

# Goddard Times

# GODDARD HOUSE

#### UPCOMING EVENTS

#### FRIDAY, JULY 8

Family BBQ for Goddard House residents and their families from 12:00–3:00 P.M. Food, games, music & more!

RSVP to Lance Chapman at lchapman@goddardhouse.org

### GODDARD SUPPORT GROUPS

#### **Transitions Group**

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3<sup>rd</sup> Thursday.

#### Caregiver Education and Support Group This group welcomes Goddard House family members. Meets monthly on the 4<sup>th</sup> Wednesday.

The above groups meet with Barbara Moscowitz, MSW virtually via Zoom from 7:00–8:30 P.M. Please contact Director of Social Services Becca Mayfield at 617-731-8500, or rmayfield@goddardhouse.org for more info.

#### Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

#### RESIDENT PROFILE



Marcia Jacobs moved into Goddard House about three months ago from Cambridge. She was raised on a small farm in upstate New York with her two brothers and parents. Marcia loved growing up on the farm and has many fond memories of the ponies, pigs, chickens and goats that her family raised. Here at Goddard, she enjoys walking

down the Olmsted path to visit our chickens and check out the vegetables growing in the gardens. Spending time outside is one of Marcia's favorite things to do! Marcia founded a club that was dedicated to bringing people together to forage and identify different types of fungi. She is extremely knowledgeable about the subject and can identify all mushrooms just by looking at a photo! Marcia is also a lover of reading, poetry, and classical music. Marcia's interesting hobbies and unique experiences are sure to bring fascinating conversations and discussions to our Olmsted neighborhood! We are so happy to have Marcia here at Goddard House!

-Olmsted Program Director Kristen Cipriano

All visitors must first **check in** at the front desk for contact tracing purposes and **wear a mask** for your entire visit.

Thank you!

## **Enjoying Poetry**

by EnrichedLIFE Director Rebecca Margolin

This spring at Goddard House, residents participated ▲ in Enjoying Poetry, a new program led by fellow resident Ruth Kramer Baden. A published poet (book and literary magazines), Ruth taught poetry courses for 14 years as a volunteer at Brandeis University Osher Lifelong Learning Institute (BOLLI) and at Lifelong Learners: An Independent Collaborative (LLAIC), and she was excited to bring the program to residents of Goddard. During the classes, which met once a week for eight weeks, Ruth led participants in discussion, focusing on a different poet every two weeks. Those with and without experience were encouraged to attend, with the goals of enjoyment and learning. It was wonderful to see a robust group each week, with attendees thoroughly engaged and contributing by offering observations as well as sharing personal stories or emotions brought forth by the poems. Ruth gracefully guided the conversations, creating a welcoming environment and inviting residents to read out loud as well as share their own poems with the group. Participants have loved Enjoying Poetry so much that they continue to meet weekly to discuss poetry, even though the eight weeks have passed. Ruth says, "It's been a delight to share my love of poetry with such a receptive and responsive group." Thank you, Ruth, for bringing Enjoying Poetry to Goddard House!



Above: Musia W. shares art and a poem during the program led by Ruth

#### A Spring Beginning

We've met Frost's birches swinging After wet winter branches frozeice clinging. These visions set my spirit singing. What other joys will poet Ruth be bringing? I greet this April thaw: Warmed, Found! In awe.

written by Cecily Merrell, a participant in Enjoying Poetry

# Pride Month at Goddard House!



White Party with Drag Queens Kris Knievel & Melinda Wilson and music with **DJ** George







Clockwise, from top: Drag Performer Kris Knievel; Trish M. and Resident Care Associate Benera Reves; Mima L., Executive Director News-Johanne Marcellus, Drag Performer Melinda Wilson, Laurie L., and Roberta W.; Shirley B. and Director of Social Services Becca Mayfield

### Pride Month, contd

### Kick-Off Event: Flag Raising and **Guest Speaker Ellyn Ruthstrom from SpeakOUT Boston**



Clockwise, from above: Guest speaker Ellyn Ruthstrom from SpeakOut Boston; we raised our Pride Flag; words from Executive Director News-Johanne Marcellus at the flag raising; residents celebrating this event are Joy R., Mima L., and Margaret F.







**LGBTQ** Film **Fest presented** by Resident John **Kaufman** 



Left: John Kaufman leads a discussion on LGBTQ people in Hollywood, during Reel2Reel on the first day of the LGBTQ Film Fest. Reel2Reel is a group founded and led by John that meets bi-monthly to explore different actors and directors in film.



# Springtime Fun!







We made signs for the golfers competing down the street at the US Open! Top row, left to right: Peggy M., Drew R., Kit W., and Mimi H.; Karen M.; Marie S.







Above: Flower arranging with Carol A. and Ann H. (left) and Gloria C. and Mary F. (right)

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#### ASSOCIATE PROFILE



Executive
Assistant/Project
Specialist Aneylis
Hernandez
joined our
Goddard House
team in June.
She will work
closely with CEO

Candace Cramer and will also work with Director of Community Partnerships Christine Nagle to support Goddard's community initiatives. Aneylis comes to Goddard House after working with older adults in various settings for the past six years, including working as a resident care coordinator. She attended Mass College of Pharmacy in Boston, where she studied health science with a concentration in healthcare management, and earned her master's degree in healthcare administration. What most attracted Aneylis to Goddard House was its inclusive mission to give back to the greater community. She is excited to participate in some of the hands-on projects, especially those involving art, such as Opening Minds Through Art (OMA).\* Aneylis lives in Watertown, and enjoys spending time with her husky and exploring beaches, hiking, and trying new restaurants. Welcome to Goddard, Aneylis, we are happy to have you on the team!

-EnrichedLIFE Director Rebecca Margolin

\*Our Opening Minds Through Art (OMA) program was recently featured in the Boston Globe! Read the article here: https://www.goddardhouse.org/news/opening-minds-through-art-program-broadens-its-reach-in-boston/