



June 2023

Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

GODDARD HOUSE SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one.

Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. *Meets monthly on the 4th Wednesday.*

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M.

Please contact Director of Social Services Becca Mayfield at 617-731-8500, or rmayfield@goddardhouse.org for more info.



Olmsted Family Caregiver Group

This group welcomes Goddard House family members. *Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom.*

Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Barbara Bauman landed at Goddard House after calling a wide variety of places “home”—Detroit, South Carolina, Delaware, Virginia, Kentucky, Tennessee, Boston, and Maine. Her on-the-go childhood fostered an incredible capacity to be flexible, which certainly came in

handy for her future career. Barbara has

had a robust life working as a nurse in a variety of contexts, including managing a unit that helped women navigate difficult OB-GYN related issues, such as child loss, adoption, and abortion. She feels immensely passionate about the field of nursing, and about who nurses are and what they do. She has three essential rules that have helped guide her throughout her life and career: 1) The trains have got to run on time. (You’ve got to have systems that work. You have to keep it all together.); 2) It’s all about relationships; and 3) Seek first to understand, then to be understood. Outside of her career, Barbara enjoys music, nature, and spending time with her friends and her loving cat, Scotty. You’re also definitely going to want Barbara on your trivia team. She holds an abundance of knowledge and you can often find her at Jeopardy busting out answers left and right within seconds. We are so grateful to have Barbara’s compassionate, thoughtful, and caring spirit in our community!

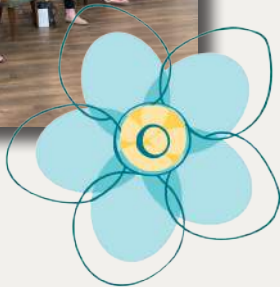
-Programming Assistant Cherise Detwiler

SENIORS HELPING SENIORS

Recently the Goddard House Outreach Team traveled to the Waltham office of Seniors Helping Seniors (SHS). Olmsted Program Director **Kristen Cipriano**, Community Art Therapist **Meredith Griffiths**, and Assistant Executive Director **Lance Chapman** presented the Dementia Friendly Workshop to 18 staffers at SHS. Goddard House and SHS have been good partners for the last decade with great success. We plan to bring our Opening Minds Through Art (OMA) workshop to their staff later this summer. Playing this role in the education of our community partners on subjects of aging and memory loss serves to raise the level of understanding, and therefore the level of care our residents receive.



*At left, top: Seniors Helping Seniors Team Leader **Marie Long** and CEO **Josh Obeiter** gear up for participating in the Dementia Friendly workshop; bottom: SHS staff attending the Dementia Friendly workshop*



dementia friendly
Communities

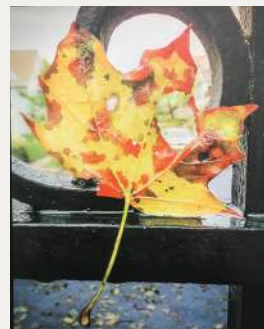
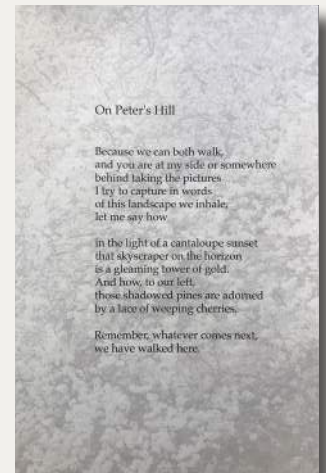
In Partnership with Senior Living Residences

Gallery M!

All are welcome to view the current exhibition in Gallery M, entitled, *Photography by Philip McAlary with Poetry by Holly Guran*. **Phil McAlary** studied visual art at schools in New York City and Michigan. He earned a Master of Fine Arts from Otis Art Institute in Los Angeles. He has been a photography enthusiast since his early teen years and was influenced by his mother Adelia who enjoyed photographing and filming family events.

