



February 2024



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

AGING ON PURPOSE

*Presented by Doug Peck, Director of
Community Partnerships at Seniors
Helping Seniors, Greater Boston &
Metrowest*

**Thursday, February 15th
2:30 P.M.
at Goddard House**

Goddard House residents, families, and associates are invited to attend this presentation which will highlight the importance of staying engaged, connected and purposeful at all stages of life—very much including retirement years.

*Questions? Please contact
Assistant Executive Director
Lance Chapman at
lchapman@goddardhouse.org*

RESIDENT PROFILE



Maureen Gialombardo was born and raised in South Boston, where she grew up the second youngest sibling in a family of eight children. Neighbors all knew one another in the close-knit and predominantly Irish community, and Maureen recalls it being a good place to grow up. She remained there for high school, and went on to attend Boston University. Maureen became the purchasing agent for New England Nuclear where she eventually met her husband, who was employed as a chemist for the corporation. The two lived together on the North Shore, including in Gloucester, and Maureen remains close to her five stepchildren. Maureen enjoys people, and working with people was the most rewarding part of her career. As Maureen mentioned, being one of eight children, she certainly had an early start in the understanding of the value of relationships. She also enjoys traveling, and took many trips with her husband to visit various islands. Maureen's hobbies include painting and reading, and she may often be found in the Library at Goddard House browsing for a new book. A resident here for about one year now, Maureen appreciates the balance of social opportunities as well as time for a quiet day in her own space. She's observed that exercise is helpful to feel good and frequently attends the exercise program. Maureen laughs often, and makes an effort to maintain a positive outlook. Thank you, Maureen, for sharing your friendly smile and great sense of humor with the Goddard House community!

-EnrichedLIFE Director Rebecca Margolin

Framing Frames

by *Goddard House Resident John Kaufman*

I believe movies to be the ultimate art form. It seems to me that all of the arts—painting, photography, sculpture, music, dance, drama, poetry, comedy, pantomime—are combined in cinema. The past two centuries have been host to a continuous blend of styles, moods, attitudes and approach. What better reflects our incredibly diverse times than films?



When we go to a movie, we again become children asking to be told a story. Sitting in the welcoming dark amidst a group of like minded strangers, we await the beginning of an eagerly anticipated adventure. Though each of us experiences the same story, there are

as many tales unfolding on screen as there are witnesses to it. In a sense, everyone creates their own movie.

As individuals, we might think we have little in common with each other. Yet, most of us have shared primal experiences. The movies foster emotional connections. For example, many fondly recall a childhood theater. Every weekend, we escaped to an exotic palace with friends, each armed with their allowance. The following hours were filled with cartoons, comedies, two features and a cliffhanging chapter of an ongoing serial. It was a world designed for us; one we've not forgotten.

We might have widely differing backgrounds, attitudes and values. Yet many of us have shared common cinematic journeys. For example, many of us have visited Casablanca, experienced a way of life now Gone with the Wind or traveled, via cyclone, to the land of Oz.

The group known as Frames aims to enhance our continuing cinematic experience by providing a bit of history, a little background and an occasional technical note, Frames aims at being informative and above all, fun. Join us.

Frames is a group led by Goddard Resident John Kaufman which meets one or two times per month to explore the world of film. John has been running Frames since 2018, on both our Olmsted and Traditional neighborhoods. 

FriendshipWorks!

On a cold day in January, the Goddard House Outreach Team of Olmsted Program Director **Kristen Cipriano**, Art Therapist **Meredith Griffiths**, and Assistant Executive Director **Lance Chapman** ventured to the offices of FriendshipWorks in downtown Boston. We presented the Dementia Friendly Experience and training to Executive Director **Janet Seckel-Cerrotti** and her entire staff. The Outreach Team is honored to support the long standing relationship between Goddard House and FriendshipWorks.

-Assistant Executive Director Lance Chapman



Current Exhibit in Gallery M!

Together – An Exhibition by Brookline High School Art Students



Artists are vital to any community—they foster empathy and understanding in artworks that reflect and resonate with our common humanity and sense of awe. Communities have a reciprocal role to play in the development and support of artists. Communities recognize and support artists' work through generous attention and genuine curiosity about the art that their artists create.

Together is an art exhibit that unites our two communities as the student artists from Brookline High School exhibit their work in the gallery at Goddard House. This art exhibit is an intergenerational opportunity to build an empathetic relationship between artists and viewers as we find connection and resonance in these paintings, drawings, and photographs.

Together is a celebration of moments and experiences—big and small—that are common to us all whether we are 18 years old or 80.

Donna Sartanowicz,
Curriculum Coordinator for the Visual Arts PK–12
for Brookline Public Schools

Eldergrow

Eldergrow has been an amazing program! By combining hands-on gardening with other creative programs, the residents are able to engage with nature year-round.

During our twice monthly programs, we do garden maintenance along with a different type of program.



*Eldergrow participants,
clockwise, from top left:*

Harry K.; our
Eldergrow
educator;
Mara, assisting
Sue D. with
planting seeds
which will grow
and be added
to our garden



later; **Mary F.** and **Peggy M.** during our Eldergrow workshop creating Japanese Suminagashi floating ink designs; **Linda S.** making felt soap





Goddard Happenings



*Top row, left to right: enjoying New Year's Eve festivities are **Mary O.**; **Mary F.** and **Grace M.**; **Veronica D.** and Programming Assistant **Sabella Mastricola**. Second row: **Margaretha J.** and Lesley University Art Therapy Intern **Reema Rustom** at our Baking Group; **Phyllis S.**, **Ruth B.**, and **Barbara B.** at Anagrams. Bottom: **Nancy K.** and Van Driver **Marie Jeanty** accidentally matching outfits!*

ASSOCIATE PROFILE



We'd like to extend a warm welcome to Director of Resident Support Services **Duana Ramos!** As a social worker, Duana worked with families for the past seven years; ready for change, she felt drawn towards older adults. Born in Cape Verde, Duana moved to the US at age four, and she remains close to her grandmother in Cape Verde with whom she speaks daily. Once Duana discovered Goddard House, she knew this was where she wanted to be, between the engaging and wise resident population and the beautiful grounds. Duana says that the moment she walks in the door she feels welcomed and supported by associates from all departments. In her role she'll provide support and guidance to help residents feel at home. When not working, Duana enjoys cooking, exercising, and spending time with her three-year-old son. We have come to know Duana for her kind, caring, and friendly presence. If you pass by her office on the second floor, stop by and say hello!

-EnrichedLIFE Director Rebecca Margolin

S'MORES!



Nancy K.**, **David H.**, **George C.**, Programming Assistant **Joan Keene**, and Van Driver **Marie

***Jeanty** making s'mores at the Massachusetts Horticultural Society's Garden at Elm Bank*

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