



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

GODDARD HOUSE SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one.

Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. *Meets monthly on the 4th Wednesday.*

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M.

Please contact Director of Social Services Becca

Mayfield at 617-731-8500, or

rmayfield@goddardhouse.org for more info.



Olmsted Family Caregiver Group

This group welcomes Goddard House family members. *Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom.*

Please contact Olmsted Program Director Kristen Cipriano at

kcpriano@goddardhouse.org for more info.

RESIDENT PROFILE



Nancy Tieszen, originally from Missouri and most recently from Illinois, joined the Goddard House community last fall, coming to Brookline in order to be close to family. Always interested in science, Nancy attended Purdue University in Indiana. There, as a member of the class of 1949,

she studied mathematics and was one of few women in the field. One of her fondest memories was living and working in England for six months as part of a project with other students in her program. Following school, Nancy worked as a bookkeeper for various companies.

At Purdue, Nancy also met her future husband, Melvin. When they were first married, the two lived in downtown Chicago, later raising their children (Lisa, Lori, and John) in the Chicago suburbs, primarily Hinsdale.

Nancy likes to play cards and loves classical music. She also enjoys sewing, and even took a millinery course at the College of DuPage—she still has some of the hats she made! Nancy, we are glad to have you and your friendly personality here at Goddard House!

-EnrichedLIFE Director Rebecca Margolin



Wildlife Portraits & Self-Portraits

Photography by Ben Achtenberg | On display in Gallery M until March 7, 2023

ARTIST STATEMENT

We are not alone. We may not know or often think about it when we're walking down Centre Street in Jamaica Plain or at the beach on Cape Cod, but we still share our everyday habitats with some of the abundant wildlife that the Pilgrims encountered (and often ate) so long ago. Coyotes, foxes, and deer still flourish here, along with a variety of smaller creatures and our wealth of native and migratory birds. In fact, many species have become more visible in recent years, as climate change and urban sprawl have brought humans and animals into greater proximity and territorial conflict.

Not long after my wife and I bought our Jamaica Plain home in 1976, we were startled to see a deer walking through our backyard. Today, local social media feature daily postings—both respectful and hostile—about coyote sightings. Many of the photos in this show document the wildlife we have encountered during our frequent walks around the Pond, the Arboretum, and other nearby locations—including, most recently, a fisher cat!

After we bought our second home in Wellfleet, I began exploring the fringes of the Cape's natural world on our hikes and through photography, not just with conventional cameras but using inexpensive motion-activated cameras. These "robo-cams" have

picked up some pretty amazing "self-portraits" of the deer, coyotes, and other wildlife that pass through our yard and down-slope through the woods, when we're absent or asleep. Our walks have also enabled my wife to pursue her obsession with snowy owls, accounting for their several appearances in this show.

For background: I was, for many years, a documentary filmmaker and owner of a small independent production and distribution company, Fanlight Productions, which handled over 400 titles dealing with healthcare, parenting, and disability issues. Many of my own films were festival award-winners, including the Oscar-nominated documentary *Code Gray* about ethical dilemmas in nursing (produced in collaboration with nurse-ethicist Christine Mitchell), and *Healthcare for the Homeless*, documenting Boston's nationally-recognized program. My most recent film, *Refuge: Caring for Survivors of Torture*, explores the difficulties faced by immigrant survivors of torture now living in the United States.

As our friends are aware, I am experiencing some degree of memory loss these days, which makes the exercise of pulling together this show and being able to share these memories and images with you especially meaningful for me.

Ben Achtenberg

INTERGENERATIONAL EXPERIENCES AT GODDARD HOUSE!

We recently welcomed students from both Babson College and Massachusetts College of Pharmacy and Health Sciences to join in intergenerational events with our residents!



"Babson College MBA students sought out Goddard House residents for a round table conversation to conduct research for their online, intergenerational community business concept."

-Director of Community Partnerships **Christine Nagle**



*Left: Students share their business concept and listen to feedback and ideas from Goddard House residents (top); **Sally S., Jewel B., and Arlene W.** with Babson College students (bottom)*

At right: A group of students from MCPHS had a "Goddard House Experience Day" to learn what our community is all about. They began their day with a welcome tea followed by a tour of Goddard. Next came an opportunity to sit down and chat in more depth with some of the residents, and a luncheon that also served as a brainstorming session for opportunities for the students to stay connected to Goddard House. The visit concluded with a hands-on Opening Minds Through Art (OMA) workshop led by Community Art Therapist **Meredith Griffiths**.



A big thank you to Director of Community Partnerships Christine Nagle and Assistant Executive Director Lance Chapman for organizing these incredible experiences with Babson and MCPHS!

*Above: **Lance Chapman** with students and OMA art they created at the workshop*





Opening Minds Through Art!



*Participating in a recent watercolor project with Opening Minds Through Art are (top row): **Mary F., Christopher H., and Helen W.**; second row: **Peggy M. and Laurie L.** Bottom right: **Lesley Art Therapy Intern Noelle Leblanc with Shirley B. and Carol A.***



ASSOCIATE PROFILE



Programming Assistant **Sabella Masticola** started as an Olmsted Program Assistant back in October after coming from one of our sister communities, Compass on the Bay, where she worked as a receptionist for four years. Even while working as a receptionist, Sabella loved being able to interact with the residents and would assist with programs when she could. Since starting at Goddard, Sabella has brought so many great new ideas to the Olmsted program. She is currently working on a resident photography project and has also introduced new trivia and exercise programs! Sabella has always enjoyed the arts and graduated from the Massachusetts College of Art and Design. She has also recently begun taking creative writing courses as well. When she isn't at work or school she enjoys relaxing with her two cats, Binx and Elise (who is pictured with Sabella, above!).

*-Olmsted Program Director
Kristen Cipriano*

Volume 11 No. 2—February 2023

NEWSLETTER CONTRIBUTORS

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ASSISTED LIVING & MEMORY SUPPORT

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BIRTHDAYS!



Bernice S. and Ilga K. celebrate January birthdays