



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

AGING ON PURPOSE

Presented by Doug Peck, Director of Community Partnerships at Seniors Helping Seniors, Greater Boston & Metrowest

**Thursday, February 15th
2:30 P.M.
at Goddard House**

Goddard House residents, families, and associates are invited to attend this presentation which will highlight the importance of staying engaged, connected and purposeful at all stages of life—very much including retirement years.

Questions? Please contact Assistant Executive Director Lance Chapman at lchapman@goddardhouse.org

RESIDENT PROFILE



Janet Macy, one of our resident fashionistas, is known for her beautiful scarves and velvet jackets, but has a lot of other hidden talents up her sleeve! Janet was born

and spent the early part of her life in North Carolina. She says she enjoyed the laid back lifestyle there, and laughs when explaining how her accent has stuck slightly through the years! While Janet has had a variety of careers in her life, they all had the common theme of helping others, something that is very important to her. After her retirement, Janet spent time volunteering at the Haystack Mountain School of Crafts in Maine.

Here at Goddard House, Janet's love of art has only expanded! She can often be found working on different projects with our art therapist and Lesley University interns in our Art Studio. You might have seen some of her work displayed during our OMA Gallery display back in April. Janet is also a huge music lover and has enjoyed attending a variety of different concerts, the Elvis appearance being her recent favorite. If you are interested in chatting about music or art, stop by Olmsted and say hi to Janet!

-Olmsted Program Director Kristen Cipriano

Nurturing Inclusivity: A Holistic Approach to DEIB at Goddard House

by President & CEO **Candace Cramer** and Board Chair **Alexandra Schweitzer**

As the CEO and Board Chair of Goddard House, we are excited to share our progress in prioritizing Diversity, Equity, Inclusion, and Belonging (DEIB) throughout our organization. Our mission centers on providing compassionate high-quality care and embracing DEIB principles that enhance the well-being of both our residents and staff.

Over the past two years, our Board of Trustees, alongside senior leadership, has actively enhanced diversity within our organization, recognizing that a diverse leadership brings a multitude of valuable perspectives. This commitment helps us to better understand and address the unique needs of our residents and staff.

We also completed an organization-wide DEIB assessment in 2022. In response to the needs it identified, we are offering DEIB learning opportunities for our Board, staff and residents. Our Board and senior leadership team recently engaged in workshops to deepen their understanding of DEIB principles and to create action steps to further DEIB at Goddard House.

In 2024, our front-line associates will participate in similar learning sessions. In addition, our residents will have access to learning activities that will broaden their knowledge of DEIB and what it means within our community. All these sessions are designed to foster a culture that celebrates differences and promotes inclusivity. By investing in DEIB learning, we are building bridges of understanding that connect every member of our community.

We aim to provide exceptional care and to cultivate an environment where everyone feels a true sense of belonging. Together, we are shaping a future where Diversity, Equity, Inclusion and Belonging are woven into the fabric of our organization, enriching the lives of everyone at Goddard House. We look forward to keeping you updated on this important initiative! 🏔️

2023 Vineyard Awards for Exemplary Service

The Phyllis Vineyard Award is a monetary award given to two employees demonstrating excellence and commitment in their service to Goddard House by providing a consistent level of care and support in their work that goes above what is expected. One awardee is selected from the Resident Care team and the other awardee is selected from another department at Goddard House.



Congratulations to this year's Phyllis Vineyard Award Winners and Honorable Mentions, pictured above!

Winners

Marie Jeanty

Programming Assistant & Driver

Jeanette Salvant

Lead Resident Care Associate

Honorable Mention

Teresa Jones & Ruth Porter

Resident Care Associates

Goddard Resident Named First Runner Up in OMA Show

by Community Art Therapist **Meredith Griffiths**

Congratulations to Goddard House resident **Linda S.**! Her art piece, “Golden Waves”, was named First Runner Up in the 2023 OMA Virtual Art Show, organized by the Opening Minds through Art team at Scripps Gerontology Center. The



Linda S. with her OMA art piece, entitled “Golden Waves”

OMA program was founded at Scripps in 2007 and is now practiced in over 200 locations throughout the world, including Goddard House since 2016. This first annual virtual OMA show featured 77 works of art, chosen from over 450 submissions by artists ranging in age from 65 to 103. The exhibition, and the OMA program as a whole, celebrates creativity throughout the lifespan and intergenerational friendships that lay at the foundation of the creative process for the participating artists.

Like many of the artists featured in the show, Linda did not previously have a background in the arts, but has discovered a new talent through participation in the OMA program. In addition to Linda’s award winning piece, Goddard House artists **Mary F., Janet M., and Marie S.** also had works of art selected to appear in the exhibition. Congratulations to all our artists!

Ways to view the OMA Virtual Art Show:



Visit www.artsteps.com and type “OMA” in the search bar. Select “OMA Virtual Art Show 2023”



Go to the OMA Facebook page, Opening Minds through Art (OMA)

TRIP TO THE MFA!

Our Goddard House residents love visiting the Museum of Fine Arts Boston!





Goddard Happenings



*Clockwise, from top left: Elvis Impersonator **Dan Fontaine** with **Isabelle W.**, **Helen W.**, and **Sue D.**; Director of Compass Programming **Kristen Cipriano** and EnrichedLIFE Director **Rebecca Margolin** in their festive Elvis shirts; Goddard House Knitting Group members **Vivian F.**, **Arlene W.**, **Phyllis S.**, and **Musia W.** (missing is **Cecily M.**). The group, founded and led by Musia, met once a week to knit 14 scarves to donate to Shelter Music Boston!*

ASSOCIATE PROFILE



Dining Room Supervisor **Imtaz "Taz" Khan** has been a member of the Goddard House team since July. He brings with him a positive attitude, along

with a welcoming and accommodating demeanor. Before coming to Goddard House, Taz most recently worked for four years as the manager at Frank Pepe Pizzeria in Chestnut Hill. He strives to be dependable and reliable, and feels most motivated and happy when he is able to help others, especially older adults.

Taz was born in Pakistan, and moved to the United States with his family when he was 11 years old following an employment opportunity achieved by his father. He has a large family, many of whom live nearby, and enjoys spending time with them. Taz likes to stay busy and try new things, and when it's warmer outside may be found playing such sports as soccer and football. Taz, thank you for bringing your friendly personality to Goddard House; we are glad to have you here!

-EnrichedLIFE Director Rebecca Margolin

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NEWSLETTER CONTRIBUTORS

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Rebecca Margolin
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Meredith Griffiths
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Candace Cramer
President & CEO

Alexandra Schweitzer
Board Chair



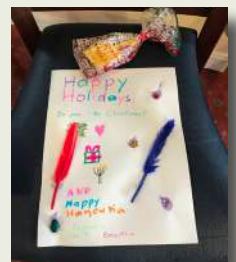
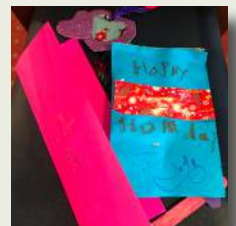
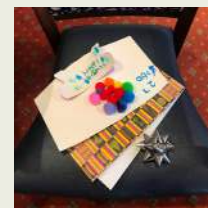
GODDARD HOUSE

ASSISTED LIVING & MEMORY SUPPORT

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WWW.GODDARDHOUSE.ORG

HOLIDAY CARDS



We loved the holiday cards and crafts handmade and delivered by Pierce School second graders!