforts. Donations can still be made to help Team Goddard House raise even more funds to wage this fight against Alzheimer's disease. Go to: www.alzwalkMANH.org and click on “Donate.” Where it says “Donate to a Team,” type in **Team Goddard House** and you will be brought to our fundraising page and be prompted to make a donation. Truly, a donation of any size is helpful.

The Walk happens every year on the last Sunday in September. North Point Park is easy to find with an entrance across from the Museum of Science. The walk route runs along the inner Charles River and walkers can take in wonderful views of the river, the Zakim Bridge overhead, and the iconic Boston Skyline. Please consider joining us next year.

I want to personally thank all the wonderful residents, family members, and staff who helped make up Team Goddard House this year. It was an inspirational day filled with signs of support and meaning for those families who have, or are in the midst of dealing with,

this disease. If you were not able to join us this year, please accept my invitation to join Team Goddard House next year!



Clockwise, from bottom left: Thousands of people joined the Walk to End Alzheimer's at North Point Park in Cambridge; Team Goddard House; **Shirley Bean and Ethel Garner** get ready to walk; **Sandy Vermette and family**; **Susan Fialkin** decked out

in purple; Interim Executive Director **Lance Chapman** and his wife **Gwen** before introducing the Walk