



August 2022

Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

Summer Jazz Series!

- 8/4 • **The Swing Legacy** 8/18 • **Afrika Gente**
- 8/11 • **The Wolverines** 8/25 • **The Winiker Brothers Orchestra**

Concerts are Thursdays from 6:00–8:00 P.M.
 Goddard House residents and their families are welcome. Families, RSVP to 617-731-8500

GODDARD SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. Meets monthly on the 4th Wednesday.

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M.

Please contact Director of Social Services Becca Mayfield at 617-731-8500, or rmayfield@goddardhouse.org for more info.

Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Laurie Livingston has been making everyone laugh here at Goddard House since fall of 2021. Originally from Illinois, Laurie came to Boston to attend graduate school at Boston University and has lived in the area ever since. She became a clinical psychologist in Brookline, and adored her patients. Laurie's father, a popular doctor in Illinois,

was one of her role models, as he demonstrated a genuine approach to caring for patients. Laurie is also proud of her time volunteering for the AIDS Action Committee in the 1980s. She visited and provided comfort to patients who had otherwise few visitors, and found a strong sense of community among the other volunteers. Laurie enjoys spending time with friends in Provincetown, or on the basketball court with The Hot Flashes, a group she and her friends formed to stay connected. She enjoys people, especially her adult child Kai who lives in Brighton. Other favorites of Laurie include her cats Ollie and Max, who are sweet (most of the time), and mint chip ice cream. Laurie, we are happy to have you at Goddard House!

-EnrichedLIFE Director Rebecca Margolin

All visitors must first **check in** at the front desk for contact tracing purposes and **wear a mask** for your entire visit.

Thank you!

The Reunion Project: New Art Show in Goddard's Gallery M

By Portrait Artist **Lora Brody** and Community Art Therapist **Meredith Griffiths**

Created by Boston-based portrait artist Lora Brody, The Reunion Project is a unique multi-faceted program that combines portrait photography and the written word to give senior women an opportunity to reflect back on their lives, who they were as teenagers, and who they are now.



Twenty-seven residents from Goddard House participated in this round of the project. The women sat for portraits, and responded anonymously to

a series of 14 prompts, sharing memories and anecdotes from their lives. Their responses are exhibited on scrolls among the portraits on display.

As described by Ms. Brody, The Reunion Project gives senior women a voice to describe their life experiences, choices, joys, heartbreaks, successes, challenges, advice, and observations. This exhibit uses photographic images and text to create an environment that invites and facilitates reflection and meaningful discourse among the participants and their families, friends, colleagues, and helpers of all ages. You can learn more at www.thereunionproject.org.



Susan K. and Michael S. view the Reunion Project in Gallery M

The exhibit will remain on display in Gallery M through September. 🏔️

Caribbean Heritage Month



*We held a Caribbean Heritage Month celebration for associates! Pictured above are Executive Director **News-Johanne Marcellus** and Director of Business Administration **Josephine Hoey***



*Left: Chef **Lakeisha Brown** and Dining Associate **Ann Marie Boswell**; right: **Josephine** in front of the buffet of delicious Caribbean cuisine*



*The Dancing Dino (a.k.a. EnrichedLIFE Director **Rebecca Margolin**) with residents*



*Mimi B. dancing with the shark (a.k.a. Olmsted Program Director **Kristen Cipriano**)*

Goddard House Family Barbecue!



*Flamingo (a.k.a. Executive Director **News-Johanne Marcellus**) and Joy R.*



Dolores N., Anne H., Marie S., Laura C., Carolin C., and Veronica D. enjoy the festivities



*Chef **Elio Hernandez** serves up a feast*

The Road to Antiquity

by Resident Musia Watkin

On approaching this threshold,
You may meet reflections, hesitations,
diversions.
But there are directions to follow.
So put your best foot forward,
Without a backward glance,
Read the signposts carefully.
Arm yourself with strength and fortitude.

To navigate this road,
Over hill and dale,
Through brambles and bracken,
Over clinging vines,
Over rocks and gullies,
Over muddy brooks,
You may seek a little help and
encouragement.

But do not stray from the path,
Despite the scratches, the wounds, the pain.

Overcome the bumps in the road,
The hazards and the setbacks
Bravely and with stoicism.
Be ready for potholes,
For misadventures and disillusion.
Wave off despondency.
Strive towards this goal fearlessly,
With perseverance and determination,
With head held high,
With good spirits and a smile
And encourage the world in this endeavour.





Summer Fun!

Top row: **Vivian F.** and **Sam L.** on a trip to Wollaston Beach. National Ice Cream Day celebrated by (second row): **Dolores N., Joel K.,** and **Mary F.**; and (third row): **Peggy M., Mary K.,** and **Veronica D.**



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NEWSLETTER CONTRIBUTORS

Musia Watkin
Resident

Rebecca Margolin
EnrichedLIFE Director

Kristen Cipriano
Olmsted Program Director

Meredith Griffiths
Community Art Therapist

Lora Brody
Portrait Artist



ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street
Brookline,
Massachusetts 02445
617-731-8500

WWW.GODDARDHOUSE.ORG

ASSOCIATE PROFILE



Jeremy Klami started here at Goddard House a few months ago as our Sous Chef. Jeremy has always had a passion for the culinary arts. He graduated

from the Institute of Culinary Education in 2018 and worked many different jobs in the industry including dishwasher, line cook and even head chef at a variety of high end restaurants.

Jeremy also has a passion for working with older adults, especially those with Alzheimer's, as he was his grandfather's caregiver after his diagnosis. When Jeremy moved to Boston from New York and noticed a position open at Goddard House, he realized it was the perfect fit because it combined both of his interests! Jeremy mentioned that he likes working in this environment more than the high end restaurants he used to work in because he is able to make connections with the residents over time instead of serving new people each day.

When Jeremy isn't here at Goddard House, he likes to spend time taking his dog on walks, listening to music and trying out new video games. We are very lucky to have such an experienced and caring person as part of our dining team!

-Olmsted Program Director
Kristen Cipriano