

Parkinson's in Motion @ Goddard House

Lunch & Learn from the Parkinson's Specialists

Tuesday, June 22 | Noon-1:00 pm

[Click here to Register!](#)



Joshua Min



Ruth Schechter



Nancy Murphy



Bob DePeron



Susan Kates



Supported in part by a
community grant from the
Parkinson's Foundation

Gather valuable insights from our panel of Parkinson's Specialists on how the Goddard House *Parkinson's in Motion* program helps our assisted living residents and members of the community to better manage their symptoms of Parkinson's with specialized programs focused on addressing movement, mental health and enhancing quality of life for those living with Parkinson's Disease.

You will learn:

- Innovative music, tai chi and dance concepts that strengthen and uplift the body and brain
- Practical strategies and educational tools to help manage Parkinson's symptoms.
- Holistic approaches to address the very diverse experiences of Parkinson's.

The *Parkinson's in Motion* initiative includes movement and expressive therapies programs, an educational speaker program, and a classroom support group, which is co-sponsored by Right at Home Boston Metro West.

Goddard House

Assisted Living & Olmsted Memory Support

165 Chestnut Street, Brookline, MA 02445 | GoddardHouse.org