



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

Summer Jazz Series!

- 8/3 • **Series Kickoff Lecture by John Clark**
- 8/10 • **Afrika Gente** 8/24 • **The Wolverines**
- 8/17 • **The Swing Legacy** 8/31 • **The Winiker Brothers Orchestra**

Concerts are Thursdays from 6:00–8:00 P.M.
Public is welcome. RSVP 1 week in advance to
lchapman@goddardhouse.org

GODDARD SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. Meets monthly on the 4th Wednesday.

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M. Please contact Director of Social Services Becca Mayfield at 617-731-8500 for more info.

Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Believe it or not, after growing up in a small, rural town in Illinois, **Norma Elliot** moved to Norma Street in the town of Norma, Illinois! After completing undergrad, she entered the workforce as an abortion counselor, which she found to be important and meaningful work. Norma

then shifted career paths and pursued a job in psycholinguistics, where she also unexpectedly fell in love with a Dutch coworker! This influenced her to move to Holland, but when it didn't work out with her prospective lover, Norma made the decision that she would still continue on and travel solo. After spending two years working as a chef at an Amsterdam youth hostel, her travels were not over! Her love of learning about different cultures and languages pulled her towards teaching English in an array of countries around the world, including Spain, China, Russia, and Taiwan. After many fruitful years of living abroad, Norma landed back in the states, where taught English to immigrants and refugees for over 20 years in New York City! When asked what she feels proud of, Norma answered that she feels proud of the risks and chances she has taken, and of how she has managed to persist and work through challenges that both life and her travels have thrown her way. Make sure to say hi to Norma! She is full of incredible stories that cannot possibly all fit into a short article, and maybe you'll get to hear a few! We are so grateful to have her curious, gentle, and adventurous spirit here at Goddard!

-Programming Assistant Cherise Detwiler

Hands-On with Green City Growers

by *EnrichedLIFE* Director **Rebecca Margolin**

Our gardening season with Green City Growers has begun! With a new set of raised garden beds, residents began planting in July, working with Farmer Addy to choose a variety of vegetables, herbs and flowers. Green City Growers creates an opportunity for both new and seasoned gardeners to take an active role in selecting a seasonal assortment of plants, participating in the entire process from planting to harvesting. So far participants have planted cilantro, basil, pumpkins, butternut squash, turnip, carrots, lettuce, eggplant, cucumbers, celosia flowers and more! Gardening enthusiasts enjoy the hands-on approach of the Green City Growers team, who promote participation, collaboration and education. This will be the tenth year that Green City Growers has brought urban gardening to Goddard House, and we look forward to a summer full of beautiful produce and engaging interactions outdoors. 🌱



Top: Sue D., Mary F., Grace M., and Mimi H. Middle: Alma S., Farmer Addy, Nancy K., and Barbie B. (left); Grace M. (right). Bottom: Farmer Addy with Hellen W. and Sue D.

Green City Growers is a mission-driven company transforming underutilized spaces into biodiverse productive landscapes, providing our clients with immediate access to hyper-local food while inspiring self-sufficiency through engagement.

Your Farm, Anywhere.

from Greencitygrowers.com

FLOWER ARRANGING



We love working with plants indoors too!
Left: Nancy T. at a recent Flower Arranging program

Gallery M!

Current Exhibit

Mixed Media Works & Photography by Sarah Deckro



Sarah Deckro is a photographer, mixed media collage artist and poet with a passion for nature, mythology and the imaginal realms. Sarah's photography has appeared at Boston City Hall as part of the Fay Chandler Emerging Art Exhibition. Her visual art has appeared in a number of publications including *The Esthetic Apostle*, *Camas Magazine*, *Arkana Magazine*, *Fearsome Critters*, *Alchemy Literary Magazine*, *Lily Poetry Review* and the anthology, *Take a Stand: Art Against Hate*.

For more information please visit:

www.sdeckro-art-poetry.com

www.instagram.com/sarahjoy_art_poetry



CELEBRATIONS AT GODDARD HOUSE!



Enjoying our Pride Month festivities are (clockwise, from above): **Cynthia G. and husband Richard; DJ George and Isabelle W.;** Housekeeping Associate **Betty**



Depina, Building & Grounds Supervisor Marvyn Gomez and Associate Mauro Moreira, Lead Housekeeping Associate Shereen Montrose

Right: Fourth of July with Programming Assistant **Marie Jeanty** and Lead Community Relations Associate **Patti Barrows**



Left: Community Art Therapist **Meredith Griffiths**, Director of Social Services **Becca Mayfield**, and Director of Business Administration **Josephine Hoey** wear matching outfits for Spirit Week!





Goddard Happenings



On a trip to one of our favorite spots, Castle Island! Left to right: Nancy K. and Barbie B.; Vivian F.; and Sheila B.



Our Olmsted residents enjoyed a social at the Goddard Ice Cream Shoppe Pop Up! All smiles as they try their sweet treats are Peggy M. (top left) and Sally C. (bottom right)

ASSOCIATE PROFILE



Resident Care Associate
Fardusa Guled has worked at Goddard House, specifically in our Olmsted Neighborhood,

for the last few years. Originally from Somalia, Fardusa moved to the United States in 2007 and has lived in the Boston area ever since. Working as a resident care associate definitely requires patience, kindness and understanding, things that come naturally to Fardusa. While she admits that she can come across as quiet, her favorite part of working at Goddard House is actually chatting with the residents and hearing their stories. She especially enjoys hearing stories about their careers and families. Family is something that is very important to Fardusa, and in her free time she enjoys taking her son to the playground and spending time with other family members. She will also never say no to a shopping trip and enjoys checking out new stores in the area.

Fardusa, we are so lucky to have someone so caring and compassionate here with us!

-Olmsted Program Director
Kristen Cipriano

Volume 11 No. 8—August 2023

NEWSLETTER CONTRIBUTORS

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