



July 2023



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

GODDARD HOUSE SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one.

Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. *Meets monthly on the 4th Wednesday.*

The above groups meet with Barbara Moscovitz, MSW virtually via Zoom from 7:00–8:30 P.M.

Please contact Director of Social Services Becca

Mayfield at 617-731-8500, or

rmayfield@goddardhouse.org for more info.

Olmsted Family Caregiver Group

This group welcomes Goddard House family members. *Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom.*

Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Helen Wong is a lifelong resident of Boston and has called Goddard House home for the last two years. Growing up in Chinatown with her siblings, she always had something to do or someone to talk to, which was very important for a social butterfly like Helen! Helen always took her studies seriously and after graduating from Boston University with her

bachelor's in chemistry she went on to spend her career working in laboratories. Helen looks back on this time of her life very fondly but is most proud of the job she did in raising her children with her husband in Brookline. During our weekly City Tours, Helen is often heard telling us stories and pointing out various places she used to take her children.

Here at Goddard, Helen has enjoyed further exploring her creative side. She has participated in many of our OMA and Open Studio groups and her art has been displayed during our OMA Gallery Show. When asked about what inspires her art, she says it's a little bit of everything, it just depends on the day! Helen is also an amazing storyteller and has all of us captivated whether she is sharing a story about skiing down a high mountain or working in the chemistry labs. We are so happy to have such a bright and kind friend here with us at Goddard House.

-Olmsted Program Director Kristen Cipriano

Fiddler on the Roof at Goddard House

by *EnrichedLIFE Director Rebecca Margolin*

On the afternoon of Thursday, June 1st, we transformed the Goddard House Palm Court into a theater to perform scenes from *Fiddler on the Roof*, starring a cast of Goddard residents.

It was truly a team effort. Residents, associates, and family members were a supportive and attentive audience; it was a full house! EnrichedLIFE Director **Rebecca Margolin** and Programming Assistants **Marie Jeanty** and **Cherise Detwiler** served as crew, assisting with props, sound and costume changes. Others pitched in as ushers and photographers, all set against the beautiful backdrop created by Community Art Therapist **Meredith Griffiths**. The production was dedicated to **Michael Sallen**, a beloved resident of Goddard House and WWII veteran who died on April 18th at age 99, one week before he was to perform as Tevye.

The rehearsal process was rewarding for the participants. The cast worked carefully to embody their characters, and Director **Debra Block** created a supportive environment while challenging them to communicate the deeper meaning of the story. Teamwork and creativity flourished, and there was excitement within the community leading up to the performance. Music Director **Bill Sokolow** brought his skill as a pianist and a great sense of humor to the process, and also stepped in to fill the role of Tevye. As director and choreographer, Debra treated the production with care and dedication, encouraging participants to bring their own expertise and interpretations to their characters, and we celebrated with a cast party following the performance. It was truly an experience to be remembered! Cast member **Betty Avruch** said, "I love being part of Fiddler. It's fun to be together with the residents and laugh! It puts a smile on my face. I identify with the play because it's about love and the importance of being aware and grateful for each other, and it touches my heart. It can be funny, but in the end, it's about loving each other despite the differences and the hardships, and I appreciate that."

Fiddler on the Roof Resident Cast Members:

Betty Avruch	Narrator, Ruchel, Sprintze
Maggie Brenner	Narrator, Bielke
Margaret Fogel	Hodel
Vivian Friedman	Chava
Steve Hammel	Rabbi
Ruth Kramer Baden	Golde
Sylvia Madanick	Yenta the Matchmaker
Jay Siegel	Motel the Tailor
Roberta Winitzer	Tzeitel



Left: Margaret as Hodel, Sylvia as Yenta, Ruth as Golde, and Vivian as Chava



Above: Director Debra Block, Music Director Bill Sokolow, and cast members Sylvia, Ruth, Vivian, Roberta, and Betty rehearse "Matchmaker" choreography

Right: Programming Assistant Marie Jeanty models Steve's Rabbi costume during dress rehearsal, while Roger G. looks on



Layered Possibilities

Collages by Margo Ezekiel
June 1–July 11, 2023 in Gallery M

Artist Statement

I've spent my life balancing technology and art. As a computer science major, I was the only one carrying a portfolio into class. Over the past 40 years, technology won out as I pursued a career as a user interface designer.

