

Goddard Times

GODDARD HOUSE

TTTTTTTTT

UPCOMING EVENTS

Alzheimer's Mini-Walk

Thursday, September 28th 10:00 а.м.–12:00 р.м.

Join us as we walk, roll, and cheer around the Goddard House Gazebo! This is a fundraising event for the Alzheimer's Association. Families and friends welcome!

GODDARD SUPPORT GROUPS

Transitions Group

For Goddard House family members who are coping with the death of a loved one. Meets monthly on the 3rd Thursday.

Caregiver Education and Support Group

This group welcomes Goddard House family members. Meets monthly on the 4th Wednesday.

The above groups meet with Barbara Moscowitz, MSW virtually via Zoom from 7:00–8:30 P.M. Please contact Director of Social Services Becca Mayfield at 617-731-8500 for more info.

Olmsted Family Caregiver Group

This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more info.

RESIDENT PROFILE



Sue Dengler was born and raised on the beautiful island of Maui, Hawaii and lived there until she recently moved stateside to be closer to her family on the east coast. A big fan of traveling, Sue moved around the country to attend school and worked in New

York and New Jersey. Sue has always enjoyed helping people so becoming a social worker "just made sense," she says. She started off her career working with the US Veterans Hospital and was also the director of a nursery school. However, she always had planned on moving back to Hawaii, so once she did she spent a majority of her career working with the Human and Health Services departments of the state.

While her career was certainly amazing, Sue says that the highlights of her life were raising her children and seeing her grandchildren grow up. In her free time, Sue enjoys traveling and can always be seen carrying a word search or crossword puzzle around. You have to keep the mind busy! She has also been enjoying our OMA and Open Studio art programs. Sue is always up for a chat, so come by and say "Aloha" to our new friend on Olmsted!

-Olmsted Program Director Kristen Cipriano

Jewelry Gems

by Programming Assistant Marie Jeanty

A t our weekly Jewelry Making group, participants Character control of the second secon holiday pens for either themselves or to gift families or friends. It is also a place for residents to come chat and catch up or to just be in a creative friendly environment.

Each fall participants make a collection of purple bracelets and necklaces to raise money at Goddard House's annual Alzheimer's Mini-Walk. Residents who are not usually at Jewelry Making join in, wanting to help support the cause.

Musia W., a resident at Goddard House, initiated the great idea to donate bracelets to children's hospitals. So far, we've made 115 child-sized bracelets for Boston Children's Hospital, Tufts, and Shriners. The bracelets are presented in colorful mesh bags along with a note explaining our passion and creativity behind the bracelets. The participants are very proud of all the hard work we have done.

I love this group very much. It is a creative space to learn new things. We started with bracelets, then moved on to make necklaces and now earrings. I have started creating bracelets for myself at home and for my family and friends. This group is growing quickly, and I love that the jewelry that we have already created is inspiring more residents to come join the group.

Residents enjoy the group because they design and make by hand jewelry that they can then wear. They also share ideas on colors and beads and connect to one another through creativity. The jewelry looks very fashionable, and often receives compliments. Wearing the jewelry that they have made is a way to express themselves without saying a word.

> Jewelry Making with Marie Tuesdays at 3:30 P.M. in the Country Kitchen



Programming Assistant and Van Driver Marie Jeanty leads a Jewelry Making group with residents Jewel B., Arlene W., Barbie B., Nancy K., and Musia W.



Marie assisting Jewel B. with a beautiful creation!



Marie leads a group with Dining Associate Natasha Bird and residents Jewel B., Barbie B., Nancy K., and Haidee F.

Compassion - Respect - Collaboration - Responsiveness



All Shook Up!













Above, top row (left to right): Elvis Tribute Artist **Dan** Fontaine put on an amazing



concert!; Doris C. and Maureen G. enjoyed the show. Second row: Dan with Marie S.; Perry W.; and Peggy M. Bottom: Isabelle W. and Dan!

FUN & GAMES AT GODDARD



Left: Norma E. leads an interactive program called "Two Truths and a Lie"



Innovation - Transparency

Goddard Happenings





Harvesting with Green City Growers are (clockwise, from bottom): Mimi H., Peggy M., and Grace M.; Grace M. and Sue D.; and Holly R.







Left to right: Marta G. and Dining Room Supervisor Maria Depeiza dancing at one of four Jazz Concerts; Summer Strummin' Concert with Joe Pete on guitar; The Wolverine Jazz Band!

Volume 11 No. 9–September 2023

Newsletter Contributors

Marie Jeanty Programming Assistant

Kristen Cipriano Olmsted Program Director

Rebecca Margolin EnrichedLIFE Director



165 Chestnut Street Brookline, Massachusetts 02445 617-731-8500

www.GoddardHouse.org

A S S O C I A T E P R O F I L E



Reception Associate Joy Martinez has been at Goddard House since January, always smiling and ready to help. A

lifetime resident of the Boston area, Joy just graduated from high school and now attends UMass Boston majoring in Pre-Med and Biology. She's always wanted to become a doctor, and as a child dressed in a lab coat and stethoscope, with her mother's support and encouragement. Joy intends to become an anesthesiologist, though is open to other specialties including nursing. She is passionate about helping others problemsolve, talking to people and getting to know them. Joy is inspired by other Black people in the STEM (science, technology, engineering, math) field, and loves hearing their experiences.

Joy enjoys Goddard's welcoming community where associates and residents call one another by name and have conversations. She appreciates that people here are open-minded, smile and work together. Joy values friends and family, exercises daily at the gym, and wants to try weight-lifting. She likes reading, especially fantasy and science fiction. Thank you Joy for bringing your friendly spirit and helpful attitude to Goddard House!

> -EnrichedLIFE Director Rebecca Margolin