



March 2023



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

GODDARD HOUSE SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one.

Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. *Meets monthly on the 4th Wednesday.*

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M.

Please contact Director of Social Services Becca

Mayfield at 617-731-8500, or

rmayfield@goddardhouse.org for more info.



Olmsted Family Caregiver Group

This group welcomes Goddard House family members. *Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom.*

Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Mimi Brown brought some of her own sunshine to us when she moved to Goddard House from Florida last July. Originally from New York, Mimi grew up in a neighborhood full of families and children and loved the sense of community. Her mom would often have the family volunteer

at different events and the desire to give back has stuck with Mimi throughout her life. Whether it was organizing supplies for soldiers as her high school's vice president or volunteering at hospitals as an adult, Mimi has always loved helping people.

Mimi is also quite the social butterfly! She said that she has always preferred to be around other people than be alone and was always joining different clubs and community groups. This has continued through her move to Goddard and she can be found front and center during programs and chatting with her friends on Olmsted. She also has taken up art more recently and her paintings were part of our OMA exhibit! If you ever need a dancing partner or someone to cheer you up, stop by Olmsted and say hi to Mimi!

-Olmsted Program Director Kristen Cipriano

Van Outings!



We took a City Tour! On the van (above) are Joel K., Marta G., Marie S., Mary F., Mimi H., Grace M., and Mimi B. Some of the sights we saw were the former home of civil rights leader Malcolm X (top left) and the Embrace sculpture on Boston Common honoring the legacies of Dr. Martin Luther King Jr. and Coretta Scott King (bottom left)

Thank you to the Museum of Fine Arts, Boston for a wonderful tour! Olmsted and Traditional residents enjoyed learning about Impressionist paintings and artists. We are already looking forward to our next visit!



ASSOCIATE APPRECIATION

We love our associates! All our departments—Wellness, Dining, Housekeeping, Maintenance, Programs, and the Business Office—bring compassion, energy and teamwork!



Top to bottom: our associate raffle; Resident Care Associate **Ginette Bernard** and Executive Director **News-Johanne Marcellus**; CEO **Candace Cramer** and Housekeeping Associate **Beverly Saulnier**; Business Office Associate **Christopher Isaacs**; and Maintenance Lead **Marvin Gomez**

Lifetime Achievement Award



To our most recent recipient Ruth B.:

Ruth, you have enhanced the life of others in many ways, through your career in elder law, your work for the National Organization for Women, and your poetry course at Brandeis University's Lifelong Learning Institute. We

appreciate your thoughtful intellect and quiet sense of humor. Thank you for being a part of the Goddard community!

What is the Lifetime Achievement Award?

The Lifetime Achievement Award Program was created in 2010 to highlight the achievements and experiences of residents in a public ceremony. This award program also provides an opportunity to get to know residents on a more personal level, and to share elements of their life story with fellow residents and associates, fostering respect and compassion in our communities.

Every resident here is deserving of such an award! The recipients are residents who have been nominated by the leadership team and have agreed to be honored in a public setting, representing the diverse community of residents at Goddard House.

Opening Minds Through Art

Opening Minds through Art (OMA) is an award-winning, evidence-based, intergenerational art-making program. OMA's mission is to build a bridge across cognitive barriers and age through art. Each artist is partnered with a trained volunteer on a one-to-one basis, supporting them but with a step-by-step, "hands-off" approach, so that the artist creates the artwork independently.

Collectively, through the OMA journey, we re-think our assumptions about what is possible when living with dementia.

At right, clockwise, from top left: Ellen G.; Helen W. and intern Noelle; Laurie L. and Intern Kate; Marta G. and intern Kate



ASSOCIATE PROFILE



Dining Associate **Mauro Pereira** joined the Dining team in September, and has truly made a positive impact on the community! Born in Cape Verde, Mauro came to the Boston area at age two, and has lived here ever since, starting school early at the age of three. Mauro is currently a senior in high school, and has been carefully considering his next step.

He is looking forward to attending Trade School in June—while he is proud of two academic scholarships he has been offered, including from Boston College, Mauro finds enjoyment and satisfaction in tasks that are hands-on, and is excited to learn and master a trade such as carpentry or plumbing. Freshman year of high school was online, and even after students returned to the classroom, Mauro observed many changes due to the pandemic, such as the elimination of paper and having to wear a mask all the time. After making it through high school during a pandemic, he will surely succeed at whatever he puts his mind to! Aside from focusing on his studies, Mauro likes to spend time working out at the gym. He also likes coming to work at Goddard House, and enjoys conversing with the residents. He noticed that this has made him so much more comfortable having conversations! As a member of the dining team, Mauro is always willing to learn more, and has obtained his Food Handler Certificate, Certificate of Allergen Awareness, and CPR/AED/First Aid training at Goddard House. Mauro, your calm manner and willingness to help out has brought so much to the Goddard community, and we wish you the best!

-EnrichedLIFE Director Rebecca Margolin



Around Goddard!



*Above: celebrating Mardi Gras are (clockwise, from top left): **Peggy M., Marie S., Mary F., and Luise B.***

*Below: Residents (including **Sally S.,** at right) meet with Babson College MBA students in a round table conversation to conduct research for their online, intergenerational community business concept!*



Volume 11 No. 3—March 2023

NEWSLETTER CONTRIBUTORS

Rebecca Margolin
EnrichedLIFE Director

Kristen Cipriano
Olmsted Program Director



165 Chestnut Street
Brookline,
Massachusetts 02445
617-731-8500

WWW.GODDARDHOUSE.ORG

