

The Goddard Times



September 2015 Issue

Share Your Story at the Goddard Galleries

By Alice Tilton

Claude Taylor has spent years exploring over 25 countries and a dozen United States cities, and interpreting his visits through artful photography. Now for the first time at Goddard House, we are able to appreciate these vivid, engaging images up close. The photographs can currently be viewed in the hallway between the reception area and the country kitchen, as well as on the first floor of Olmsted Place. They will be coming soon to the second floor.

From the London Bridge, to a spice market in India to Fenway Park, the images provide a new perspective on familiar sights as well as access to exotic worlds. Executive Director John Moniz first saw the photographs in Washington when he was on a trip representing Goddard House at *The National Center for Creative Aging: 2015 Leadership Exchange in DC*. He realized that with their bright colors and intriguing subjects, these photographs could give new life to the walls of Olmsted.

Vol. 3 No. 9 – September 2015

Newsletter Contributors:

John Moniz

Executive Director

Ginny Mazur

Community Partnership Director

Brandon Fisher

Community Partnership Associate

Lance Chapman

Marketing Director

Jenna Henning

Traditional Resident Care Director

Michaela Barrows

Marketing Assistant

Musia Watkin

Goddard House Resident

Alice Tilton

Olmsted Program Director

The hope is that the pictures will unearth memories and stories, stimulate the imagination and provoke conversation. So far, all of these things have been true.

Walking down the halls, I have often stopped to see a resident looking closely at a photograph. I approached Olmsted resident Linda and saw her looking at a vivid image of the London Bridge. She said that the photograph was “clean” and “smart looking.” She continued, “that picture has something to say!” Speaking of the pictures in general she said that they have “a little bit of everything.” Indeed, it is often the details of the images that residents most appreciate. Some of the subjects are familiar, but Claude Taylor’s eye for details makes even those familiar sights pop.

I recently had the pleasure of speaking to Claude about his work. He told me “I try my best to capture the essence of the place I visit. Often I look and place emphasis on details and on parts of things, rather than the whole. I put a good deal of emphasis on ‘the three Cs’ color, clarity and contrast.”

(Continued on Page 2)



Goddard House Resident, Marlo, and Goddard House, Program Specialist, Xrista admire an Italian street scene while planning a dream vacation

Goddard House Welcomes.... (Continued from Page 1)

All of this is evident in his photos, which bring both familiar and unfamiliar sights to life. Speaking about the impact that his work might have on older adults, Claude told me "I've traveled to many places where people have taken a vacation or perhaps even a cherished honeymoon. I hope many find a familiar memory in these images." With varied experiences and memories, all Olmsted residents will have a different reaction to the vibrant and thought provoking images they see. Everyone, however, will appreciate the life and energy that this art brings to our walls.

We welcome all of those that have yet to see these fantastic photos to experience them firsthand and, perhaps, to start a conversation about what memories or thoughts they conjure up!



Goddard House Residents, Neila and Mira, discuss these vibrant Tibetan prayer flags

Goddard House Hosted the 2015 Phyllis Vineyard Awards

By Ginny Mazur



L to R: Ippodermie, Phyllis and Marvin

Goddard House awarded the 2015 Phyllis Vineyard Award for Exemplary Service to two employees at a luncheon this past month on August 12th, 2015, here at Goddard House Assisted Living. This honor was awarded for excellence and commitment in service to Goddard House. Pictured here are 2015 Vineyard Award Winners, Ippodermie Lapierre, Personal Care Assistant in the Wellness Department (L) and Marvin Gomez, Assistant Maintenance Director (R) with Chestnut Hill resident Phyllis Vineyard.

Phyllis Vineyard was a Vice President and member of the Goddard House Board of Trustees for many years. The award has been given to Goddard House staff in Phyllis' honor since 2011 after her retirement from the Board. Congratulations Marvin and Ippy!!

Photos from Our Annual Family BBQ



Photos from Our Summer Jazz Concert Series



A Summer of Jazz to Remember!

By Brandon Fisher, Ginny Mazur and Michaela Barrows

As we wrap up the second wonderful season of the outdoor jazz series at Goddard House, we've been amazed by all of the vibrant and outstanding performances we've received from these great local artists. We've come to discover that the four artists with whom we arranged the concerts, have an even greater impact in the community as leaders, where they all teach, share and heal with music as well as perform it.

