

# Goddard Times

# GODDARD HOUSE

#### UPCOMING EVENTS

#### LGBT & Friends Intergenerational Discussion Group

Thursday, November 18<sup>th</sup> at 3:30 р.м.

Limited spaces for members of the Brookline community. Email Rebecca Margolin at rmargolin@goddardhouse.org if you are interested

## **GODDARD SUPPORT GROUPS**

#### **Transitions Group**

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the third Thursday.

#### Caregiver Education and Support Group

This group welcomes Goddard House family members. *Meets monthly on the fourth Thursday.* 

The above groups meet with Barbara Moscowitz, MSW virtually via Zoom from 7:00–8:30 P.M. Please contact EnrichedLIFE Director Rebecca Margolin at 617-731-8500, or rmargolin@goddardhouse.org for more info.

#### Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

#### RESIDENT PROFILE



Born and raised in Brooklyn, New York, **Joel Krieger** says his favorite part of living in New York was the fast-paced environment. After graduating from Yale University, Joel moved to the Boston area and earned his PhD in political science from Harvard. Joel was first introduced to the world of

political science by reading different books about British politics. The subject fascinated him and he knew that is what he wanted to focus on during his career. He also credits his wonderful professors for encouraging him to follow that career path. Joel went on to become a professor of political science at Wellesley College, where he taught for 40 years. In addition to teaching, Joel is also the author of many different books that focus on British Politics.

When Joel isn't catching up on the latest news overseas, he can be found cheering on the Red Sox, going out to eat with friends, and spend time with his wife and two children. So if you're looking for someone to talk politics with, stop by Olmsted and say hi to Joel!

-Olmsted Program Director Kristen Cipriano

## Goddard House Hosts 5<sup>th</sup> Annual "Mini Walk" to End Alzheimer's Disease

by Assistant Executive Director Lance Chapman

n a recent sunny Friday in October, approximately 65 residents, associates, and guests participated in the Goddard House "Mini Walk" to End Alzheimer's. This festive dance party atmosphere brings together those seeking to find ways to gather with others to fight this deadly disease. Although research is bringing some hopeful advances, we have yet to find a cure for Alzheimer's disease. While the quest for a cure continues, at Goddard House, our caregivers and residents benefit from the latest research trends in treatment and quality of life approaches to care for those persons living with Alzheimer's. On the whole, Goddard House and the Mini Walk raised \$3,000 towards this worthy cause this year. We hope to reach \$4,000 in 2022. Many thanks to everyone in Brookline and beyond for your support and kindness.  $\sim$ 



Left to right: Linda S., Housekeeping Associate Sheeren Montrose, Sylvia M. and her daughter, and Business Administration Associate Heaven Aguirre





Left: our donation table; right: Clementine B., Rose S., and Marie S. enjoy the festivities

Around Goddard





Compassion - Respect - Collaboration - Responsiveness

Haidee F. (left) and Irene P. (right) paint and decorate their own pumpkins



Our "Grab Your Passport! Destination: India" celebration included a performance by the Triveni School of Indian Dance (left) and sharing by **Sunil K.** and his wife, **Neela** (right)



#### **Historic Homes Tour**

As part of our weekly city tours, Olmsted residents have been going to a different historic house each week!



Top left: Shirley-Eustis House in Roxbury; bottom left: Durant-Kenrick House in Newton; bottom right: Ellen Swallows Richards House in Jamaica Plain





Residents enjoying the tours (photos clockwise, *from top left):* Clementine B., Mary K., Ann Marie D., and Carolin C.: Michael L.; **Donald S.**, Martin



C., Karen M., Marie S., Mimi H., and Veronica D.

#### Showers and Flowers

There cannot be flowers without shower. There cannot be trees without seeds. There cannot be something good without pain. So next time you want to give up,

just think, there cannot be flowers without showers.

written by Jackson Lieberman, age 9 (family member of resident Musia W.)





Above: scenes from our beautiful garden; right: Nathan from Green City Growers harvests sweet potatoes with Bridgina B.







Left: Programming Assistant Marie Jeanty leads our flower arranging group, including Susan R. (right)

Excellence -

Transparency





Left: Since Phyllis Vineyard's retirement from the Goddard House Board of Trustees in 2011, the Phyllis Vineyard Award for Exemplary Service has been given to two staff members each

year. Congratulations to this year's honorees, Dining Associate **Gregory Dana** and Resident Care Associate **Rosemarie McNeish-Waite**! They are pictured above with **Phyllis Vineyard** (*second from left*) and Goddard House CEO **Candace Cramer** (*far right*)!

Congratulations also to other nominees: Resident Care Associate Rebecca Gabriel, Receptionist Ana Roman, Dining Supervisor Gemi Gicana, and Housekeeping Associate Beverly Saulnier!

Right: Agnes R. celebrates her 102<sup>nd</sup> birthday with her daughter (and Goddard House Lead Community Relations Associate) Patti Barrows!



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NEWSLETTER CONTRIBUTORS

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#### A S S O C I A T E P R O F I L E



Chef Lakeisha Brown joined the Goddard team in August of 2020. She loves to cook, and began classes to become a chef as a young adult. Lakeisha, the eldest of four children, was

born and raised in Boston, and now has children of her own. When she's not at Goddard, she is there for each of her children, supporting them in everything from her 25-year-old son's love for rap, her 21-year-old daughter's LGBT activism, and being a "football mom" to her 9-year-old son. When she can find time for herself, Lakeisha enjoys reading or watching Netflix. Her favorite dish to make is lasagna, made with meat, four types of cheese, and a secret ingredient. Her favorite dish to eat? Stuffing!

Lakeisha approaches each day with a positive attitude and plenty of enthusiasm. She appreciates her co-workers and loves working at Goddard, which she describes as a welcoming and accepting community. Lakeisha cares for the residents, who remind her of her grandmother who lives in an assisted living community down south. Lakeisha, we are happy to have you at Goddard!

-EnrichedLIFE Director Rebecca Margolin