



# Goddard Times

## GODDARD HOUSE

### UPCOMING EVENTS

#### Olmsted Family Caregiver Group

Join us to discuss shared experiences and offer mutual support. We will meet on **Tuesday, April 14** from 6:30–7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at [kcipriano@goddardhouse.org](mailto:kcipriano@goddardhouse.org) for more information.

*This group is open to all resident family members.*

#### Mediterranean (Brain Healthy) Luncheon & Cornhole Tournament at the Brookline Senior Center

**Thursday, April 16** from 12:00–1:30 P.M.  
RSVP to Jamie Jensen at [jjensen@brooklinema.gov](mailto:jjensen@brooklinema.gov)

#### OMA Spring Fling

#### Community Art Exhibition

**Thursday, April 23** at 1:30 P.M. at Goddard House (*read more inside!*)

#### LGBTQ & Friends Conversation Group

**Thursday, April 23** at 3:30 P.M. If you are not a Goddard House resident, RSVP to EnrichedLIFE Director Rebecca Margolin at [rmargolin@goddardhouse.org](mailto:rmargolin@goddardhouse.org). *This group is open to all.*

### RESIDENT PROFILE



If you've spent time at Goddard House, you may recognize **Henry Garelick** for his friendly disposition and distinct cheerful voice. Henry, who grew up in South Brookline, attended the Baker School and Brookline High School. He graduated from UPenn's Wharton Business School, where he majored in real

estate and entrepreneurial management. After moving back to the Boston area, he had two sons, whom he raised in Wayland. Henry had an expansive career in finance, beginning as a management consultant helping to develop troubled businesses. He held a variety of positions in the field, and earned his MBA at Northeastern's co-op program. Henry's favorite aspects of finance and business were analyzing companies and selecting stocks and bonds.

Henry loves dogs, and says that he had two with whom he spent a lot of time—Nicky, a samoyed, and Confucius, a pug. He has diverse taste in music, but especially likes classic rock and 80s music, including Cream, Led Zeppelin, The Beatles, Aretha Franklin, Motown, and George Michael, to name a few. Henry also knows quite a bit about the movies. While his favorite decades for movies are the 1960s to the 1990s, Henry is also fond of the more recent Pixar Studios animated films.

At Goddard House, where he has lived for almost two years, Henry is known for always making an effort to greet and get to know those around him. He enjoys the residents and associates, and appreciates the art in our gallery. Henry, we're happy you're here!

*-EnrichedLIFE Director Rebecca Margolin*

# Leadership at Goddard House: How We Work Together

by *President & CEO Candace Cramer*

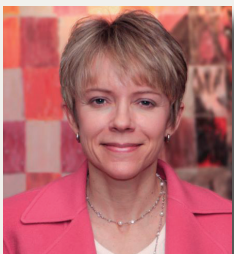
Goddard House leadership includes our Board of Trustees, the CEO, the Executive Director, and our Assisted Living management company, Senior Living Residences. Each plays a distinct role in ensuring that the organization remains strong, mission-driven, and responsive to the needs of those we serve. This article outlines how we all work together to support Goddard House day-to-day and over the long term and responds to questions I've heard.



As Executive Director, **Catherine Haycock** (*left*) leads the Assisted Living community, including daily operations, resident experience, staffing, and the overall quality of services.

Her role includes overseeing and supporting staff, addressing resident and family needs and requests, ensuring regulatory compliance, and helping maintain a welcoming and well-run environment. If you have questions about day-to-day community life or services, Catherine is happy to assist.


Because Assisted Living is highly regulated and operationally complex, we contract with Senior Living Residences to provide specialized expertise in areas such as regulatory compliance, operational systems, and financial infrastructure. SLR reports to the CEO.



As CEO (*Candace, at left*), my role is organization-wide. I report to a Board of Trustees who provide governance and fiduciary oversight. I am accountable for the overall leadership and health of our Assisted Living community and Creative Aging

Connections—our community-based initiative focused on creative engagement and healthy aging for under-

resourced older adults living in Boston. I focus on long-term strategy and execution, financial stewardship, leadership oversight, community partnerships, fundraising, and major initiatives such as our building renovation.

Clear roles and strong collaboration help us work together to provide meaningful engagement and high-quality care for our residents and community program participants and to support the wonderful associates and caring family members who help make Goddard House such a strong community. It is a privilege to be part of such a dedicated team. 



## *Around Goddard*



*Clockwise, from top left: Resident Care Director **Cat Morgan** with her dog, **Roxy**, and **Nancy K.**; residents and associates on an MFA Access Tour; **Bill E.** and **Peggy M.** at our St. Patrick's Day celebration; **Judy S.** and **Lanny J.** during a St. Patrick's Day-themed Open Studio*





## THE ART OF CARICATURE

*Taking a Serious Look at the Art of Drawing Silly Faces*

Artwork by Lance Chapman

on display March 3-31, 2026

**Lance Chapman** has served as the Assistant Executive Director here at Goddard House since 2011. He credits his mother's side of his family as the source of his appreciation for artistic expression.