Claudia Eliaza is the Director of the Music Therapy Program at the Community Music Center of Boston by day, where she also supervises Berklee College Music Therapy Students. We were delighted to find out she could join us again this year and even more delighted by the performance we received from her and her band. They kicked off our summer jazz series on August 6th on what turned out to be a cool, summer night. The Goddard House patio was buzzing with excitement for her performance and anticipation for the concerts in the series.

Our second jazz concert of the season was by the fantastic, Lisa Yves, on August 13th. Lisa Yves is the founder of "*Jazz for Kids*", dedicated keeping traditional vocal jazz alive and inspiring a new generation of jazz lovers. From the moment Lisa started singing, the audience was captivated by her soulful voice and swaying to the beat. Being a classically trained jazz singer from NYU, Lisa wowed us with her extensive knowledge of all the classics!

Cornell Coley is an arts educator and musician teaching community drumming to people of all ages from children in grammar schools to Lesley University students to seniors. Among his many roles in arts administration, Cornell served as President of the Board of Directors of Jamaica Plain's renowned Spontaneous Celebrations. Picking up the jazz series on August 20th, Akfrika Gente, featuring Cornell Coley, delighted Goddard House residents with their versatile Latin jazz, folk, bossa nova, samba, and soul songs. It came as no surprise that their groovy beats inspired the crowd to get up and dance the night away!

Musician, singer, dancer, actor and writer, Stan Strickland, is an expressive arts therapist and teaches at Lesley University as well as Berklee College of Music. Stan is also co-executive Director of "*Express Yourself*", working in partnership with adolescents in public mental health residential facilities to produce multimedia performances. We were thrilled to find out that Stan's quartet would be our last performance of the summer series. Known for their funky beats, wide-array of instruments and stellar performances, everyone that attended was amazed with the show they put on. Goddard House Music Therapist, Deb Gromack, a Stan Strickland enthusiast finished, off the night with a surprise special performance, singing her own rendition of "*Summertime*".

Although their time at Goddard House was brief, they left a long-lasting impact on the community. Everyone that attended the events commented how much fun they had, how many memories were brought back from hearing some of their favorite tunes and how wonderful it was to spend time with new and familiar faces. We applaud all of the performers for their wonderful concerts and for teaching and serving others through their extraordinary talents.

Grillin' and Chillin' at the Goddard House Annual Family BBQ

By Jenna Henning

A special thank you to everyone who came to our Annual Family Barbeque on August 8th! Residents, staff, family members, and friends enjoyed an afternoon of fun, sun, and hot dog buns. The weather was warm and breezy, making it the perfect day for the festivities which were held on the backyard patio. Resident Rosa commented, "the day was wonderful! It was nice to celebrate with friends and family, and we had everything

(Continue Reading on Page 6)

Grillin' and Chillin' (Continued from Page 5)

...we could have possibly wanted.”

Studio Two, a Beatles tribute band, was the featured entertainer. An uncanny resemblance to the original, many remarked that their performance brought back memories of years past. Studio Two's upbeat tunes were engaging and prompted listeners to dance and sing along with their tunes. “*All My Loving*,” “*Hippy Hippy Shake*,” and “*I Want to Hold Your Hand*” were the crowd favorites. The back patio was the perfect place for everyone to “shake it up, baby - twist and shout.”

The Goddard House artisans sold their handcrafted and unique pieces of jewelry. Residents Lubow and Musia assisted Traditional Program Assistant, Michala Krug, at the jewelry sales table throughout the day, making over a whopping \$100! Inside, those who were trying to beat the heat enjoyed Vanilla and Peanut Butter Cookies and Cream ice cream made possible by a generous donation from JP Licks. The day was a huge success and we're already looking forward to “grillin' and chillin' again next year!

Lesley Dance/Movement Therapy Comes to Goddard House!

By Donna Newman-Bluestein

Every morning for a week this summer thirteen exuberant young women streamed through Goddard House to Olmsted. If you saw them, you may have wondered why they were there. Twelve graduate students and their professor from Lesley University came to engage in a five day practical experience of dance/movement therapy in action with older adults, some of whom live with dementia.

