

Goddard Times

June 2024

GODDARD HOUSE

UPCOMING EVENTS

Olmsted Family Caregiver Group This group welcomes Goddard House family members. Meets monthly on the first Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@ goddardhouse.org for more information.

Celebrating Pride Month!

Flag Raising **Thursday, June 6th at 2:30 р.м.** Guest Speaker Dorothea Keeling, Board Member of LGBTQ Senior Housing

Speaker Panel with SpeakOUT Boston Friday, June 14th at 2:00 P.M. Moderated by Ellyn Ruthstrom (she/her), Executive Director of SpeakOUT Boston

Pride Party Friday June 28th from 2:00–3:00 р.м. Lawn games, refreshments, and dancing with DJ George

LGBTQ Film Fest **Thursdays at 6:45** р.м. Curated by John K., Goddard resident

These events are open to the public!

RESIDENT PROFILE

Deirdre "Dee" Wulf joined the Goddard House community last February. She was born in London, England just before the start of WWII. As a small child, she was evacuated along with her two brothers to the countryside for safety. They were lucky in that they were all hosted by the same family, and were reunited with their parents at the end of the war. Dee's third brother was born following the war. She scored well on her Eleven-plus exam, which allowed her to attend an all-girls boarding school. She then attended University in London, studying Sociology and Language. Dee met her American husband-to-be in England while he was visiting his American friend whose girlfriend was Dee's best friend. They married in 1962 and settled into an apartment on Riverside Drive in New York City, where they lived for over 60 years. Dee has two daughters, and once they were old enough she attended graduate school to study Demography, launching her career working for nonprofits advocating for women's reproductive rights. This led her to travel to Africa and Asia, interviewing women about their experiences and setting up health care clinics. Dee also devoted herself to publishing her findings, as well as freelancing for various nonprofit organizations. She moved to Brookline to be close to her daughter, and may often be found playing Scrabble or attending a concert. Dee, we are glad to have you at Goddard House and look forward to continuing to get to know you!

-EnrichedLIFE Director Rebecca Margolin

Works by Maureen Giallombardo On display May 6 - June 17, 2024

by Community Art Therapist Meredith Griffiths

aureen is a Goddard House resident who has been an artist for many years. An art lover for life, Maureen decided to try her hand at painting in her adulthood and



enrolled in a watercolor painting class where she was living in Connecticut. She excelled in the class, and credits her instructor for her success. Maureen describes him as "a curmudgeon of an art teacher, but wonderful once you stopped being afraid of him!" Her instructor's critical eye and excellent guidance in the use of watercolor paint—which is a very difficult medium to

control-allowed Maureen to develop confidence in her work, and fully hone her craft.

As you will see in this exhibition, Maureen is deeply inspired by Asian art, specifically the art of Japan. Her style of painting employs the same aesthetic principles as many Japanese artists, and many of her works resemble woodblock prints, though all of the pieces in this exhibit were created with watercolor paint. Maureen also finds inspiration in nature, and enjoys exploring the elegance of flowers and trees in her art, conveying a sense of respect for the beauty of the natural world.

The Goddard House community has been both delighted and surprised by Maureen's exhibition as she has not previously shared the extent of her "hidden" talent. Though she remains very humble and gracious, many residents have enjoyed sharing compliments and positive feedback with Maureen about her work! The level of detail in Maureen's

paintings, her skillful use of color, and inspiration from Asian art have resonated most with our community, sparking curiosity and conversations. Thank you, Maureen, for sharing your art with us!

















Compassion - Respect - Collaboration - Responsiveness

Gardens a poem by Resident Musia W.

Gardens are a haven. Of tranquility Of serenity Of beauty And are blessed with constant visitors.



Musia, with some of *her paintings*

They wait patiently for the shining face of Spring Put out a welcome mat Then generously open their homes For their valued friends and visitors.

The butterflies call out a cheerful greeting on their arrival Flit joyfully from flower to flower Pollinate patiently and industriously Regardless of being invaded by some unusual visitors

The bees so intelligent mysterious and disciplined Rush for the early fragrant blossoms Work diligently and tirelessly Stocking up food for their endless journeys home

The birds perching happily in the swaying trees Sing their enchanting songs Delight the visitors with their repertoire

Then alight gracefully to feed on the nourishing morsels

The spiders preparing for a lengthy stay Seek out a comfortable corner Ignore the envy of their compatriots Then patiently wait for the arrival of some trespassers

The rabbits emerging from their long hibernation Eagerly gather the succulent new leaves That have opened their faces to the sun Then munch greedily on the welcome abundant greens

The squirrels displaying their new sleek coats Scuttle hurriedly along the branches Waste no time looking for the precious nuts That lay scattered haphazardly on the ground below

The beautiful colorful gardens Beckon to the regular strollers To come out and welcome nature In all its Springtime glory

Gardens are proof of life's continuity Of survival Of renewal Of the constancy of nature.

LIFE AT GODDARD

Right: **Sylvia** M. and Director of Resident Support Services Duana



Ramos, LSWA have an impromptu chat!





Above: Residents and associates visited the Dress Up Exhibit at the Museum of Fine Arts Boston!



Excellence -



Loving the Outdoors!















Housekeeping Associate Edmond Gave is a new and wonderful member of our team! He joined the Goddard House community at the end of April, and is already recognized for his goodhumored attitude.

ASSOCIATE PROFILE

Edmond is originally from Liberia, where he had graduated college and was working as an electrical engineer. He has been living in the United States for five years now, and plans to return to school to get back into electrical engineering. So far at Goddard House, Edmond appreciated the employee General Orientation and is happy to be part of the Goddard House family. Outside of work, he enjoys vardwork or other outdoor work at home. His hobbies include bicycling and sports, and he can often be found playing soccer in Harvard Square. His favorite thing to eat is *fufu*, a traditional Liberian food made from powdered yam or other starchy food. Edmond, we are glad to have you at Goddard House!

-EnrichedLIFE Director Rebecca Margolin

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NEWSLETTER CONTRIBUTORS

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BHS STUDENTS!



Barbara B. and Jeanine M. celebrate with students Timur and Gabriel of

Brookline High School's Senior and Student Community Club. The students visited every other week to socialize with Goddard residents, and have made an impact by bringing conversation and also by listening to the residents share their stories and insights. We look forward to the students' return in the fall!