



September 2022



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

SATURDAY, SEPTEMBER 17

Brookline Porchfest!

The Fellas Four with Lance Chapman on drums will play on the Goddard House Gazebo from 2:00-4:00 P.M.

To see all the events, visit www.brooklineporchfest.org

GODDARD SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. Meets monthly on the 4th Wednesday.

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00-8:30 P.M. Please contact Director of Social Services Becca Mayfield at 617-731-8500, or rmayfield@goddardhouse.org for more info.

Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30-7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Joan Weinstein has been a resident of our Olmsted neighborhood for over a year now and we have all loved getting to know her. Joan grew up with her family in Brooklyn, New York and talks fondly about her time there. Her dad was a photographer and would often take pictures of Joan when she was younger; some of these photos are hanging in her apartment here at Goddard. She also has a passion for learning and always strived for excellence when it came to her education, which she definitely achieved! After earning her bachelor's in mathematics from Vassar College, Joan went on to earn two master's degrees, one in math from Boston University and the other in statistics from Harvard! She excelled in an engineering position at IBM before deciding to move into teaching. Joan worked as a math professor at Pine Manor College and the Harvard University Extension School. One of her favorite parts of being a professor was being able to encourage her students. Joan also loves all things musical and is often seen singing along to concerts and during programs. We are so happy to have Joan here with us!

-Olmsted Program Director Kristen Cipriano

ALZHEIMER'S MINI-WALK

for Goddard residents, families & associates
Friday, September 30th from 2:00-4:00 P.M.

Please join us!

A Summer Tradition of Jazz at Goddard House

by Assistant Executive Director **Lance Chapman**

In 2014, to the great pleasure of all of our residents, Goddard House began hosting a series of jazz concerts known originally as Cookin' Up Jazz. With a deep pool of talented jazz musicians in the Boston area, finding great bands was not a problem. We wanted to create a substantial series that lasted the entire month of August. The warmer summer weather also allowed us to create outdoor spaces for larger audiences of up to

80 residents, family members, and friends to enjoy these magnificent shows. The initial years of the series went well. For the first seven years we were fortunate that not one concert was affected by rain or high temperatures.

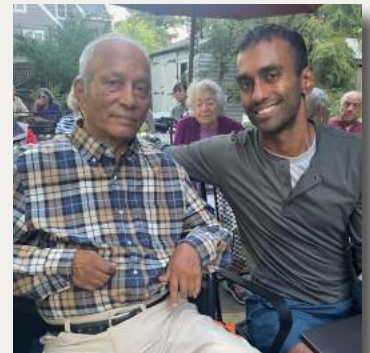
This year we again returned to the soothing rhythms of jazz to help us through the summer months. The artists that play each year have been varied but always well received: **The**

Winiker Brothers Orchestra featuring Stan Strickland and Claudia Eliaza; **The Wolverines**; **Afrika Gente** led by local favorite, Cornell Coley; and **The Swing Legacy**. Each Thursday evening in August, we enjoyed fantastic performances

in our ninth year Cookin' Up Jazz! 🏔️



*Enjoying our Summer Jazz Concerts are (top to bottom): **Mima L., Anne G., and Jewel B.; Sylvia M. and her daughter with George C.; Sunil K. and his son; Joan W. and Trish M.; Marie S. and Kit W.***



Jazz Aficionados!



Top to bottom: Evie P., Bob M., and Mimi B.; Peggy M., Joel K., and Mimi H.; Steve H., Marta G., and Etta E.

Reaching Out: 10 Ways to Build Community

Thursday, September 22

3:30–4:30 P.M.

at Brookline Senior Center, 93 Winchester Street
(also offered on Zoom)

Explore rewarding ways to reach out and enjoy building communities, friendships and a sense of belonging!

Val Walker, a rehabilitation consultant and contributing blogger for *Psychology Today*, will discuss loneliness and isolation prior to Covid and its impact now; situational forces that isolate us; internal forces that isolate us; forces that help us break out of isolation and stay connected; and tips for volunteering.



Val is the author of the books, *The Art of Comforting* and *400 Friends and No One to Call: Breaking Through Isolation and Building Community*. She has a Master of Science degree in rehabilitation counseling and has led support groups for 24 years for people living with chronic illness, disability, grief, and trauma.

This event is free of charge. Register for both in-person and Zoom by calling 617-730-2770.

Sponsored by Brookline Community Aging Network and its founding partners: Brookline Council on Aging, Center Communities of Brookline, Goddard House Assisted Living & Memory Support, and Jewish Family & Children's Service.





Indoor & Outdoor Fun!



Top row, left to right: Flower Arranging with **Gloria C., Veronica D., Kit W., Marie C., and Mimi H.**

Second row: Bubbling Brook Ice cream trip with **Margaret E., George C.** and Programming Assistant **Marie Jeanty.** Bottom: Puzzlers **Alma S., Nancy K., and Shirley U.**



ASSOCIATE PROFILE



Resident Care Associate **Ruth Porter**, originally from Jamaica, has been part of the Goddard House team for over a year now. She previously

worked in Florida for over 12 years as a team leader at another assisted living residence. Ruth's goal at work is to provide the highest and best care; she thinks of her own mother while she cares for residents in both our Olmsted and Traditional programs. Ruth is the mother of four children, grandmother to four as well! Ruth is very close to her children, and has instilled in them a strong set of morals as well as the value of education. One of her daughters hosts virtual math competitions for students in Jamaica—the winner receives a scholarship and the other competitors receive funds for education as well. Ruth and her family have also promoted education by donating 45 electronic tablets to Jamaican youth! In her free time, Ruth enjoys reading, and she loves to dance. Ruth, thank you for bringing your compassion and bright personality to Goddard!

-EnrichedLIFE Director *Rebecca Margolin*

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All visitors must first **check in** at the front desk for contact tracing purposes and **wear a mask** for your entire visit.

Thank you!