For the first hour every day students participated in creative movement explorations to encourage their spontaneity and their sensitivity to others. The second hour they joined the residents in a dance/movement therapy session. During the third hour, the students discussed what they had observed and learned about the older adults with whom they'd been working.

During those five days, many memorable connections were made as the residents opened up, emerging from their shells to share with us just who they are. The students discovered they had much to learn as the residents shared life stories and memories. In addition to learning new dance moves, the students found the elders' ability to care for one another and initiate connections refreshing and heartwarming. One student left eager to share what she learned with the other older adults in her life.

Another student appreciated the many moments of joy, laughter, and tears with the elders and was especially grateful to have experienced “the power of the arts as a healing compass to guide the elders into tapping into the greatest versions of themselves.”

Said yet another student, “I was deeply moved by how much gratitude the residents showed when in fact they had been giving me gifts all week. I got to witness joy, playfulness, tiny victories and togetherness-- these were all gifts. And the greatest gift of all was that I got to be with them, and spend the time sharing these things together.”

Thank you, Goddard House, for your generosity in allowing us to dance with, and learn from, our elders.



Donna and her summer interns

THANK YOU JP LICKS!!



Resident's friends and families of Goddard House all thank JP Licks for their very generous contributions of ice-cream during this summer. All of their delicious flavors, hand picked by our resident ice-cream committee were savored all summer long. We look forward to future partnering with this fantastic, generous local ice-cream maker!

Invitation to the Patio Party

By Musia Watkin, Avid Flower Gardener, Bird Aficionado and Artist

Visiting the parties held by the birds in the patio garden at Goddard House can be as every bit fascinating as attending a dinner or cocktail party. My friends, the pigeons, husband and wife, are a fascinating couple. She struts the paths and he follows close behind booping, and won't let her out of his sight in case she would dare to make an assignation with another.

The sparrows chatter incessantly, announcing to everyone that they are invited to the party and surround the bird feeder, waiting patiently in line for their turn, perching on the fence or a nearby tree. But as soon as the blackbirds crash the scene, they scatter in fear - but not to be outdone, they return a little later when the coast is clear.

The cardinal, however, who nests above the rest, way up in the trees, makes a regal appearance occasionally and disdainfully pecks at a few seeds before haughtily flying off. His wife, too, is not all that sociable. Still they swoop down for a quick visit. Two of my other friends, the bluejays, are downright snobby, hardly ever visiting. The company doesn't appear to be to their liking. I'm lucky just to catch a glimpse of them every now and again.

I invite you all to step out back to the patio, while the flowers are still in bloom and the early September weather is warm, to enjoy the end-of-summer festivities – at the birds' garden party!



Musia Watkin refilling the patio bird feeder



Featured September Events!

Please Join Us!

We ask that Residents' families, friends and community guests RSVP
by calling Jenna Henning at 617-731-8500 ext. 152



Concert with Paul Broadnax & Peter Kontrimas
Sunday, September 6th at 3:30pm

Join us on Sunday to experience the dynamic duo of Paul Broadnax and Peter Kontrimas. Peter is an acclaimed classical bassist and Paul is known for his remarkable piano playing as well as jazzy vocals. Come for the afternoon and enjoy a pleasant, jazz respite with these jazzy guys!



Concert with The Patrice Monahan Trio
Sunday, September 13th at 3:30pm

Infectious melodies and percussive grooves, create a smooth sophisticated ambiance with Patrice's clear and beautiful vocals. For this performance, the trio will be featuring music that you can socialize and dance to! Be sure not to miss the rhythmic beats of The Patrice Monahan Trio



Concert with Mena Levit
Saturday, September 19th at 3:30pm

Mena Levit is a soloist of the Moscow Musical Theatre, New Israeli Opera, and Jewish Theatre on Broadway. Mena is well known for her enchanting vocals. On Saturday she will be presenting us with highlights of Broadway musicals, popular Italian music, Russian romances and pearls of Yiddish and Hebrew songs.



Goddard House Updates

Please see Lance Chapman, Marketing Director, in the Marketing Office to join or donate to Goddard House for our 2015 Alzheimer's Walk Team on Sunday, September 27th.

You may also go to:

<http://tinyurl.com/TeamGoddardHouse>

To Join Team Goddard House or donate!



For more information visit: www.goddardhouse.org



165 Chestnut Street
Brookline, MA 02445
617-731-8500