



February 2025



# Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS



### Olmsted Family Caregiver Group

*This group welcomes Goddard House family members.*

Meets monthly on the  
**first Tuesday** from  
6:30–7:30 P.M. on Zoom.

Please contact Olmsted  
Program Director Kristen  
Cipriano at [kcipriano@  
goddardhouse.org](mailto:kcipriano@goddardhouse.org) for more  
information.

### RESIDENT PROFILE



**Jude Kidd** dedicated her career to the nonprofit sector and community organization. She is originally from Springfield, which she describes as a good place to grow up. Her mother ran a secondhand bookstore, and her father edited the *Springfield Daily News*.

Jude committed herself to public service and developed expertise as a consultant to nonprofit organizations, in addition to serving as a board member, and found this extremely satisfying. She was instrumental in the founding of the City Year program, a young adult-based community service program connected to the development of AmeriCorps, and worked for the organization for years.

Jude strongly values friendships, both old and new, and takes pleasure in connecting over a game of Scrabble. Jude, we are glad to have you at Goddard House and enjoy getting to know you!

*-EnrichedLIFE Director Rebecca Margolin*

### GROUNDHOG DAY!



*Left: Olmsted Program  
Director **Kristen  
Cipriano, Ellen G., and  
EnrichedLIFE Director  
**Rebecca Margolin**  
read the prediction of  
Punxsutawney Phil!***

## Community Connections: Welcome, Moose!

by *EnrichedLIFE* Director **Rebecca Margolin**

**M**oose is a new canine visitor in our community, a Labrador retriever known for his gentle and loving personality. He joins us through PetPals, which is a program facilitated by Friendship Works, an organization that seeks to create connections to end elder isolation.

As we have seen both through PetPals and Barn Babies visits, spending time with animals can be a powerful, uplifting experience, warming our hearts and bringing plenty of smiles! This can be particularly impactful for someone living with dementia, who may not recall the experience itself but will internalize the feelings elicited by holding an animal. The animal visits bring us together to socialize, share memories of pets, and even play music for the animals. We are thankful for this experience and the sense of community that it fosters! 🏔️

*Moose  
with  
Peggy  
M. and  
Carol S.  
(left) and  
Grace M.  
(right)*



## Barn Babies!



*Clockwise, from top left: Art Therapist  
**Meredith Griffiths** with **Lynn W.**; **Elisabeth D.**;  
**Jeanine M.**; **Judy W.**; Dining Supervisor **Jayda  
Montgomery**; **Peggy P.**; **Marjorie S.**; **Herbert  
K.** and Dining Associate **Ann Marie Boswell***

“Fur friends provide comfort, elicit smiles, and often, happy memories, and just the touch of a cat or dog can change a person’s outlook and well-being. Even short-term pet visitation can provide emotional, physical, and mental benefits for older adults, improving their quality of life and reducing loneliness and isolation. PetPals are canine, feline, or other pet volunteers (and their humans!) that visit older adults in assisted living residences and skilled nursing facilities in Boston, Brookline, and Cambridge. PetPals teams are trained and assessed by an animal behaviorist, and love the attention of the residents!”

*From the Friendship Works website*





## WINDOWS & MIRRORS

*an exhibition by Brookline High School art students*

on display  
January 21–February 25, 2025

Art offers powerful opportunities for us to build fellowship with one another. Whatever form art takes, whether it is the written word, music, dance, or in the case of this exhibit, visual artwork, art provides a window into the experience and thinking of the artist helping us to see the world from their perspective. Art can also be a mirror in which we can see ourselves reflected in the feelings and moments the artist has expressed in their work. Although specific details of our experiences may differ, when we give our attention and curiosity to an artwork we connect with our shared experience of what it is to be human.

The work in this exhibit was created by students at Brookline High School working in drawing, painting, and photography classes. The subject matter of these works varies and student artists have provided titles and brief statements to guide viewers in connecting with the work. Although many years and much distance may separate the students of Brookline High from the residents of Goddard House, art can help to bridge that distance with artistic windows into the experiences of others and resonant mirrors in which we see something of ourselves reflected. Thank you for your kind attention and for inviting us once again to exhibit in Goddard House's Gallery M.

On February 12, the student artists will visit Goddard House for a reception!



*Shared, 2024*  
Two students sharing earbuds, symbolizing connection and shared support for each other in a perilous world

*Fluid Movement, 2024*  
The transition between dance steps. It's not the steps that make a dance piece; it's how you get into and out of them.



*Exodus, 2024*  
This piece demonstrates the disconnect that Human-produced pollution creates between aquatic life and their natural habitat. The fish flee the waste-filled waters, and the atmosphere represents change.

*Floating Memories, 2024*  
The blown bubbles symbolize how fleeting childhood is and how hard it is to hold onto memories while showing the beauty in the ephemeral and how meaningful being able to hold on to those memories is.





## Goddard Happenings!



*Top row: Barn Babies with **Maureen G.**, **Sue D.** and **Phyllis B.**, and **Mary F.** Second row: As part of our “Grab Your Passport! Destination: Japan” program, we made origami! **Connie K.** (left) and Art Therapist **Meredith Griffiths** and **Vivian F.** (right).*

*Bottom: Twinning! Transportation Associate **Marie Jeanty** and Programming Assistant **Joan Keene***



## ASSOCIATE PROFILE



Executive Assistant  
**Bianca Pierre** says she is thrilled to join the team at Goddard House! Bianca graduated from UMass

Amherst with a degree in psychology and a concentration in neuroscience, and says she has always been passionate about work that serves mental health and the community. Previously, Bianca worked at Wellness for Our Future, a therapy clinic, where she deepened her commitment to supporting others. Outside of work, Bianca enjoys morning walks, cooking with her loved ones, and reading. She is excited to be part of the team and looks forward to getting to know everyone!

-Olmsted Program Director **Kristen Cipriano**

## MUSEUM OF FINE ARTS



*Museum of Fine Arts Access Tour Guide **Roe Kolanowski** led us through the Georgia O'Keeffe and Henry Moore exhibition on a recent trip to the MFA. Resident **Edie B.** shared memories of visiting Georgia O'Keeffe's art.*

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### NEWSLETTER CONTRIBUTORS

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