

Goddard Times

Goddard House

UPCOMING EVENTS

GODDARD HOUSE SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group This group welcomes Goddard House family members. *Meets monthly on the 4th Wednesday*.

The above groups meet with Barbara Moscowitz, MSW virtually via Zoom from 7:00–8:30 P.M. Please contact Director of Social Services Becca Mayfield at 617-731-8500, or rmayfield@goddardhouse.org for more info.

Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Perry Wong has been a wonderful resident of Goddard House for just about six months, always greeting everyone with a smile. While he is a quiet person, he also has an interesting life story. Perry was born in China, then moved to Hong Kong with his four brothers and three sisters. After serving in the Korean War

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for a year, he then moved to South Korea.

In order to be closer to his family and his father's restaurant in Boston, Perry enrolled at Northeastern University. Later he also managed a family-run restaurant in Harvard Square called Young & Yee, named after him and his wife. Their three children also learned the restaurant trade by working in the best restaurants in China, where they were taught the ins and outs of customer service and management. Perry is very proud of his children, who ran the restaurant while Perry and his wife traveled the world. Among the many places they visited were the Bahamas, Panama, Italy, France, Spain, Asia, Thailand, The Great Wall of China, Hong Kong, and Taiwan!

Perry regularly visits the Brookline Senior Center, where he makes donations and enjoys catching up with his many friends there. Some of the things he likes about living at Goddard House are the friendly associates and residents, the well-run community, and the fabulous entertainment. Perry is a great addition to the community and we love having him here!

> -Transportation & Programming Assistant Marie Jeanty

Building Community Through Art

by Director of Community Partnerships Christine Nagle

Exhibition Showcases Artwork created by Goddard House Residents and Participants in Three, Boston-based Goddard House Community Initiatives (GHCI) Programs

 $B^{\mathrm{uilding\ genuine\ connections\ through\ art\ is}}_{\mathrm{the\ theme\ of\ the\ first\ combined\ Goddard}}_{\mathrm{House\ and\ Goddard\ House\ Community\ Initiatives}}$

Currently showcased in Gallery M are more than 40 pieces of artwork created by Goddard House Olmsted residents and GHCI participants in the Opening Minds through Art (OMA) programs offered at Anna Bissonnette House (South End), Mount Pleasant Home (Jamaica Plain), and Ruggles Assisted Living (Roxbury).

A signature program at Goddard House since 2016, OMA is an award-winning, evidence-based, intergenerational, abstract art-making program for older adults and those living with dementia. The goal of OMA is to challenge assumptions and build respect and genuine connections between older adults and volunteers/student interns as they come together through artmaking. Graduate student interns from Lesley University and other area colleges participate in the program both at Goddard House and in the Boston-area GHCI programs.

GHCI was created in 2017 to share Goddard House's creative energy, bringing the joy and fellowship of the arts to older adults living in the community. Since summer 2021, GHCI has sponsored and facilitated OMA programs for older adults living in diverse Boston communities to encourage self-expression and innovation while building community through art. The GHCI team of OMA facilitators, who were all originally trained in OMA through Goddard House with our residents, collaborated with Goddard House Art Therapist **Meredith Griffiths** to plan the exhibition.

Community-building events to honor the artists and their artwork—and introduce the OMA artists to each other—are scheduled for Thursdays, April 6th and April 20th. The exhibition runs from March 9th–April 24th.



"Art binds. Culture generates social capital and strengthens a community's character. Art brings people together physically—at galleries, museums, performance spaces—and culturally, through its capacity to tell a community's shared story, to inspire reflection, and form connections that transcend differences."

Alberto Ibargüen, President of the John S. and James L. Knight Foundation, a nonprofit that provides grants for journalism, communities, and the arts.

Compassion - Respect - Collaboration - Responsiveness

Chef's Corner



Marie Boswell; Chef David Shell; some delicious



GENERAL STORE OPENING!

We held the Grand Opening of our Goddard General Store, founded by Transportation & Programming Assistant Marie Jeanty. Marie and Programming Assistant Cherise Detwiler will open the store twice a month so that residents may purchase items at cost such as stamps, toiletries, pens and more!







Top right: Marie, Anne G., and Dolores N. Bottom right: Murray F., Susan F., Anne G., Phyllis S., Marie and Cherise. Bottom left: Marie and Theresa C.

ELDERGROW

Eldergrow gardening on our Olmsted neighborhood provides residents with opportunities for hands-on indoor gardening.











Clockwise, from top left: Eldergrow educator Mara and Laurie L.; Mara with Mimi B., Susan K., Mary F. and

Grace M., Mimi B. and Mimi H. enjoy Mardi Gras flower crown making

Pi Day Right: Alma S., Margaret F., and Sally S. on Pi Day, 3/14!



Excellence -X Innovation -X

Transparency



Around Goddard!



Above: Assistant Executive Director Lance Chapman hosted a Men's Lunch of steak and lobster! There was good food, great conversation, and an opportunity to deepen relationships. Pictured are Murray F., Gerry P., Roger G., Rick M., Jay S., George C., John K., and Lance.

Below: Betty A., Vivian F., Margaret F., Roberta W.,
Director Debi Block, Ruth
B., Maggie B., and Jay S.
rehearse for Fiddler on the
Roof, with a performance date to be announced!







Left: Open Studio with Helen W., Lesley Art Therapy Intern Noelle, and Marta G.; Grace M., Mary F., and Marie S.



Above: Olmsted residents get musical with Devin (left) and Deb (right)

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NEWSLETTER CONTRIBUTORS

Christine Nagle Director of Community Partnerships

> Kristen Cipriano Olmsted Program Director

Marie Jeanty Transportation & Programming Assistant



165 Chestnut Street Brookline, Massachusetts 02445 617-731-8500

www.GoddardHouse.org

A S S O C I A T E P R O F I L E

EnrichedLIFE Assistant Cherise Detwiler started at Goddard House back in January 2023 as a programming assistant in our EnrichedLIFE Department. Originally

from Wilmington, Cherise moved to the Boston area to attend Lesley University, where she graduated in the fall with a degree in human services. One of the reasons she was drawn to Goddard House was her interest in getting to know the residents and learning more about the experiences that have shaped them into the people they are today. As part of the programming team, Cherise spends her day helping to facilitate groups, her favorites being word games such as anagrams and group crossword puzzles. Cherise is always willing to help, and she's enjoying getting to know the residents and associates!

Outside of Goddard House, Cherise loves rock climbing, roller blading, and playing the guitar. She also enjoys spending time in nature and has worked on a number of farms including some in North Carolina and Hawaii!

Cherise, we are so lucky to have you at Goddard House!

-Olmsted Program Director Kristen Cipriano



Cherise plays cards with Phyllis S., Ilga K., Elizabeth T., and Margaret F.

