



August 2026



Goddard Times

GODDARD HOUSE

UPCOMING EVENTS

Annual Summer Jazz Fest

**Thursdays from 6:00–8:00 P.M.
in the Olmsted Garden**

August 6: The Wolverine
Jazz Band

August 13: Afrika Gente

August 20: The Swing Legacy

August 27: The Winiker Brothers

Residents may bring up to 2 guests. RSVP
to lchapman@goddardhouse.org

Alzheimer's Mini Walk & Family BBQ

Friday, September 25

Family members welcome! The
walk will take place outside at
Goddard House.

Olmsted Family Caregiver Group

will not meet in August. We will
resume in September.

RESIDENT PROFILE



Mae Tupa was born in the Bronx, New York City. Her life's work has been making things. Hoping to spark creativity in others, she has published books exploring Jewish stories, culture and history in connection to art and family traditions.

Her parents, from Russia and Poland, met at a Yiddish theater in New York. Mae attended Music and Art High School in NYC, and completed a BFA in printmaking. She has used mediums including paper cutting, ceramics, textiles, and embroidery. Her grandmother, who died in the Holocaust, was also an embroiderer, a connection Mae feels deeply. Mae's love for creating led her to teach art across multiple continents while living in different places with her first husband, and her art is featured in the permanent collections of the Jewish Museum (New York) and the Berlin Museum (Germany). A friend noted the unique themes in Mae's art and connected her with a publisher, which began Mae's research and writing on preserving Jewish culture through family traditions and creating art. She loved this process, especially meeting other artists with similar interests.

Mae raised three children, and after relocating to Brookline, met her husband Myron with whom she shares a love of printmaking and sense of humor. Mae and Myron are often found enjoying one another's company in the Goddard House dining room or heading over to Jamaica Pond. Mae recently received the Lifetime Achievement award at Goddard House (*read more inside*)! She has a warm personality and values connecting with those around her.

-EnrichedLIFE Director Rebecca Margolin

LIFETIME ACHIEVEMENT



Surrounded by family and friends, **Mae Tupa** (at left) received a Goddard House Lifetime Achievement Award on July 1st. The award serves as an opportunity to highlight the life story of a resident, building connections by getting to know one another's history. The award ceremony took place at the conclusion of a concert given by the ABV Yiddish Chorus, of which Mae, whose first language was Yiddish, was a member for over 20 years. A Besere Velt (ABV), "A Better World," is a vibrant intergenerational community chorus (at right) that sings primarily in Yiddish. The chorus returned to Goddard House in July, where Mae joined them after a hiatus. The concert was uplifting and participatory, with song sheets distributed to the audience, and those present added to the joyful atmosphere of the celebration!



The Places We Carry

by Director of Community Partnerships **Christine Nagle**

Creative Aging Connections (CAC), a Goddard House initiative that offers professionally led creative expression programs to older adults across Boston, showcased the



exhibition, *The Places We Carry: Celebrating Memories, Imagination & Meaning at Goddard House* on July 23rd. The multi-community exhibition featured artwork by Goddard House residents and CAC participants from six older adult communities, celebrating the creativity, memories, and meaningful connections inspired through the arts.

Right: "Nature's Natural Places" by Goddard House;
below: "Bright Star" by Mount Pleasant Home
and "Favorite Places" by Symphony Towers



Right: Music & Wellness performance by The Stearns Building; groups from Symphony Towers and Stearns



Baby Chickens!

We are raising six baby chickens! They are currently indoors where they are being socialized by regular visits with residents and associates. We've received plenty of guidance from Yardbirds Backyard Chickens, and soon the chicks will be ready for the coop in the garden of Olmsted. They have already brought so much joy to our community, and we're excited to watch them continue to grow!



Clockwise, from top right:
Bich N.; Barbie B. and
Olmsted Program Director
Kristen Cipriano; Ina R.; Art
Therapist Meredith Griffiths
and Louise H.; Diane K.

Aurum Laudatum

by Resident Ruth Kramer Baden

For yellow yoke of my hatching
and lemon of the nipped fruit

For dandelions woven and worn
as crowns in Eden's half-hour

For burnished coin of hair locked
fifty years in his wallet

And butter suns my children drew
spokes arrayed on kitchen wall

For A host of golden daffodils
I still recite while memory wilts

For your body's saffron and honey
filling every comb of me

And how we weave each other
straw into gold.

This poem is from East of the Moon, a collection of Ruth's poetry. Published in her 70's, this is Ruth's first published book (though not her first published poem!) and is included on the Massachusetts Center for the Book's Must Read Books of 2011 list.



Around Goddard



*Top row: At a recent ice cream social (left to right): **Susan S.**; **EnrichedLIFE Director Rebecca Margolin** and **Dining Associate Grace Nalugwa**; **Director of Resident Support Services Duana Ramos.***



*Second row: We had a backyard wedding for **Susie** (daughter of **Cece E.**) and **Sarah**! Bottom row: **Lynn S.** and **Myrna B.** harvesting carrots with **Green City Growers**; **Hyam K.** with the **SpeakOUT Boston** panel*

ASSOCIATE PROFILE



Front Desk Associate
Kayla Demoura

joined the team this summer and quickly settled into her role at the front desk, where she spends at least four evenings a week.

Originally from Fall River, Kayla has lived in multiple states including Maine, Florida, and New Jersey. While she enjoys experiencing other places, she's glad to be living back in Massachusetts and will always call the Boston area home.

Kayla is currently working towards her associate's degree in health information technology and medical billing, and plans to obtain her bachelor's in health information management. She was attracted to Goddard House as a way to gain experience within a healthcare setting, and was immediately drawn to the welcoming community atmosphere.

Kayla looks forward to coming in each day, where she values getting to know each resident's unique personality and story, to meet families and to help however she can.

Outside of work, Kayla likes to cook and bake, draw anime characters, write fictional stories and poems, and play video games. We are glad to have Kayla and her outgoing, helpful approach at Goddard House!

-*EnrichedLIFE Director*
Rebecca Margolin

Volume 14 No. 8—
August 2026

NEWSLETTER CONTRIBUTORS

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