Several works in this exhibition feature poetry by **Holly Guran**, author of *Twilight Chorus*, *River of Bones* and two chapbooks. *Now Before and Ever* will appear early 2024. She enjoys coordinating a popular Boston poetry series, *Rozzie Reads Poetry* and *OpenMic*. Her work has appeared recently online in *Panoplyzine* and *Grim and Gilded*, and in *Blue Unicorn* and *Round Table Literary Review*.

On Tuesday, May 23rd, the artists were welcomed at Goddard with a reception and Q&A, and in June, Holly Guran will be the guest poet at *Enjoying Poetry*, a weekly poetry discussion group founded by Goddard resident **Ruth Kramer Baden**.



Virtuoso Performances

by Resident *Musia Watkin*

I take a promised walk in the garden
For peace and introspection
To savor the beauty of nature
And the glory of spring.

A call
An announcement
A new family has arrived.

The birds in their joy
Well prepared and rehearsed
Perform a splendid welcome
With their individual arias

Suddenly the brisk wind
Creates a whirlwind
And the dry and sleepy leaves stir
Slowly they perform a dreamy ballet
Adding soft percussion to the music.

The industrious bees
Quite puzzled
Whirl distractedly around
And generously contribute their humming
To the virtuoso performances

In the pond
The sauntering ducks
Guiding their family by their clucking
Enhance the magical orchestration
In this enticing musical garden

Pride Month at Goddard House!

Friday, June 2nd

2:00 P.M. at the Gazebo

Flag Raising & Kick Off Event

Keynote speaker: Gretchen Van Ness,
Executive Director of LGBTQ Senior Housing
Followed by music & dancing with DJ George!

Monday, June 12th

3:30 P.M. on the Back Patio

LGBTQ+ Speaker Panel

Pride Month events are open to all!
Non-residents, RSVP to Director of Community Partnerships
Christine Nagle at cnagle@goddardhouse.org

Did You Know?

Goddard House was the first assisted living in Massachusetts to obtain **SAGECare accreditation** to better serve LGBTQ+ elders. Along with providing advocacy and resources, SAGECare also offers training for providers, such as Goddard House, to become culturally competent and sensitive to the salient issues of LGBTQ+ elders.

Pride Film Festival 2023

by Resident *John Kaufman*, curator of the Film Festival

Beyond entertainment, movies can be a powerful catalyst towards understanding ourselves and each other. The pictures included in this year's LGBTQ film festival explore a wide range of characters and relationships. Complicated by issues of sexual identity, the characters within our movies find themselves on an ongoing journey to greater understanding. The films: *Call Me By Your Name* (2017), *Love, Simon* (2018), *My Beautiful Laundrette* (1985), *Carol* (2015), and *Brokeback Mountain* (2005).





Goddard Happenings



Top row: Director of Social Services **Becca Mayfield** shops for yarn with **Musia W.** for our weekly crochet group; Olmsted residents at the Museum of Fine Arts; Mara from Eldergrow helps **Peggy M.** and **Jaci S.** with planting. Second row: **Irene P.** celebrates a May birthday; Olmsted residents enjoy music therapy on the deck. Third row: Arnold Arboretum with **Betty A., Ruth B., and Vivian F.**; **Grace M., Marta G., Ivy L., and Peggy M.**; and **Rick M.**

ASSOCIATE PROFILE



Chantel Longworth started at Goddard House back in January of 2023 as a Wellness Nurse for our community and recently transitioned to our Olmsted Nurse

Manager position! Having worked in healthcare for over 20 years, Chantel loves being able to work with all ages, but has a special place in her heart for geriatrics. She especially loves being able to connect with all of our residents and hear about their life experiences.

Outside of work, Chantel is a loving mom and enjoys building her collection of fun sneakers! Make sure you take note of the funky footwear she has on! Chantel can always be seen with a giant smile on her face, a warm hello and a compassionate ear. We are so grateful to have Chantel here as part of our Goddard House family!

-Olmsted Program Director
Kristen Cipriano

Associates of the Quarter



Congratulations to (clockwise, from bottom left): Receptionist **Ana Roman**, Dining Associate **Mauro Pereira**; Resident Care Associate **Nadege Exantus** and Wellness Nurse **Sandra Lebrun**



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NEWSLETTER CONTRIBUTORS

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