The balance tipped in 2021, when I found my rhythm and dedicated myself to making art. Printing and collage became my keys to exploring color, shape, texture and composition.

All my pieces start by printing with acrylics on a Gelli plate on paper. Some of the pieces end up being the base of a collage; others are collage papers. I've also incorporated purchased hand-made paper, punches, rubber stamps, gel pens and oil sticks.

I feel like I have finally integrated both sides of myself. My computer background has helped me with all the 'back office' parts of being an artist. My creative side is loving using my hands again, and letting each piece reveal itself through the process.

About Layered Possibilities

Layering is essential to my work. Something on my table will catch my eye as a starting point. A few large pieces will form a base; I then cut different sizes/shapes of paper, adding and weaving them through the piece. I strive for a balance of shapes, lines, colors and a strong center of interest. I rarely start with a vision; rather the piece speaks to me as I work on it. Knowing when a piece is done is always a challenge.

This show is a compilation of work I've done over the past two-and-a-half years. It encompasses a lot of exploration of different techniques, textures, color palettes, and styles.



Left:
Margaret F. tries out Margo's collage technique

in a class led by Community Art Therapist **Meredith Griffiths**. Right: one of Margo's collages

PRIDE MONTH AT GODDARD HOUSE!

Our Pride Flag Raising Kickoff event featured remarks by the Goddard leadership team, and Goddard resident **John Kaufman** introduced the LGBTQ Film Festival and **Gretchen Van Ness**, executive director at LGBTQ Senior Housing. The Flag Raising and speakers were followed by a dance party with DJ **George Landers**!

Later in the month we had a panel discussion which featured SpeakOUT Boston Executive Director **Ellyn Ruthstrom**, and panelists **Trevor, Winn, and Dave**.



Clockwise, from top left: Director of Community Partnerships **Christine Nagle**, Executive Director News-Johane **Marcellus**, Laurie L., and Olmsted Nurse Manager **Chantel Longworth**; Assistant Executive Director **Lance Chapman** with **Gretchen Van Ness**, Executive Director of LGBTQ Senior Housing; SpeakOUT Boston Executive Director **Ellyn Ruthstrom**, and panelists **Trevor, Winn, and Dave**; Sally C. at the Flag Raising





Goddard Happenings



Top row: Olmsted residents Mimi H. and Marie S. and many others



enjoying a concert with P.E. James; second row: Sheila B. and Alma S. attend Evita at the American Repertory Theater (A.R.T.); Helen W.



during Opening Minds Through Art. Bottom row: a concert by Sgt. Daniel M. Clark, "The Singing Trooper" was such a treat!

ASSOCIATE PROFILE



Chef Dave Edwards has been an associate at Goddard House for almost three years now. He has been promoted from dishwasher to

cook, and hopes his cooking can bring a smile to the residents' faces! Dave loves living in Boston, which has been his home for the past 13 years. Born in Jamaica, he lived there until he was 14 years old. He remembers how challenging it was to understand the regional dialect of the southern USA, when he was used to the "Queen's English" spoken in Jamaica. After living in North Carolina and Florida and working for his family's air conditioning business, Dave realized he didn't enjoy the hot temperatures and decided to move to Boston, where he appreciates the convenience of city living. Aside from cooking, Dave enjoys watching movies, and his favorite food to prepare is curry crab. What he likes most about working at Goddard House is the opportunity to be around older people and to hear their stories. Dave, we are very glad to have you here!

*-EnrichedLIFE Director
Rebecca Margolin*

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