



October 2024



# Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

#### Olmsted Family Caregiver Group

*This group welcomes Goddard House family members. Meets monthly on the **first Tuesday** from 6:30-7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at [kcipriano@goddardhouse.org](mailto:kcipriano@goddardhouse.org) for more information.*

#### Alzheimer's Mini Walk

**Friday, October 4 at 10:30 A.M.**

Around the Goddard House  
Gazebo

#### Goddard House 175<sup>th</sup> Anniversary Celebration

**Thursday, October 17 at 4:00 P.M.**

RSVP by October 10 by  
calling 617-731-8500 or emailing  
[info@goddardhouse.org](mailto:info@goddardhouse.org)

### RESIDENT PROFILE




**Kristine Robison**, who goes by Kris, was born and raised in Ohio. One of her fondest memories of her childhood is summer vacation with her family on Lake Erie. Kris attended college in Virginia and became an occupational therapist, working with older adults. She found this profession to be very rewarding as it enabled her to help others regain and maintain independence. Kris then married and moved to the Boston area, where she raised her three children and continued her career as the director of personnel at Wheelock College.

Kris has a passion for adventure! In 1977 and 1979 she drove her three children cross-country for a month-long trip, camping and taking in the culture of the states they visited. Kris owned a little island in Eastport, Maine called Spectacle Island, where she brought her children each summer to stay in a small A-frame cabin. Kris sold the island to the Maine Island Trail Association a few years ago. Kris loves the arts, and in the 1970s she and a friend established The Arts Workshop in Natick, where she taught poetry and pottery. At Goddard House, Kris loves our group outings to museums and more, attending concerts and other programs, and enjoying meals with friends. Kris, we appreciate your kind and compassionate personality and your zest for life, and are glad that you are a member of our community!

- *EnrichedLIFE Director Rebecca Margolin*

# Celebrating Educators

by EnrichedLIFE Director **Rebecca Margolin**

On September 24<sup>th</sup> we celebrated the many educators who live at Goddard House! Among these are elementary school teachers, principals, substitute teachers, high school theater director, art teacher, ESL teachers, math teachers, dance teachers, swim instructor, driver's ed teacher, tutor, college professors, nonprofit education, librarian, nurses teaching on the job, mentor within the American Psychological Association, lecturer for Facing History and Ourselves, and even more. Music was provided by Music Therapist **Deb Gromack**, who has had impactful experiences as an educator and highlighted the value of learning from her students. Residents shared memories and sentiments, including the importance of believing in one's students and acknowledging that education is often a powerful connecting force that goes far beyond the classroom! 



At right: **Barbara B.** shares a book written by her husband who was a teacher (top); **Bryan R.** shares fond memories of teaching young children (bottom)


## Summer Garden!

Our Goddard House garden was abundant this year! At right: **Sue D.** (top) showing off the tomatoes in the garden; **Phyllis B.** (right) checking out the beautiful blooms



## Welcome, Lesley Interns!

by EnrichedLIFE Director **Rebecca Margolin**

**Kasriel Linzer** and **Katie Graham** have joined us from Lesley University and will work closely with Art Therapist **Meredith Griffiths** for the duration of the school year. Kasriel, a third year art therapy student, has used art as a tool for coping with difficult situations, and feels like his education goals have naturally progressed towards learning how to bring this to others. Katie, a second year art therapy student, has a passion for making art, and became inspired to pursue art therapy after seeing how music enabled her aunt to express herself. Kasriel and Katie will have a strong presence in both our Olmsted and Traditional neighborhoods. We are looking forward to getting to know them! 



**Kasriel** (left) and **Katie** (right)





# Gallery M

Impressions/Expressions: Gateway Arts  
on display August 19–October 6, 2024

Vinfen’s Gateway Arts is a world-renowned studio art center, store, and gallery providing professional support and representation to adult artists with intellectual and developmental disabilities, mental health diagnoses, brain injuries, and other neurodiverse conditions.

Nearly 100 artists work in our communal studio setting, across a wide variety of media, to bring their unique artistic visions to life. Artists show and sell their work in the Gateway Arts Store and Gallery, our online store, and through collaborations with museums and galleries across Greater Boston and beyond.



## THERE’S A PIG IN THE PALM COURT!



We love Barn Babies! Top row: **Mimi H.**; Director of Resident Support Services **Duana Ramos, LSW**; **Lynn W.**; and **Mary F.** Bottom row: **Zeus the Piglet**, **Florence S.**, **Carol A.**, and Resident Care Associate **Oxane Leveque**



## ASSOCIATE PROFILES



Resident Care Director  
**Lou Auger, RN, BSN**  
joined the leadership  
team at Goddard  
House in September.

As our resident care  
director, Lou oversees  
the Wellness Team of nurses

and resident care associates, and is involved with communications with residents and family members as well as administrative tasks. From a very young age—five or six years old—Lou knew she wanted to become a nurse. She has worked extensively in a variety of settings, including long term care, a dialysis center where she was a manager for years, and occupational health where she was a resource nurse during the Covid-19 pandemic. Lou also has years of experience working with older adults specifically, most recently as a case manager at a rehabilitation center. She has been in the Boston area for 24 years, and is originally from Blackstone, Rhode Island, where she grew up on a farm! On the farm were goats, chickens, pigs and ponies—Lou’s favorite—though she loves all animals. Lou enjoys spending time with close friends and going for walks to appreciate the outdoors. Welcome, Lou; we are so glad to have you share your skills and caring with Goddard House!

*-EnrichedLIFE Director Rebecca Margolin*



Director of Business

Administration **Aneta  
Arakelian** joined our  
Goddard House team in  
September. Originally  
from Poland, Aneta  
received her degree in

business administration and

marketing. Later, when she had the opportunity to join a study program, Aneta moved to the United States. Because her late grandmother had been affected by Alzheimer’s, she felt a connection to assisted living communities, as she believes that they are a place where we all can make a difference in the quality of one’s aging process and learn so much from those whom we meet along the journey. In the words of Eddie Jaku from his novel *The Happiest Man on Earth*, she believes that “It is never too late to be kind, polite, and a loving human being.”

Outside of work, Aneta enjoys traveling, eating out, reading, spending time with her friends, and taking long walks with her husband and their 3-year-old Golden Retriever, Max.

We are so lucky to have someone as experienced and compassionate as Aneta with us here at Goddard House. We look forward to getting to know her more!

*-Director of Compass Programming Kristen Cipriano*

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NEWSLETTER CONTRIBUTORS

**Rebecca Margolin**  
*EnrichedLIFE Director*

**Kristen Cipriano**  
*Olmsted Program Director*



ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street  
Brookline,  
Massachusetts 02445  
617-731-8500

[WWW.GODDARDHOUSE.ORG](http://WWW.GODDARDHOUSE.ORG)

## PATIO FUN!



*Left:  
Elaine S.  
and Carol  
S. enjoy  
the nice  
weather  
together!*