



November 2024



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

Olmsted Family Caregiver Group

*This group welcomes
Goddard House family
members. Meets monthly
on the **first Tuesday**
from 6:30–7:30 P.M.
on Zoom.*

Please contact Olmsted
Program Director
Kristen Cipriano
at [kcipriano@
goddardhouse.org](mailto:kcipriano@goddardhouse.org) for
more information.

RESIDENT PROFILE



A lifelong resident of Boston, **Judy Wong** moved from her Coolidge Corner brownstone to Goddard House in May of 2023. Since her arrival, Judy has kept everyone smiling with her cheerful personality and sly sense of humor.

Judy enjoyed living in the Boston area and after attending Brookline High School went on to Bryant & Stratton College, where she learned the ins and outs of assisting in an office. This proved to be a great fit for Judy as she worked as a clerk and technician for Verizon for 45 years! When she wasn't working she enjoyed exploring trendy restaurants, sewing, and hunting for great deals on clothing at places like Filene's Basement. A passionate gardener, she also found joy in taking care of her plants.

Here at Goddard House, Judy is always happy to join in on programs or spend time with a friend. A budding artist, Judy has participated in our Opening Minds Through Art program and even has a piece or two hanging in the current OMA exhibition. She also has become a consistent member of our Museum of Fine Arts Access Tours. We are so happy to have Judy as part of our community.

-Olmsted Program Director Kristen Cipriano

Poetry with Jazz Poet Elizabeth McKim

by *EnrichedLIFE* Director **Rebecca Margolin**

Known as the Jazz Poet of Lynn and the unofficial poet laureate of Lynn, **Elizabeth McKim** is a celebrated Sound Poet. Last month she visited Goddard House to give an interactive performance of her poetry. Residents gathered in a circle around McKim, who shared her poetry through her voice, creative movement and instruments. The audience



Elizabeth McKim

was captivated by her dynamic performance and warm personality, and we were invited to join in by moving our bodies, adding our voices and even playing a hand held kalimba instrument. McKim has been dedicated to bringing poetry to many populations, including


through her work as faculty of the European Graduate School of Expressive Therapies and of Lesley University, the latter for which she shared

with teachers throughout the USA techniques to enrich their curriculum with poetry. Her visit to Goddard House reminded us of the beauty of creative expression, and energized the audience in




a unique way. Following the poetry performance, McKim joined us for a reception where she spent time connecting in conversation with members of the audience. It was truly a special afternoon, where the audience was engaged and inspired to pursue creative passions through

McKim's dedication to sharing her own love of communication and learning through poetry.

A sincere thank you to Goddard resident **Dr. Herbert Krohn** for organizing this program. Dr. Krohn has taken on a leadership role in our weekly Enjoying Poetry group, which was founded in 2022 by resident **Ruth Baden**. In this group, residents come together to read and discuss poetry, and occasionally share their own poetry as well. The group provides a space for listening, learning, sharing and supporting one another. 

Mediterranean Luncheon

by Assistant Executive Director **Lance Chapman**

In October and November the Goddard House marketing team held a special VIP Luncheon. We hosted this event to celebrate and educate local business leaders about the importance and impact of the Mediterranean Diet. Our visiting chef prepared a delicious entree, salad and dessert for our guests designed to help draw greater awareness to this healthy approach to cooking. Our residents and their guests have the opportunity to choose these healthy items from our Goddard House menu on a daily basis. 



Executive Director News-Johane Marcellus
and Assistant Executive Director **Lance Chapman** (far right) with guests

Goddard House Celebrates 175 Years

by Marketing Manager **Sarah Georges**

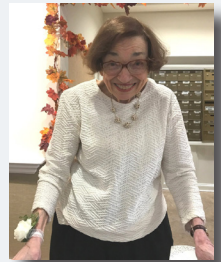
Last month, residents, associates, families, community partners, board members and government officials came together to celebrate Goddard House's 175th year as an innovative senior living organization. Goddard House is a nonprofit organization which has always been dedicated to bringing compassionate creative programming and care to its residents as well as to the greater Boston community. The oldest Massachusetts organization providing elder care, Goddard House was founded in 1849 and is named after Matilda Goddard, who was an entrepreneur and philanthropist.

