



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

GODDARD HOUSE SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group
This group welcomes Goddard House family members. Meets monthly on the 4th Wednesday.

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M. Please contact Director of Social Services Becca Mayfield at 617-731-8500, or rmayfield@goddardhouse.org for more info.



Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Alma Sahagian has been a wonderful resident at Goddard House since June of 2022 and is a great addition to our community. She previously lived on Park Drive in Boston, and frequently walked past the community garden. Alma fondly remembers her own love for gardening, and was a part of Boston's garden club. Alma

originally moved to the Boston area with her parents and sister from the heart of New York, Manhattan, when she was just about seven years old. She went to Milford High School, and then attended the New England Conservatory of Music in Boston. She majored in piano, which she was not crazy about, but studied and practiced in order to please her parents. Since living at Goddard House, Alma attends many programs, and especially looks forward to the weekly group outings. She has connected to other residents and enjoys putting puzzles together with the puzzle group. In the warm weather she may often be found outside taking in the sunshine in the Goddard House garden. Alma, we are happy to have you at Goddard House!

-Programming Assistant Marie Jeanty

HOLIDAY REVELERS!



At our annual Holiday Party (top row, left to right): **Marie S., Mimi B., Veronica D., and EnrichedLIFE Director Rebecca Margolin; Michael S. and John K.;** Olmsted Program Director **Kristen Cipriano, Programming Assistant Marie Jeanty, and Rebecca;** Olmsted residents and associates dancing to the Winiker Brothers. Second row: **Grace M.** dances with Santa; **Martin C. and Karen M.;** **Mimi H. and Mimi B.;** **Mary F., Grace M., and Veronica D.** Third row: Playing Dreidel are **Michael S., Director of Social Services Becca Mayfield,**



Executive Director News-Johane Marcellus, and Margaret F. Bottom row: Ringing in the New Year are **Shirley B., Jaci S., and Luise B.**



Season of Giving

Over the summer, a group of Goddard House residents began meeting every Saturday to knit together. Organized by **Musia W.**, the group's goal was to knit scarves to donate to a local charitable organization. The participants (**Musia, Jewel B., Barbie B., Vivian F., and Anne G.**) gathered each Saturday to share knitting techniques, conversation, and often cookies, producing a total of 14 beautiful soft scarves in attractive colors. With the arrival of cooler weather, the scarves are now on their way to the Pine Street Inn.

Residents also assembled bags of toiletries and supplies to donate to the Pine Street Inn!



Above: **Phyllis S. and Elizabeth T.** assemble donation bags for Pine Street Inn

Above: **Vivian F.** with a hand-knit scarf



Above: **Musia Watkin** turned 100 on New Year's Day! At right: her poem reflecting on this momentous birthday!

Life at 100 Years

Is life a span of time only
of how to understand the dark days
With accepting the grey days
With making space for the bright days.

OR

On how to grapple,
With the changes in a new world
With the technological age
With the spectacular exciting future in
space

With the new perspective in art
With the new philosophy on life
With the new horizons
In a world of unimaginable highs
and lows
OR
Just living blissfully unaware day to
day in the now.

Musia Watkin
December 2022





Ornament Making

We made some beautiful ornaments with the help of our friends from Green City Growers!



Clockwise, from right: Veronica D., Marie S., Drew R., and Mima L. work on their beautiful creations!



ASSOCIATE PROFILE



Mickerline Volmar, who goes by **Mikki**, joined the leadership team at Goddard House this fall as our Olmsted

Nurse Manager. If you have had the pleasure of meeting Mikki, you know that she has a warm, friendly personality and is always willing to help out. Her main role is to oversee resident care for the residents of Olmsted, communicating with families and outside care providers and providing support to resident care associates along with other areas related to resident care.

Mikki originally pursued a career in business administration; however, she soon realized that was not for her and decided to switch to healthcare. Prior to coming to Goddard House, Mikki worked at Beth Israel Deaconess for 21 years, and has also worked with older adults in nursing homes and providing in-home care. When she is not working, she enjoys spending time with her son. Mikki appreciates the friendly environment at Goddard House and also values being part of a team that works together. She is enjoying getting to know the residents and looks forward to coming in to work each day. Welcome, Mikki! We are glad you are here!

*-EnrichedLIFE Director
Rebecca Margolin*

Volume 11 No. 1—January 2023

NEWSLETTER CONTRIBUTORS

Rebecca Margolin
EnrichedLIFE Director

Marie Jeanty
Programming Assistant



ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street
Brookline,
Massachusetts 02445
617-731-8500

WWW.GODDARDHOUSE.ORG