In 2022, what began as an interest in drawing cartoon characters, has recently shifted with a newer focus on The Art of Caricature. After attending an inspiring workshop, hosted by renowned caricaturist

**Tom Richmond**, Lance now

devotes all of his artistic aspirations towards becoming an expert caricature artist. Lance states, "I consider myself an advanced beginner at this art form and with no formal art education, I am learning with each new drawing I create." The exhibition features three areas of work, celebrities, friends and colleagues—and a fun section on caricatures of pets. In March, residents and family



members joined Lance (*right*) to learn about what goes into drawing a caricature, and why he finds it such a fulfilling form of creative expression. He enjoys drawing people he knows personally because the caricature allows him to highlight personality traits rather than simply physical features. While understanding the technical components has been fun and challenging, Lance's favorite part about drawing caricatures is that they offer an imaginative and joyful way to build community and connections. The Art of Caricature exhibit has done just that, bringing a light-hearted theme and plenty of opportunities for conversations to Goddard House!

## *OMA Spring Fling!*

Goddard House and Creative Aging Connections, a Goddard House initiative, present the OMA Spring Fling art exhibition with opening reception **Thursday, April 23 from 1:30-3:00 P.M.** Inspired by Goddard House's commitment to innovation and connection, Creative Aging Connections fosters creativity, social connection, and well-being in Boston older adult housing communities through intergenerational programs led by professional teaching artists and enriched by student interns. A signature program at Goddard House since 2016, OMA is an award-winning, evidence-based, intergenerational, abstract art-making program for older adults and those living with dementia. The goal of OMA is to challenge assumptions and build respect and genuine connections between older adults and volunteers/student interns as they come together through artmaking. For more information about Creative Aging Connections, contact Director of Community Partnerships **Christine Nagle** at [cnagle@goddardhouse.org](mailto:cnagle@goddardhouse.org).



*Parvin M. at OMA*



# Growing at Goddard

## ASSOCIATE PROFILE



Cook **Emmanuel Winnie** has been an associate at Goddard House since 2016, and is known for his consistent energy and reliability. He originally worked in the Dining department as a dishwasher, and as a member of the Housekeeping team. Emmanuel then moved full time to Dining and also became a server.

After observing the chefs, he eventually gained competency in food preparation and knife skills, and grew into a full time cook, a role he's held for almost three years.

Emmanuel's foundation in cooking began in Liberia, his home country, where his aunt owned a restaurant called the Country Kitchen. Emmanuel recalls spending time at the restaurant after school and into the evening helping with food preparation, a task which was guided in part by not having a large refrigerator.

Emmanuel loves everything about cooking, and views it as an art. His passion for cooking has grown over the years, and he often watches online videos to learn different techniques, blending ideas to develop his own style and creations.

Did you know that Emmanuel also teaches Sunday school? He does so mainly over zoom, and misses the days pre-Covid when he taught in person at a Baptist Church. Emmanuel considers Goddard House a "home away from home", and appreciates the warm, family-like atmosphere and connection with the residents and associates. In 2019, he received the Phyllis Vineyard Award for Exemplary Service which highlighted his dedication and versatility. He looks forward to continuing to develop his skills as a cook, taking care to make each dish just right. Don't miss Emmanuel's Salmon, a favorite of the residents! We are grateful to have him!

*Growing at Goddard will be a monthly feature highlighting career growth at Goddard House. Written by EnrichedLIFE Director Rebecca Margolin.*



Born in Massachusetts, Programming Assistant **Emily Paron** moved to a small Vermont town of just 2,000 people at

age ten. While she appreciated the close-knit community, she was always interested in living in a more diverse city, where the arts and creative outlets were more accessible. This, and the fact that her grandparents lived in the area, led Emily to Boston for school, and she has been here ever since. A highlight of her academic experience was spending two semesters in Hawaii, where she immersed herself in the local culture. Being closer to her grandparents deepened her appreciation for the senior population and inspired her career path. She began working as a front desk receptionist, where she enjoyed connecting with residents, but soon sought a more hands-on role. As a programming assistant at Goddard House, Emily values forming meaningful relationships and witnessing the therapeutic impact of activities, especially for those living with dementia. Outside of work, she prioritizes health and wellness, spending time at Pilates and barre classes and experimenting with nutritious baking. Emily's compassion, patience and warm personality fit right into our community, and we are all so happy to have her with us!

*-Olmsted Program Director  
Kristen Cipriano*

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