At the event, guests were welcomed by classical music provided by the Brookline Music School faculty and students, a beautiful floral display by Ella Orsatti, and hors d'oeuvres passed by the Goddard House dining team. Guest speakers included State Representative **Tommy Vitolo**, Assistant Secretary of the Executive Office of Elder Affairs **Jodi Breidel**, Boston AgeStrong Commissioner **Emily Shea**, and the Dean of Manning College of Nursing and Health Sciences at UMass Boston **Bo Fernhall**. One of the event highlights was the recognition of Goddard House's staff, several of whom have served the community for over 20 years. The event concluded with food stations, a display featuring details of the upcoming building renovations, and dancing to music provided by the Winiker Brothers, who were also present at Goddard House's original opening celebration. It was a wonderfully uplifting evening!



Associates who have been at Goddard House for over 20 years! Left to right:

*Housekeeping Lead **Sheereen Hossen-Montrose**, Resident Care Associate **Adeline Michel**, Executive Director **News-Johane Marcellus**, Lead Wellness Coordinator **Jeannette Salvant**, President & CEO **Candace Cramer**. Not Pictured: Lead Community Relations Associate **Patricia Barrows**, and RCAs **Carole Laplante** and **Oxane Leveque***



*Clockwise, from top left: **Musia W.** reads her poem "Moonglow over Goddard House" written*



*for this event; Chefs **Mahlet "Mimi" Gilliam** and **Elio Perez**; **Sally S.**; **George C.**, Dining Associate **Maria Depeiza**, and **Elisabeth D.**; **Edie B.** with State Rep **Tommy Vitolo***

More photos of this event to come in December!



OMA PRESENTATION

At left: Community Art Therapist **Meredith Griffiths**, LMHC, ATR, CDP and Assistant Executive Director **Lance Chapman**, CDP, presented "Opening Minds through Art: Empowering and Inspiring Creativity across Generations and Cognition" at the Massachusetts Assisted Living Association's annual conference on October 24th. Attendees enjoyed a hands-on OMA experience creating their own unique art piece while learning about the program and its benefits for persons with dementia.

EXCELLENCE



INNOVATION



TRANSPARENCY



Volunteer Spotlight!

When they began volunteering at Goddard House in the spring of 2024, **Sally Pan** and **Claire Szapary** quickly became familiar friendly faces in our community. Both are recent graduates who upon moving to the Boston area and joining the



workforce were seeking to build new connections beyond their full-time jobs. Claire works as a research coordinator within the MGH psychiatry department and Sally is a senior consultant at a management consulting company. Each of them has dedicated herself to volunteering, community engagement, and leadership throughout and beyond their academic careers, and value forming relationships and building

connections. Both Claire and Sally bring bright smiles, flexibility, and their friendly personalities with each visit, and we are so lucky to have them here! *-EnrichedLIFE Director Rebecca Margolin*

"We've really enjoyed volunteering at Goddard House—the energy here is always so positive, and it feels like we're all learning and having fun together. Whether we're helping with technology or getting everyone excited for trivia, we love how enthusiastic the whole community is, and it's that shared excitement that makes the experience so special for us!" Sally & Claire

ASSOCIATE PROFILE



We welcomed Wellness Nurse **Tatiana Correia Dos Santos** to our team in the fall.

Tatiana originally attended college for public relations, in her home country, Cape Verde. She moved to the US with her family in 2016, and returned to college for general studies. During this time, Tatiana also worked as a home health aide, which inspired her to go into nursing.

Tatiana is passionate about helping others, and especially strives to advocate for those who may not be able to speak for themselves. Her caring personality is obvious, as she gives her undivided attention and takes time with each interaction. When she's not at Goddard House, Tatiana enjoys a balance between exploring nature, beaches and going out to eat, or spending time at home watching movies. Her favorite food is traditional Cape Verdean cuisine, along with trying out different snacks! Tatiana appreciates the Goddard House community, noting that associates and residents have always been friendly and welcoming. Tatiana, we are glad to have you on the Goddard House team!

-EnrichedLIFE Director Rebecca Margolin

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NEWSLETTER CONTRIBUTORS

Rebecca Margolin
EnrichedLIFE Director

Kristen Cipriano
Olmsted Program Director

Lance Chapman
Assistant Executive Director

Meredith Griffiths
Art Therapist



ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street
Brookline,
Massachusetts 02445
617-731-8500

WWW.GODDARDHOUSE.ORG

RESIDENT ART



Carol S. (left) and Ellen G. (right)