



January 2026

Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

THIS MONTH AT GODDARD HOUSE

Olmsted Family Caregiver Group

This group is open to all Goddard House resident family members. This is a welcoming environment for families to discuss shared experiences and offer mutual support.

Meets monthly on the **second Tuesday** from 6:30-7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more information.

RESIDENT PROFILE



Born in Quincy, **Carol Cuoco** is a lifelong resident of the Boston area. Although she was an only child, Carol says that she has always been very social and found it easy to make friends, a trait that has remained a defining part of her personality throughout her life.

After graduating from high school, Carol began a career as a personal secretary. Following the birth of her two daughters, she continued working while also taking on the role of homemaker. Carol found joy in both responsibilities, as she has always loved caring for others and helping those around her. As her children grew older, she and her family began traveling more, with tropical destinations becoming her favorite.

Carol has a strong creative side and was known for often assisting family members with renovating and decorating their homes. Her creativity also extends into various forms of art and crafting, which she continues to enjoy. Now at Goddard House, Carol remains a true social butterfly, always greeting others warmly, inviting people to join her table, and making everyone feel welcome with a smile. She has also been actively involved in the OMA art programs, where one of her recent pieces was proudly displayed in the gallery. Carol's smile is contagious and we are so happy to have her as part of our community.

-Olmsted Program Director Kristen Cipriano

Investing in an Enhanced Kitchen and Dining Experience

Linn Foundation's \$125,000 support advances kitchen and dining renovation

by Goddard House President & CEO Candace Cramer

We are pleased to share exciting news as our long-anticipated building renovation and addition officially gets underway. This important milestone has been made possible, in part, by the extraordinary generosity of the Ruby W. and LaVon P. Linn Foundation (Linn Foundation), which has awarded Goddard House two grants totaling \$125,000 in support of our kitchen and dining renovation.

The Linn Foundation's initial \$100,000 grant provided critical early momentum for our \$16.5 million, resident-centered renovation, specifically advancing the planning and design of essential kitchen and dining upgrades. The total cost of the kitchen and dining renovation is estimated at \$1 million, and this early investment helped position this work for success. More recently, the Foundation approved an additional \$25,000 grant to support continuity of dining services during the renovation, ensuring that when kitchen construction begins, our residents will continue to enjoy freshly prepared, nutritious meals without disruption.

At Goddard House, dining is far more than a daily routine—it is central to health, dignity, and community. Our kitchen supports our award-winning Brain Healthy Cooking program, rooted in the Mediterranean diet, and our dining room serves as a place where relationships are nurtured and well-being is sustained. The renovated kitchen will improve safety, efficiency, and workflow for our culinary team, while enhancing the dining experience for residents now and in the years ahead.

Including the Linn Foundation's generous support, we have now raised more than \$718,000 toward the overall building renovation project. We are deeply grateful to the Foundation for its continued partnership and belief in Goddard House's mission, and to all who are helping bring this vision to life. This investment strengthens not only our building, but the daily lives of everyone who calls Goddard House home. 

Happy New Year!



Top to bottom: Wendy R. and Ann Marie L.; Ivy L.; Peggy M.; Vivian F. and Elisabeth D.

OPENING MINDS THROUGH ART

Nine residents of Goddard House had artworks selected to appear in the 3rd Annual Virtual OMA Art Show! This is an international, juried exhibit that is organized by the founders of the OMA program at Miami University's Scripps Gerontology Center.

Many of these works also appeared in our annual OMA Exhibit at Goddard House's Gallery M, which featured the artwork of 30 residents of our Olmsted neighborhood.

Right: "Country Wildlife" by Barbie B. won the New Possibilities Award. This award recognizes how Barbie uses the creative skills she developed as a fabric designer in a new way through the OMA program.



Left: "A Fractured Brain" by Maureen S. won the Storyline Award. This award recognizes the story behind Maureen's piece and the artist's experience living with dementia

Right: "Find Me" by Sue D. was the People's Choice Award Runner Up. Sue's piece got 123 votes for the People's Choice!



DRAWINGS & WATERCOLORS BY MARTINE BRUEL

Goddard House Resident

on display

December 16, 2025–January 19, 2026



ARTIST STATEMENT

I was educated in Paris at the École des Arts Décoratifs as a theater designer, and have worked all my life in the visual arts. What began as a career designing sets and costumes, became a long involvement in graphic design work for public television, advertising and book publishing in the Boston area. In 2004,

I returned to the studio to pursue my passion for drawing and watercolor, first working with models and still lives, then venturing outdoors to record the trees, rivers, ponds and shorelines of New England, California, and Provence. I want to capture nature as it changes with each passing season: the variations of the light as the day comes and goes, the racing clouds before a storm, the clear atmosphere after the rain, the reflections in a pond... I immerse myself in the landscape and try to recreate on paper the sense of energy I feel circulating and animating forms all around me. Nothing is still for very long and I must work very quickly, in concert with nature herself.



The Holidays at Goddard



Top row, left to right: Ornament Making with Josephine U. and Maureen G.; Dolores N., Lead Housekeeping Associate



Sheereen Montrose, Lesley Art Therapy Intern **Sarah Southwick**, Director of Resident Support Services **Duana Ramos**, Art Therapist **Meredith Griffiths**, **Myrna B.**, and Housekeeping Associate **Betty Gomez**. Second row: Wreath Decorating with **Bill E.**, **Sue D.**, **Carol S.**, and Intern **Sarah Southwick**; **Phyllis B.** Bottom: Gingerbread Cookies with **Elizabeth T.**, **Nivart C.**, **Steve H.**, and **Wendy R.**



Lead Housekeeping Associate **Sheereen Montrose** has worked at Goddard House for 24 years, and is a believer in teamwork, always! She loves being with the residents and associates, and recognizes that teamwork goes a long way. Sheereen was born in Mauritius, a small island nation in the Indian Ocean. As a teenager, she lived with family in Paris and Switzerland, and as a young adult moved to Montréal, Canada where she lived for years working with children in a day care. Sheereen moved to the Boston area in the 1990s, which is where she has lived ever since, with her husband and son. At Goddard House, Sheereen may be found all over the building, and is known for the extra care and attention that she gives to the chickens who live in the Olmsted Garden. She is a past recipient of the Star Award and the Phyllis Vineyard Award, both of which recognize associates for outstanding dedication to the residents of Goddard House and for consistently honoring our community values.

In her free time, Sheereen enjoys going for walks, spending time in nature, and doting on her cat. Thank you, Sheereen, for sharing your friendly, caring and helpful attitude, every day!

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NEWSLETTER CONTRIBUTORS

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