

# Goddard Times

## GODDARD HOUSE

UPCOMING EVENTS

## GROUPS AT GODDARD HOUSE

#### Olmsted Family Caregiver Group

This group is open to all Goddard House resident family members. This is a welcoming environment for families to discuss shared experiences and offer mutual support. Meets monthly on the second Tuesday from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more information.

#### LGBTQ & Friends Conversation Group

This monthly group is open to all. Meets this month on

Thursday, October 16 at 3:30 P.M. For those who are not Goddard House residents, families, or associates, please contact EnrichedLIFE Director Rebecca Margolin at 617-731-8500 or rmargolin@goddardhouse.org for more information.

#### RESIDENT PROFILE



David Lee was born and raised in Rye, New York during the Great Depression. His mother was a teacher, and father was an electrical engineer. The family lived for a brief time in Brooklyn before returning to Rye, where David attended Rye High School. David went on to serve in the US Army for two years. He graduated with a

bachelor's from Harvard University, a master's from the University of Connecticut, and then earned his PhD in physics at Yale University. David was a professor of physics at Cornell University, and later, at Texas A&M.

A major highlight of David's life is winning the 1996 Nobel Prize in Physics! This was awarded for the 1971 discovery of superfluidity in helium-3. He has fond memories of travelling to Stockholm with his family for the ceremony, and sitting next to the Queen of Sweden.

David has two sons, and has had a lifelong interest in trains. He also spent time rock climbing, fishing and running. David, we're glad to have you at Goddard House!

-EnrichedLIFE Director Rebecca Margolin





Left: **David** is pictured with fellow Nobel Prize recipients **Robert Richardson** and **Douglas Osheroff**; right: with **Queen Silvia** of
Sweden at the Nobel Banquet in 1996.

#### WELCOME BACK, STUDENTS!

We are thrilled to welcome our local students back to our incredible intergenerational programs!

Later this fall, we'll welcome back students from Brookline High School's Senior and Student Community Club. The group, founded by Brookline High School students, came from a desire to build social connections following the pandemic. The students visit Goddard House where they meet as a group with residents to listen to one another's goals and experiences.

High School is the annual exhibit featuring student artist works in Goddard House's Gallery M! Organized by our Art Therapist Meredith Griffiths, the culminating reception provides an opportunity for the students to visit Goddard

House and speak to the residents

about their art.

Another highlight from Brookline



Barbara B. with the co-founders of the Brookline High School SASCC, Kevin and Anuj

A group of freshmen from Emmanuel College kicked off their college career with a visit to Goddard House! Students spent the morning with residents, socializing and playing board games. Many connections were formed, and some of the students will be returning throughout the semester!



Students from Emmanuel College pose with Director of Resident Support Services Duana Ramos, and residents Kris R., Martha S., Ann Marie L., and Wendy R.

Graduate students from Hellenic College's Master of Divinity program have been coming to Goddard House since 2021 as part of their Field Education Program. These students bring thoughtful conversation and companionship, and we have appreciated their visits!

#### **Boston University** Alzheimer's Buddies seeks

to build intergenerational friendships as a means to improve quality of life and to foster social connections. We have worked with volunteers from this program for over eight years, and have enjoyed their willingness to spend time at Goddard House. Keep an eye out for them this fall!



We welcome Lesley University Intern Sarah Southwick! Sarah says, "My favorite aspect of studying art therapy is building relationships with people, and having that be the core of what motivates me." Sarah is a third year graduate student studying

Mental Health Counseling and Art Therapy. Last year, her internship was at a transitional housing facility for veterans.

### Alzheimer's Mini Walk

by Assistant Executive Director Lance Chapman

In 2018, our community began the tradition I of holding a "Mini" Walk to End Alzheimer's here at the Goddard House. This has created an annual on-site fundraiser that everyone in the community can participate in and be present for. Rather than heading into Boston for the larger event, we have a tradition of gathering in our front circle and of fighting this illness by raising funds to continue research efforts to find a cure. Walking—or cheering on other walkers—on this day raises awareness, creates camaraderie, and perhaps inspires some donations. The event is open to all, and we often see groups of residents and their family members, as well as many of our staff, joining in together to find some small way to make a difference. See the photos below of past Mini Walks! All donations are tax deductible and can be made payable to the Alzheimer's Association.





#### Casual for a Cause!

Associates wear blue jeans on Fridays in September and October with a suggested donation of \$1 to the Alzheimer's Association

## Our Rising Star!

The Star Awards offer an opportunity to highlight a few of our many exceptional associates! Recipients are nominated by residents, associates and family members. Nominees are invited to attend an award ceremony with all of the other SLR communities' nominees. This year, Goddard House's Robert Holden, Business Office Associate, received the Rising Star Award, which recognizes a person's ongoing growth and exceptional contributions. Around Goddard House, Robert is known by residents and associates for his willingness to approach any situation with thoughtfulness and compassion. He is always ready to lend a helping hand, a smile, and a patient ear.





Robert pictured at one of our pet therapy events (left) and at the Star Awards ceremony with SLR Director of Operations Mike Schaus (right)

From the Star Awards Descriptions

The person who represents the Rising Star Award:

- Goes above and beyond expectations
- Exemplifies professionalism and dedication to SLR's Right Values work environment
- Consistently demonstrates exceptional achievements
  - Has made significant noticeable and distinct contributions to their community

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## **Around Goddard**







Above: our Assisted Living Week included community-building programs such as an art-making social, a donut stand, and a sing along with our own Olmsted Choir! Left to right: Elisabeth D. and Transportation Associate Marie Jeanty; Director of Resident Support Services Duana Ramos, Olmsted Program Director Kristen Cipriano, and Myrna M.; Jude K. and Dining Associate Wallyston Chounan





Above, left: Myrna B., Edie B., Art Therapist Meredith Griffiths,
Vivian F., Linda Z., Gwen N., Barbara B., Anne G., Betty A., Maggie
B., and Jude K. prepare to board the minibus for our trip to see
Passengers at the American Repertory Theater; right: Flower Arranging
with Dining Room Supervisor Maria Depeiza, Louise H., and Resident
Care Associate Adeline Michel

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#### ASSOCIATE PROFILE



Originally from New Hampshire, Interim Executive Director **Katrina June** began her career working at a nonprofit organization supporting at-

risk children. After relocating to Connecticut due to her husband's job transfer, she transitioned into the home care industry as a liaison, an experience that sparked her passion for working with older adults. Since 2009, Katrina has dedicated her career to serving the senior population. While living in Connecticut, she welcomed her two children, now in middle school, before her family ultimately settled in Hampton, New Hampshire. In 2018, she played a key role in opening Cornerstone at Hampton, where she served as executive director for several vears. In her current role as Senior Operations Manager, Katrina travels to different SLR communities to provide leadership support, stepping in during transitions and helping teams maintain high standards of care and service. Since being here at Goddard House as the Interim Executive Director, Katrina has jumped right in and says she loves all of our art programs and appreciates how the residents are true advocates for themselves.

Outside of work, Katrina enjoys living just a mile from the ocean, saying that breathing in the sea air is her perfect reset. She also loves spending time with her family and their four dogs, golfing, and thrifting unique pieces to decorate her home. Thank you, Katrina, for all you have brought to Goddard House!

-Olmsted Program Director Kristen Cipriano