



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

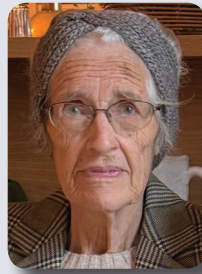
GROUPS AT GODDARD HOUSE

Olmsted Family Caregiver Group
Join us to discuss shared experiences and offer mutual support. We will meet on **Tuesday, May 12** from 6:30-7:30 P.M. on Zoom. Please contact Olmsted Program Director Kristen Cipriano at kcipriano@goddardhouse.org for more information. *This group is open to all resident family members.*



**LGBTQ & Friends
Conversation Group**
Thursday, May 21 at 4:00 P.M. For those who are not Goddard House residents, families, or associates, please contact EnrichedLIFE Director Rebecca Margolin at 617-731-8500 or rmargolin@goddardhouse.org for more information. *This group is open to all.*

RESIDENT PROFILE



Hiltrud Lu brings laughter and kindness wherever she goes. Born in Germany, she moved to the United States in 1962 and built a wonderful life in Lancaster, Pennsylvania. Hiltrud has always loved music and formerly played the accordion. She has a wonderful sense of humor that brightens the days of everyone around her. Known for her generous heart, Hiltrud loves sharing what she has with others and making everyone feel welcome and cared for. As an animal lover, she adores her daughter's dog, Miss Lily, who always brings a smile to her face. She is also deeply devoted to her family, especially her four grandchildren and treasures every moment spent with them. She enjoys sharing stories and creating connections with others. Hiltrud's caring spirit and cheerful personality make her truly special.

-Programming Assistant Charlotte Cahill



MFA TRIP

Left: Linda Z. during a trip to the Art In Bloom event at the Museum of Fine Arts

Building Momentum Across Campus

Construction progress continues as renovation and expansion move forward

by *President & CEO Candace Cramer*

Excitement continues to build at Goddard House as work progresses on our renovation and expansion project—an important investment in the future of our community that is expected to be completed in summer 2027.

Over the past several weeks, there has been visible progress both inside and outside the building. The new Administration Suite is nearing completion and is expected to be ready for occupancy in mid-May. Outdoors, our beloved magnolia trees were carefully transplanted to their new location in late April and continue to be tended to by our construction firm, Dellbrook | JKS.

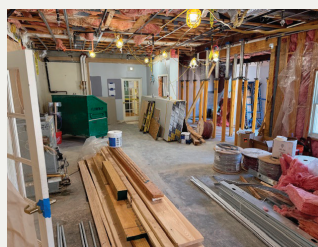


Construction is also moving forward on the new fitness and wellness spaces, where electrical and plumbing infrastructure is now underway. In addition,


foundations for the future community room are in progress, bringing these exciting new gathering and wellness spaces one step closer to reality.

On the second floor, corridor improvements continue to advance steadily. Installation of the new ceiling grid is underway, with updated lighting, railings, and carpeting scheduled to begin in the coming weeks. To minimize disruption, corridor work is being completed in phases and will continue throughout the project.

Looking ahead, roof work is expected to begin next month, followed by construction activity on the



third-floor corridors and foundation work for the dining room addition. Importantly, this next phase will not impact dining service.

I also want to extend my sincere appreciation to our residents, families, and staff for the flexibility, positivity, and patience you continue to demonstrate throughout this exciting transformation. Your support and good humor are helping carry this project forward—and helping shape the future of Goddard House together. 



Around Goddard



*Left: Many thanks to Lesley University Art Therapy Intern **Sarah Southwick**, who has been at Goddard House for the past academic*

*year. In addition to creating art with residents under the supervision of Art Therapist **Meredith Griffiths**, Sarah has provided support in other areas as well. We wish her all the best! Here, she is pictured with **Dolores N.***

*Right: **Mae & Myron T.** recently had their 47th anniversary! A special thank you to Dining Room Supervisor **Maria Depeiza** for organizing the celebration!*



Community Connections!



Doane Scholarship

Since 2016, Goddard House has funded scholarships for UMass Boston nursing students. The scholarships and related eligibility requirements were established through an 1851 bequest to Goddard House. Each year, a reception is held to honor the scholarship recipients. Students share their stories, courses of study, and what it means to receive a Goddard House Doane Scholarship. Meeting the scholars and learning about their scholastic journeys—juggling family, full time jobs and academic studies—is truly inspiring. Their current careers are impressive; their hopes for professional growth and future impact are remarkable. Congratulations to all! *Pictured above are Goddard House President & CEO Candace Cramer and members of the Board celebrating with this year's Doane Scholarship recipients.*



Brain Healthy Luncheon

In April, Goddard House hosted a Mediterranean Luncheon & Cornhole Tournament at the Brookline Senior Center. At Goddard, our award-winning Brain Healthy Cooking Program is based on the healthful Mediterranean diet, which has been scientifically proven to boost overall brain health and cognitive function. The wide variety of “brain healthy foods” we incorporate into delicious recipes includes fresh vegetables and fruits, whole grains, spices, nuts, olive oil, eggs, lean meats, fish and seafood.



Presentation on Liberia

Goddard House Dining Associate **Marcus Gonyon** (*pictured at left*) is passionate about supporting children and schools in rural Liberia, where he was born. Last month, he was a guest speaker at the Brookline Rotary Club, where he presented on Liberian history, including that country's civil war; the challenges faced in rural Liberia and in its schools; and the mission of the Blessing and Faith Foundation.





ASSOCIATE PROFILE



Meet our new
Lead Community
Relations
Associate **Ella
Yarbrough!** Born in
Atlanta, Georgia, Ella
also lived in Amsterdam

and California, and attended high school and community college in Chicago, Illinois. Ella loves comics, and earned her degree in sequential art at the Savannah College of Art and Design. She moved to the Boston area in 2020 to pursue her goals of creating art and engaging with others. Ella is a freelance artist, and has published book covers for children's books, and is currently working on illustrating a children's book. She values in-person interactions, which is what brought her to Goddard House. She previously worked as a receptionist in Chicago at another type of assisted living residence, and appreciated multitasking and providing support to residents and guests. At Goddard House, Ella strives to bring positivity to the front desk by being a friendly presence and connecting through conversation. Welcoming people makes her feel happy, which is apparent! You'll often find Ella drawing in her sketchbook, and she is glad to share her drawings with anyone who'd like to take a look. Ella fits right in at Goddard House, making an impact with her warm and cheerful approach to each day!

-EnrichedLIFE Director
Rebecca Margolin

OPENING MINDS THROUGH ART (OMA) SPRING FLING

A combined exhibition featuring artworks by residents of Goddard House, Mount Pleasant Home, and Ruggles Assisted Living on display April 8–May 26, 2026



*Goddard House and Creative Aging Connections, a Goddard House initiative, hosted a reception in April to celebrate the artists! Clockwise, from top left: **Barbie B. and Nancy K.; Enrique T., Jeanine M., and Ann Marie L.; Sue D. and Peggy M.; Bill E. and Art Therapist Meredith Griffiths***

Volume 14 No. 5—
May 2026

NEWSLETTER CONTRIBUTORS

Rebecca Margolin
EnrichedLIFE Director

Charlotte Cahill
Programming Assistant

Candace Cramer
President & CEO



ASSISTED LIVING & MEMORY SUPPORT

165 Chestnut Street
Brookline,
Massachusetts 02445
617-731-8500

WWW.GODDARDHOUSE.ORG