



April 2024



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

GROUPS AT GODDARD HOUSE

Olmsted Family Caregiver Group

*This group welcomes Goddard House family members. Meets monthly on the **first Tuesday** from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more information.*



Nurturing Community through the Arts

Exhibition & Event, 1:00–2:30 P.M.
Thursday, April 25 at Goddard House
Thursday, May 9 at Symphony Towers
RSVP to Director of Community
Partnerships Christine Nagle at
cnagle@goddardhouse.org.
*Featuring artworks from Anna Bissonnette
House participants in the Goddard OMA
and ceramics programs, plus creative works
by residents of Goddard House, Mount
Pleasant Home, Symphony Towers, Olmsted
Green and Ruggles Assisted Living.*

RESIDENT PROFILE



Raised in Pennsylvania, **David Helmstadler** came up to Boston about 60 years ago to work as an editor for Houghton Mifflin. He scouted for new authors and negotiated contracts with them, and really enjoyed his work there. Both of

David's parents had gone to school in the Boston area so he would periodically come to visit. He also enjoyed seeing his extended family who lived in the area as well. David's mother went to Radcliffe College and his father went to Harvard University, both in Cambridge. Though he has lived here a long time, he is still a big Pittsburgh Steelers fan!

David has two sons, Chris and Dan, and as a family they spent time traveling, camping, and hiking. David has traveled to all 50 states on business trips. He recalled New York City, especially the scenery, talented writers, and the tasty food from restaurants of all nations. Other favorite places of David's include Scotland, England and Canada.

David has been a beloved resident of Goddard House since last fall. So far he is enjoying his time in our community, and spends his days attending programs, reading the *New York Times* cover to cover, and chatting with other residents.

David is a great addition to the Goddard family, bringing lots of good energy, great stories, and a warm and welcoming presence!

-Programming Assistant Marie Jeanty

Visits to the MFA

by *EnrichedLIFE* Director **Rebecca Margolin**

Each month Goddard House residents visit the Museum of Fine Arts, where we have the wonderful opportunity to participate in the Access Tours program. These tours are carefully coordinated by Accessibility Coordinator **Ronit Minchom**. Ronit begins our experience with excellent communication and attention to detail, ensuring that the entire process, from scheduling to touring, goes smoothly. From the moment we pull into the driveway to the moment we leave the building, the fabulous museum employees and volunteers are so attentive to our group. At the entrance, we are enthusiastically met by several cheerful and patient greeters who escort us inside and direct us to the waiting area to connect with our tour guides, **Roe Kolanowski, Jan Schwaner, and Ruth Sherman**. Roe, Jan and Ruth have thoughtfully prepared gallery destinations including American Impressionists, Art of Latin America, and special exhibitions such as *Fashioned By Sargent* and the *Obama Portraits*. Each visit features a different gallery where the guides focus on several works which they have spent time researching, sharing the artists' backgrounds, giving historical context, and asking questions to generate discussion. Roe, Jan, and Ruth have come to know our group well, considerately setting a comfortable pace that allows time to absorb and react to the art, and choosing both familiar and lesser-known pieces. Their passion about sharing what the museum has to offer always comes through! This month they will lead our group through the annual *Art in Bloom* event, as part of a special opportunity offered to Access Tour groups. We feel so lucky to participate in the Access to Art program! Each visit is truly a joyful, enriching and engaging experience. 🏔️

"I've been at the MFA since September 2014, and with Goddard since November of 2014. Your group was my very first partnership. I love hearing how the art evokes good memories in my visitors, and I love learning about art and sharing that knowledge with my visitors."

Jan Schwaner, MFA Access Guide

"I have been a volunteer access guide at the MFA since my retirement 15 years ago. Goddard House has been one of my favorite groups because of the enthusiasm and curiosity of the residents, not letting the pandemic stop their enjoyment, and the caring and support of the staff."

Ruth Sherman, MFA Access Guide

"I've been an access guide since 2017. I joined veterans Ruth and Jan on the Goddard House tour in July of 2018. I refer to the MFA as my happy place. I love art and what I learn from it. But even more, sharing the experience with our visitors nourishes and enriches me."

Roe Kolanowski, MFA Access Guide

I have been in this role since 2017, prior to that I was actually an access volunteer from 2014 to 2017. What I enjoy most is working with the wonderful access volunteers and seeing our visitors having a good time with our volunteers at the MFA.

Ronit Minchom, MFA Accessibility Coordinator



*Left: MFA Access Guides **Jan Schwaner, Roe Kolanowski, and Ruth Sherman** in front of a piece titled *Portrait 51*, after Delacroix's "Women of Algiers," 2021, Oil and acrylic on canvas by artist **Dinora Justice***

OPEN STUDIO AT GODDARD!



*Above: Showing off their art work created in Open Studio and OMA (Opening Minds Through Art) are (top row, left to right): **Barbie B.** and **Mary F.**; on display are pieces by **Irene P.**, **Roberta W.**, **Margaretha J.**, **Jewel B.**, **Roger G.**, **George C.**, **Sylvia M.**, **Connie K.**, and **Susan F.** Bottom row: **Sue D.**; **Mary O.**; **Barbie B.**, **Helen W.**, and **Ivy L.***

Brookline Symphony Orchestra

Volunteers from Brookline Symphony Orchestra (right) came to Goddard House one evening to share a selection of chamber music. The program featured works by Telemann, Brahms, and Franck. A big thanks to the musicians, and a special thank you to Brookline Symphony Orchestra board member and bassoon player, **Lauren Landry**, for coordinating the event as part of the orchestra's outreach program. The music was wonderful, and we had a full house!





Goddard Happenings



Lunch Outing to TGI Fridays! Clockwise, from front left: Van Driver and Programming Assistant Marie Jeanty, Programming Assistant Noam Oren, Linda S., Grace M., Programming Assistant Sabella M., Jaci S., Veronica D., Judy W., Olmsted Program Director Kristen Cipriano, Barbie B., Sue D., and Ivy L.



At left, top: Heading to our St Patrick's Day concert are Nancy K. and Rose S. (left) and Priscilla G. and Jewel B.



(right). Bottom: Ruth B. and Vivian F. on our trip to see Becoming a Man, a world premiere play at the American Repertory Theater in Cambridge.

ASSOCIATE PROFILE



Business Office Associate **Robert Holden** has been a familiar face at Goddard since October of 2023. Whether it's assisting a resident with his or her mail, or helping an associate with payroll, he is always

willing to offer his services. Creating connections with the residents is one of the aspects of the job that Robert enjoys best. He was inspired to work in assisted living by his parents who both have careers in healthcare. However, senior care has always been especially close to Robert's heart as his grandmother lived with his family for many years and they were very close.

Born and raised in Duxbury, Robert left New England to attend Xavier University in Cincinnati before returning to the Boston area to be close to family. Outside of work Robert is an avid pickleball player and also enjoys spending time with friends.

Robert, thank you for bringing your positive attitude and compassionate heart to the Goddard House family.

-Olmsted Program Director Kristen Cipriano

Volume 12 No. 4—April 2024

NEWSLETTER CONTRIBUTORS

Marie Jeanty

Programming Assistant

Rebecca Margolin

EnrichedLIFE Director

Kristen Cipriano

Olmsted Program Director



ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street
Brookline,
Massachusetts 02445
617-731-8500

WWW.GODDARDHOUSE.ORG

KNITTING GROUP



Phyllis S., Musia W., Vivian F., and Ruth B. at the Knitting Group, founded by Musia